



## Perspectives on Migration: Conversations on Mental Health and Wellbeing

### Introductions

- |           |  |
|-----------|--|
| 10: 00 am | <ul style="list-style-type: none"> <li>• Mona - Migration Museum</li> <li>• UCL students &amp; Shado - Introduction to the topic and structure of the day</li> </ul> |
| 10:15 am  | <p><b>'Notes on Limbo'</b> (film) - Ayman Alhussein<br/>Natalie Weatherald and Juliette Lyons (directors)</p>  |

### Migration and Mental Health

- |          |   |
|----------|---|
| 10:40 am | <p><b>Migration and Mental health round table</b></p> <ul style="list-style-type: none"> <li>• Lauren Rowley (Chair) - Helen Bamber Foundation</li> <li>• Sophie Walker - Department of Psychology, University of Oxford</li> <li>• Jean Stafford - PsyLife, Division of Psychiatry, UCL</li> <li>• Brian Dikoff - Migrants Organise</li> <li>• Dr Leonie Ansems de Vries - Kings Migration Research Group, Kings College London</li> </ul> |
| 11:20 am | <p><b>Migration and Mental Health Q&amp;A</b></p>   |
| 11:50 am | <p><b>Coffee Break</b></p>  |

### Narratives and Migration

- |          |  |
|----------|--|
| 12:15 pm | <p><b>Introduction to Narratives and Migration</b></p> <ul style="list-style-type: none"> <li>• Dr Mette Louise Berg, UCL</li> </ul>   |
| 12:20 pm | <p><b>Speaker:</b> James Gilsean - Educational Psychologist</p> <ul style="list-style-type: none"> <li>• "I like it here because I have to" Migration and Adolescent Identity Formation: Exploring the Experiences of Students in a London School</li> </ul> |

12:40 pm	<b>'Dear England'</b> (film) - Daniel Mansaray (director)
12:45 pm	<b>Speaker:</b> Paaras Abbas - Goldsmiths University <ul style="list-style-type: none"> <li>'Narrative Dilemmas - A study of Professionals Working with Asylum Seekers in the UK'</li> </ul>
1:00 pm	<b>Narratives Q&amp;A</b> <ul style="list-style-type: none"> <li>Dr Mette Louise Berg (Chair)</li> </ul>
1:30 pm	<b>Lunch</b> <ul style="list-style-type: none"> <li>Lunch catering - Mo's Eggs</li> <li>Time to tour the Migration Museum</li> </ul>
2:30 pm	<b>Regrouping and Poetry</b> <ul style="list-style-type: none"> <li>Dr Elena Fiddian-Qasmiyeh, Co-director Migration Research Unit, UCL</li> </ul>
2:45 pm	<b>'Flight'</b> (film) - Laura Wahda

## Combating Isolation

2:55 pm	<b>Combating Isolation: Networks panel introduction</b> <ul style="list-style-type: none"> <li>Hannah Robathan - Shado</li> <li>Jennifer Dykxhoorn - 'Family networks, neighbourhood characteristics and non-affective psychosis in migrants and their children'</li> <li>Anneke Elwes - Host Nation</li> <li>Imogen Pursch - Breaking Barriers</li> </ul>
3:20 pm	<b>Combating Isolation Q&amp;A</b> <ul style="list-style-type: none"> <li>Hannah Robathan (Chair) - Shado</li> </ul>
4:00 pm	<b>Drinks reception</b>
5:00 pm	<b>Close</b>

Refreshments provided by Haven Coffee [https://www.instagram.com/haven\\_coffee/](https://www.instagram.com/haven_coffee/)

Lunch catering provided by Mo's Eggs <https://www.moseggs.co.uk>