- Job insecurity
- Money problems
- Insecurity about future

Socioeconomic Challenges

- Loss and grief
- · Experiencing mental health conditions
- Difficult changes to routines
- Difficulty managing long term conditions during COVID
- Stresses over School
- · Stresses easing out of lockdown

Emotional Challenges

- Psychological burden of racism
- Class divides in PPE accessibility
- Importance of Representation regarding support and public health messaging

Dealing with Racism and Difference

Community: Transitions, Successes and Spirit

- Community systems to fill government's gaps
- Community spirit evolved during COVID
- Social Media as a site of community
- Responsibility to wider community to protect from COVID
- Government guidelines breaking community spirit

Understanding young people's perspectives of the COVID-19 outbreak: a qualitative investigation into lived experiences of BAME young people in London

A Future Response

- Ending language of blame/shame towards young people
- Giving young people ownership
- Peer support groups
- · Compassion and understanding from systems
- Improving government response by building in youth contributions
- The human right of ensuring people have access to PPE
- Improved communication through connection

Perceptions of Government Response

- Loss of 'normal' way of life
- Poor and unclear Messaging from government
- Government cares more about the economy
- Feeling excluded from Messaging
- Self-care strategies

Survival during crisis -

Find the new you in this

new situation

- Creation of new habits and routines
- Social support systems
- Importance of exercising agency during this time

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