

# Journal/Zine of a Community Researcher

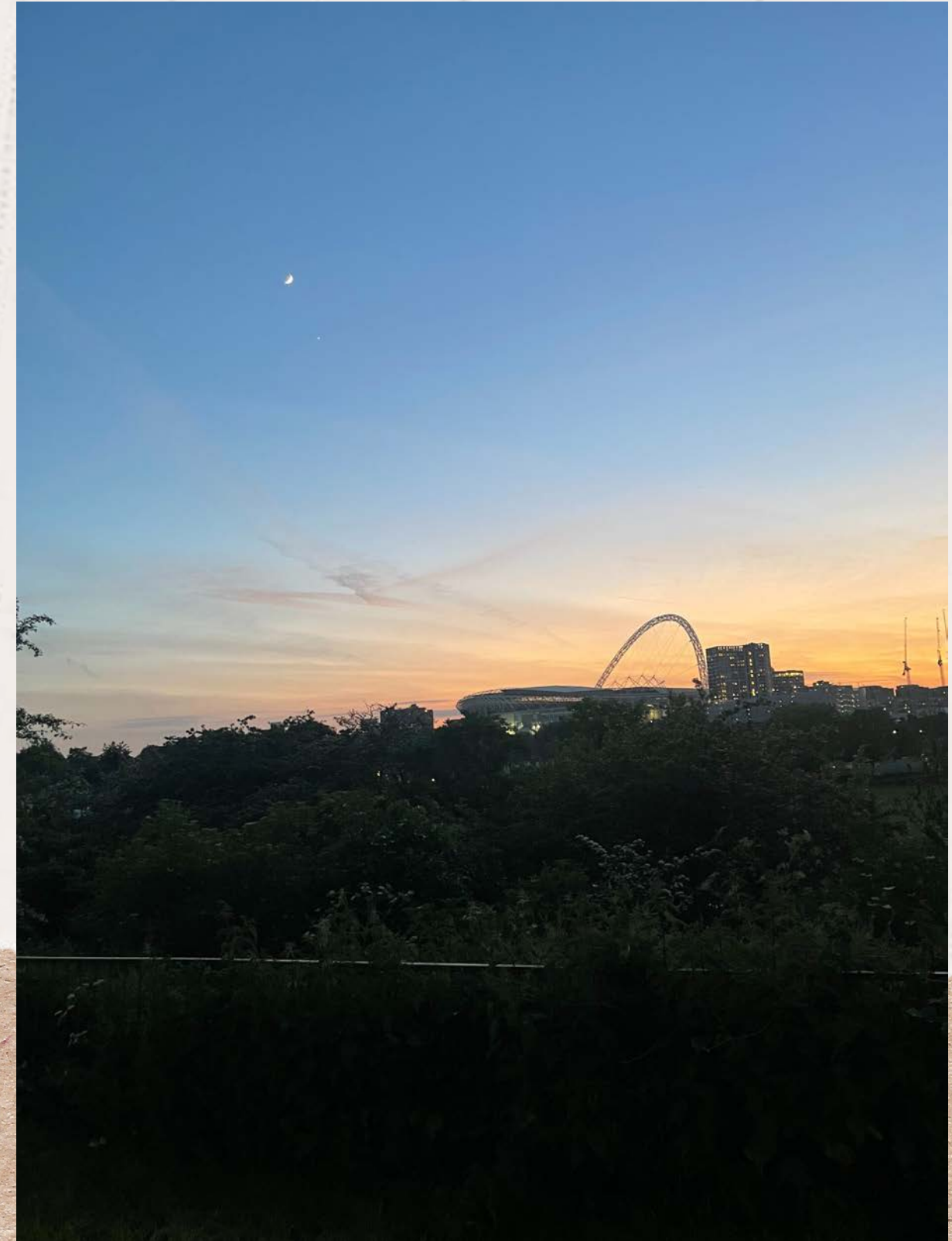


Photos, notes, zine of  
Sarah AL-Halfi



Scan me to get more information on the project !

Areas covered Stonebridge / Harlesden

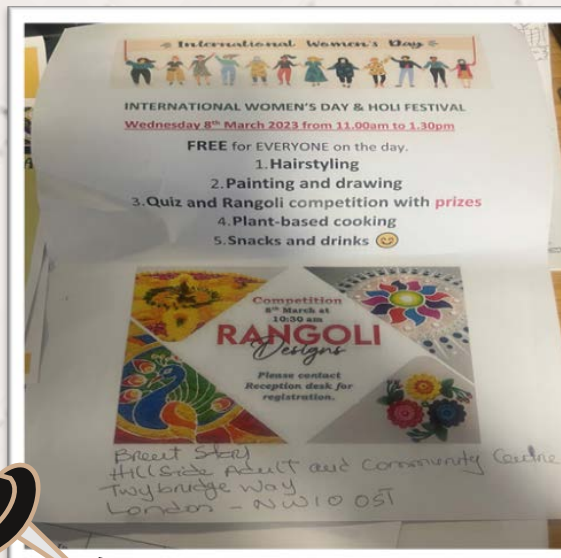


Everyday is a different day

Thank you UCL for allowing me to conduct the research !



# How it all started....



**Willesden Library**



**International Woman's Day @Brent Start Hillside**

**8 March 2023**

As I entered the school, I saw quite a few women from Indian and Somali backgrounds creating their masterpieces to enter the competition.

Entering the canteen, it felt crowded, with queues of females waiting for their henna to be done.

On the other hand, there was an art class and a sushi class all taking place in the same area.

Drinks, crisps, and biscuits were available for anyone to snack on.

Everyone was happy and enjoying themselves.

"It could have been even better if the venue were larger."



Found this poster on the same day as International Women's Day.



I decided to attend the free drawing and painting class @ Brent Start Hillside

15 March 2023

13:00pm

Walked in the reception area, waiting to be served next. I ask the lady at the desk where to go for the art class, only to be told

"CLASS IS CANCELLED."

I was annoyed by the fact that there was no contact information or a way to know if the class would not be happening. The receptionist told me to take down their phone number and email for future reference.





## Sufra @ Stonebridge Park Gym

22 Stars for each person



you pay £3.50

10am-15:00pm

"Why aren't the translation services used or advertised more?"

## Key theme here " Stuck in translation"

The building was bigger



27 March 2023

I was translating for an hour and a half. The lovely lady I spoke to had been trying to book a GP appointment for more than three months, but because she couldn't speak English, she was unable to see a doctor.

The BHM health staff managed to book her an appointment on the same day, which was great.

You can take as much as you want!

## Fresh fruits and vegetables







## Brent Start Art Class @ Hillside

Called to confirm the class is running



12-13:00pm

Teacher of the class was Davide

29 March 2023

Sitting down in the canteen with 7 other students. Surrounded by other people eating and chilling.

I found myself escaping the reality. Blocking out any noise coming in and just focusing on drawing and coloring the bird.

Socializing with some of the students they were regulars, from different back grounds, disabilities and ages. Felt sense of belonging and shared same passion some expressed.

"I wished the class was longer as time flew by, and I was grateful for the art supplies provided."



24 April 2023



Harlesden Town Garden

# The Hidden Gem of Harlesden



Meanwhile, the main road was busy with police cars speeding through, and a dog was barking. The garden felt peaceful and like a piece of fresh air from all that was happening around.

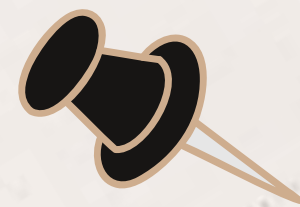


"The tree of life, as I like to call it, with its white flowers and the artwork on the wall, just made me feel like I was somewhere else, not in the middle of Harlesden."

Watching the birds chilling in their own element.



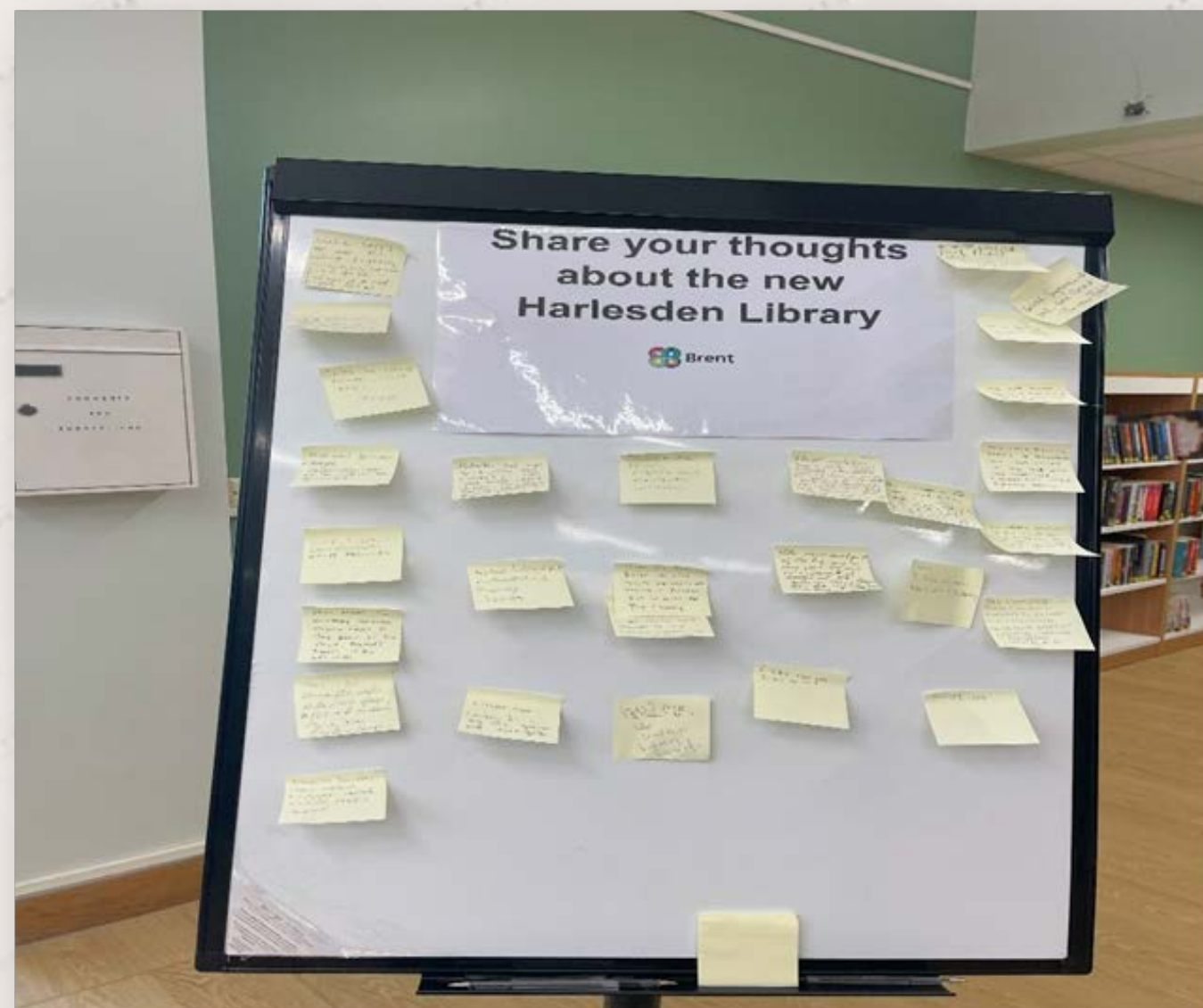




**Harlesden Library**

**15:48 pm**

**24 April 2023**



**Enjoyed reading the users thoughts on the new look of the library!**

**"I thought the library was bright and colorful, and the staff were very welcoming."**





Felt safe walking around at 22:03pm



Stonebridge Park Bridge

Love the colors!

16 May 2023

"Felt like I was at the back of Wembley Stadium with all the cool colors shining through."

different here in a good.

The wind and air felt







# St Rapheals Edible Garden

Will get some seeds to grow my own plants



Such a cool idea to use the tires

3 June 2023

Some of the plants that the residents are growing inside

Beautiful flowers and herbs



Felt like I was in my own world.

12:04 pm



## Incredible Garden



Opened the gate and walked in the amazing garden.

Surrounded by so many vegetables and herbs. Apple trees, fugs and much more.

You have the option to either purchase or donate money to take some of the seasoned vegetables and herbs.

Silly me, I saw a little kid take an onion so I decided to do the same. Haha!

I did not have any change to put in the charity box, but I wanted to donate online. This lovely lady gave me a free bag and a pound to donate so I could carry my vegetables back.



"Strong unity and caring community."



# UCL University



@ 1-19 Torrington Place

## Interviews, data and coding

5 June 2023


Here, we got training for a day about data analyses and coding.

Perhaps more interviews with resident could of been conducted. However, due to time constraints, I could not do that.

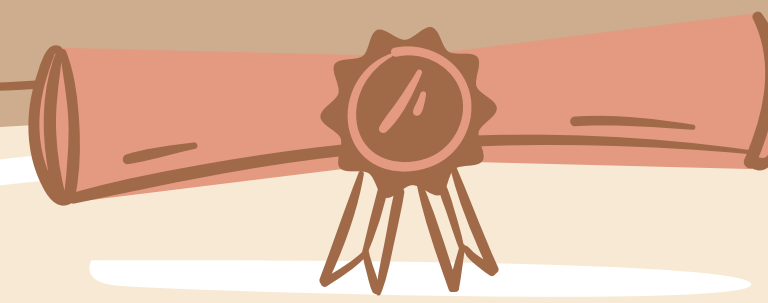
Data coding was the enjoyable part; I used Miro to create notes for sharing with the team.

"The most rewarding aspect is when you observe that the data aligns with some of the real-life experiences."





Brent offers a wide range of creative classes and events designed to promote peoples well being. However, the classes are frequently subject to last minute cancellation causing challenges for resident attempting to attend.



Getting more training and certifications at the end of the research would of been great.

## Outcomes of the research



Food banks provide essential nourishment, yet some individuals face challenges when it comes to accessing and preparing the food, as many items require cooking, and not everyone has suitable kitchen facilities.



Translation services need to be promoted at GP's and events.





24 August 2023



I really enjoyed meeting with resident at the events and classes. The St Raphael's edible garden was one of the best experiences I had, and I didn't even know it was local to me until this project. Its amazing how such a hidden treasure can be right in our own backyard!

# My experience

The entire experience has been wonderful, and I am hopeful that we'll have the opportunity to proceed with phase three to further enhance our work.

All we have to do now is wait for the funding



like this bird.

Thank you to the team for supporting & guiding me.