

Incorporating Arts into Community Health Research

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Arts

Science

Born Creative!
Born Inquisitive!

How have we used the arts in research?

Setting Agenda

Building relationships

Collecting experiences/
research tool

Using as interventions

Giving people a voice

Communicating results

PANChSHEEEL P R O J E C T



**Participatory Approach for Nutrition in Children:
Strengthening Health Education Engineering Environment Linkages**



Community Engagement



Discussion about nutrition



Skit on importance of handwashing.

feeding practices

"When the child starts crying after birth, then the breast milk is produced and mother is ready to breastfeed the child."

Mother, Kushalgarh

"Breastfeeding totally depends on the mother's ability to produce milk. If childbirth has taken place in the evening, then mothers can produce breast milk and breastfeed only after 12'o clock in the midnight"

Mother, Ghatol

"In the first half of the day we get only three-four hours and in between we get only around 15 minutes to care for the child."

Mother, Kushalgarh

"When the child starts to cry, the mother comes to breastfeed them."

Grandmother, Ghatol

"We do face problems in feeding the breast milk to the child in the beginning, but in the later stage as the child grows, the difficulties reduce."

Mother, Ghatol

"In the summer season the child becomes thirsty, so water is given to the child. We also recommend mothers to give water sometimes."

AWW, Ghatol

PANChSHEEL Photobook



complementary feeding

"Almost all mothers introduce semi-solid food (upari ahar) from the seventh month. We counsel the mothers that this is important for proper growth of the child."

AWW, Ghatol

"After 6 months child starts drinking milk (dairy). We also give Rab (grounded maize porridge), biscuits dipped in water and sometimes daal ka pani. We know what to give and what not to give to the child. AWW also tells us about this. We are the ones who take care of all things related to the child like cooking and feeding."

Mother, Ghatol

"In our village, in AWC the poshahar is distributed every 8 days. Mothers take the poshahar and give to the child after preparing it. After 6 months, the poshahar should be given in a small quantity in the morning. Initially very small quantity and then increase little more amount and feed the child accordingly."

AWW, Ghatol

"The AWW tells us to boil the poshahar in water and add sugar to it. We give only small quantity, but do not measure. We also feed the children with our fingers, so cannot say how much the child actually eats. Sometimes if there is left over, the older children of 3 years and above also eat the Take Home Ration."

Mother, Kushalgarh

Great Ormond Street Institute of Child Health, University College London (UK)
and DBT/Wellcome Trust India Alliance initiative

THE EARLY YEARS

A WINDOW OF OPPORTUNITY

*A Global Art & Science exhibition on the
first 1000 days of a child's life*



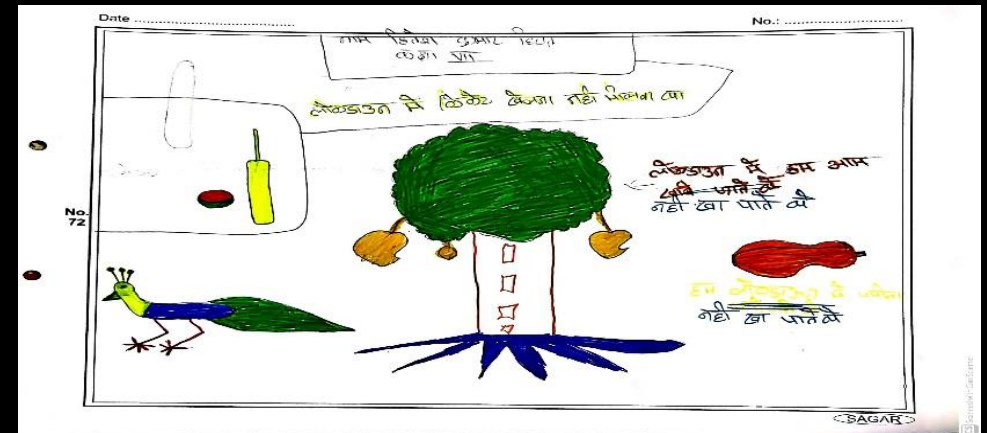
Stimulating debate

Virtual Gallery tour

Photobook

Arts and Science Panel
discussion

COVID Art Workshop



A COVID Prayer

**I hear the voices of those that die
The souls trapped deep inside
They lived to be released to God
Not thrown and left aside**

**They believed and prayed all through
their lives
So what did they do wrong
They went to pray once more for life
And left us all to cry**

Monica Lakhanpaul 2021

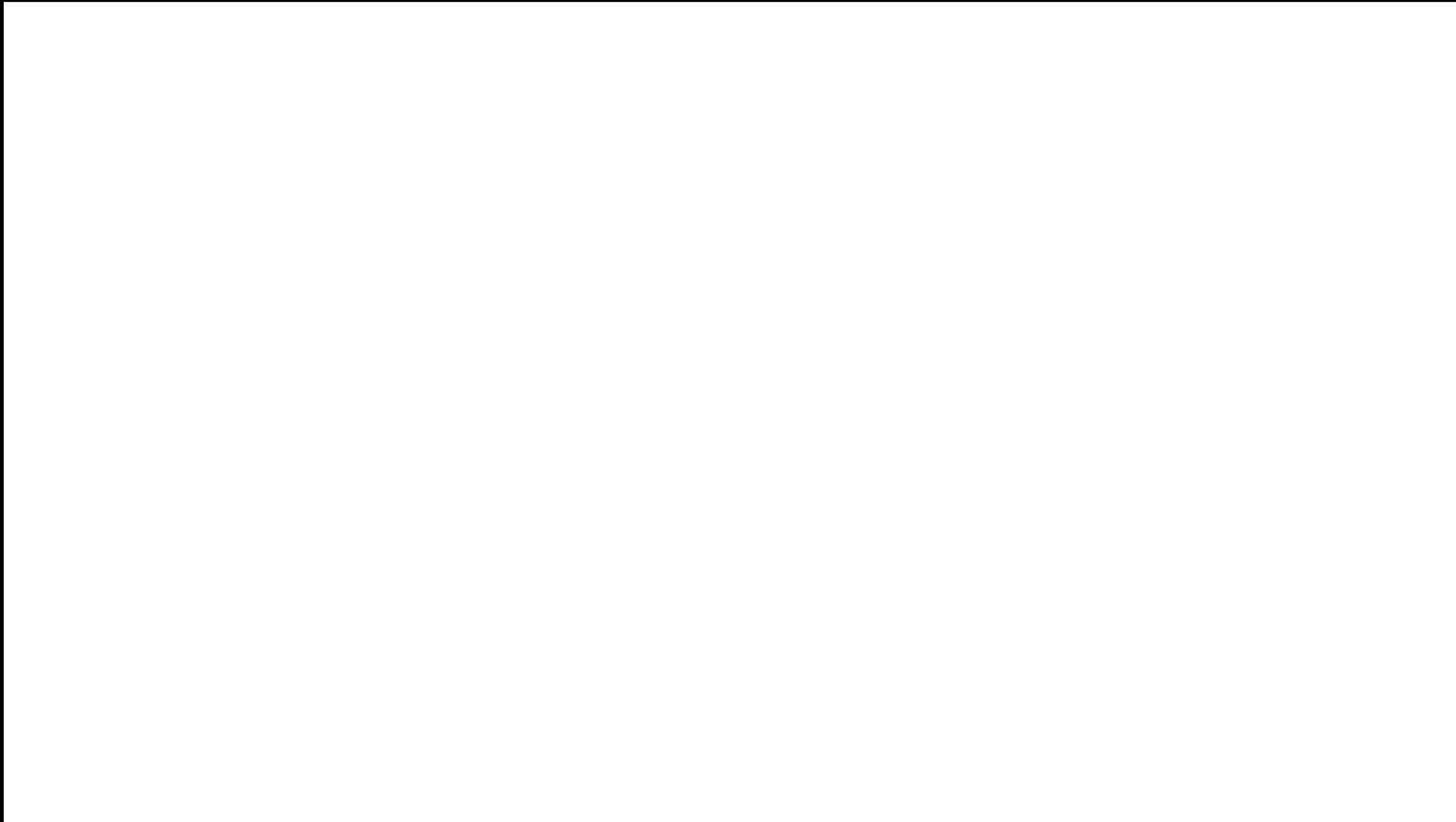
**Oh God, did they deserve this
What did they do so wrong
But to be poor all through their life
Then left alone to die**

**Let's pray for all who left us
During this distressing time
Please give their souls some peace
tonight**

Whilst we say our goodbyes



MeHELP, India



Myths and Beliefs Teaser clip



CHAMPIONS

Children in Homeless Accommodations Managing
Pandemic Invisibility Or Non-inclusive Strategies

Workshop with families



Drawing of the ideal home



A "Croydon person" and owl made by the children out of healthy food



“Any form of art is a form of power; it has impact, it can affect change – it can not only move us, it makes us move”

Jeanne Noble