

Women's Health Workshop A Overview – Tutor's Guide

Workshop Overview

This is one of two one-day workshops, which takes place six times throughout the year. Each workshop will be delivered to **60 students as 2 groups of 30**. Students will do 5 stations in the morning and 5 stations in the afternoon and groups swap to get a chance to go through all the stations.

The Women's Health Workshop spread over 2 days: day 1 (Workshop A) and day 2 (Workshop B) with actors and GP tutors.

Please note: Students will sign in when they walk in as registers are placed with a pen. It is important to remind them to sign in for both AM and PM Sessions. In advance to the workshop, students will be informed of the room they will complete the workshop (via Moodle). However, the introduction for the morning part will be completed in one room altogether.

Workshop Timetable

Each workshop is 2.5hrs long (09:30-12:00 & 1:00-3:30) and runs as a circuit for students to rotate around in smaller groups. Students are given 20 mins per station (5 role plays).

Each workshop has the following format:

Introduction - 10mins – Brief session intro, explain rotational nature and timings.

5 x 20 min small group exercises (students divided into 5 groups of 6 to rotate around activities)

Summary/ Debrief 30 minutes

Lunch break: 1 hour

Please, go through each scenario individually/ answer questions on. Do encourage students to complete feedback forms so that we can enhance the quality of teaching in future sessions. Students will get an email to complete a feedback survey once they have completed both A & B workshops.

Timings:

Morning

09:30 – 09:40 Introduction

09:40 – 10:00 ROLEPLAY 1

10:20 – 10:40 ROLEPLAY 2

10:40 – 11:00 ROLEPLAY 3

11:00 – 11:20 ROLEPLAY 4

11:20 – 11:40 ROLEPLAY 5

11:40 – 12:00 SUMMARY/DEBRIEF

LUNCH – 1 hour

Roleplay (AM)	Actor	Equipment
1. Loss of sexual desire	YES	-
2. Contraception	N/A	Contraception examples
3. Vulval lesions	N/A	-
4. Infertility	N/A	-
5. HRT	YES	-

Afternoon

13:00 – 13:10 Introduction

13:10 – 13:30 ROLEPLAY 6

13:30 – 13:50 ROLEPLAY 7

13:50 – 14:10 ROLEPLAY 8

14:10 – 14:30 ROLEPLAY 9

14:30 – 14:50 ROLEPLAY 10

14:50 – 15:30 DEBRIEF/QUESTIONS

Roleplay (PM)	Actor	Equipment
6. Antenatal	N/A	-
7. Breast	N/A	Breast model
8. Pre-eclampsia	N/A	-
9. Incontinence	N/a	-
10. PCOS	N/A	-

gynaecology
obstetrics

You will be able to rotate around the groups and support them in doing the activities.

Introduction

A 10-minute briefing is suggested once enough students are present (it can be disruptive if too many turn up once you have allocated small groups and started on role plays etc). One tutor should take charge of providing this.

Orientate them to the session:

- An interactive session based on small-group work designed to involve all the students and get them to practice being in the role of a doctor in primary care.
- Topics covered are common and/or important ones which can present in primary care, and the session is designed to give all students exposure to these
- **IT IS NOT OSCE PRACTICE!** Some stations include questions and answers or mark sheets, but these haven't been designed specifically for year 5 exams and should not be taken as a benchmark to assess whether they would pass- the answers are to help them solve problems in the group rather than relying on the tutor to 'teach' them.
- One or two tutors will be present in each room to answer any queries/supplement information if needed- please make it clear to them if you need help with your station

- It is worth running through each station (1-5) to explain what the task is, as they often don't read the notes properly
- Confirm session timings- allow 1 hour lunch break.

Housekeeping:

- Any fire alarms, fire exit location
- Mobile phones on silent but can use to look up information if needed
- Respect peers and provide constructive feedback to the doctor in role plays
- The resources will be accessible electronically via Moodle (students should bring their iPads).
- Leave each station clean and tidy for the next group

Debrief at the end:

- It is well-received if each tutor goes round the tables at the end to recap the scenario, key learning points (or get the students to volunteer these) and any common difficulties/queries that came up.
- Students should be invited to ask questions together as a group during the allocated debrief time. Tutors can take turns to answer these questions.

Actors' role - **each actor will only play one role** repeatedly and have groups of students rotate around them. There will be roughly 5 groups of 6 students.

Actors will be in these stations: 1 & 5

If you have any ideas for other teaching activities, we always welcome new resources.

ROOM LAYOUT

The rooms will be laid out in a workshop format – 5 tables with 6 chairs around.
Arrive at **8:45am** to give chance to prepare prior to the students' arrival.

Rooms will need to be returned to normal after the workshops.

2022 –2023

Women's Health	Workshop A1	Monday	19 th September 2022
Women's Health	Workshop A2	Monday	31 st October 2022
Women's Health	Workshop A3	Monday	9 th January 2023
Women's Health	Workshop A4	Monday	13 th February 2023
Women's Health	Workshop A5	Monday	3 rd April 2023
Women's Health	Workshop A6	Monday	22 nd May 2023