

## Student Self-Assessment

This checklist can be used formatively to help you decide and reflect on your learning needs and development. You may wish to fill this out before your placement and use this to form a discussion with your tutor at the midpoint review during your placement.

N.B We understand that due to the significant changes in primary care as a consequence of the COVID-19 pandemic, you may have limited opportunity to gain practice in some of these areas. We recommend you identify your learning needs early on and make them known to the practice so they can appropriately inform you of any opportunities.

**Name**..... **Rotation date** .....

Please consider the areas listed below and rate your confidence (by putting a figure on a scale of 1 to 4 in the relevant column) for each of the following before, in the middle and at the end of the course. Please use this as a basis for discussion with your Personal GP tutor before the start of the rotation.

### Clinical Management

1 = Not confident at all    2 = Fairly Confident    3 = Confident    4 = Very Confident

	Before	Mid-course	End of course
Taking a history in the general practice setting			
Pinpointing the patient's problems			
Recognising the level of diagnosis achievable			
Planning and negotiating management with the patient			
Management – when a diagnostic label is achieved			
Management – when diagnosis is uncertain			
Management of patients with chronic illness			
Management of patients with terminal illness			
Therapeutics – Choosing & prescribing drugs			
Use of primary health care team/social services resources			
Information giving			
Shared decision-making			

### Clinical Method

1 = Not confident at all    2 = Fairly Confident    3 = Confident    4 = Very Confident

	Before	Mid-course	End of course
CVS			
RS			
Abdomen			

Nervous System			
Locomotor system			
ENT			
Eyes			
Gynaecology			
Hands			
Legs			
Neck			
Lumps and bumps			
Skin lesions			

## Practical Skills

1 = Not confident at all    2 = Fairly Confident    3 = Confident    4 = Very Confident

	<b>Before</b>	<b>Mid-course</b>	<b>End of course</b>
Taking blood			
Giving injections (intramuscular subcutaneous)			
Assessment & treatment of asthmatics (Peak Flow & MDIs, use of nebuliser)			
Urine stick analysis			
BM stick and glucometer use			
Dressings and removal of sutures			
Recording an ECG			
Use of sonicaid			
Writing a prescription (routine scripts and controlled drugs)			
Death certification			
Infectious disease notification			
Sick certification			
Communication and ethics			
Record keeping			
Interpretation of common pathology results			
Assessing evidence to solve clinical problems, ie literature/web-based search			
Others (specify)			

## Attitudes

*How important are the following to you?*

1 = Not very important    2 = Fairly Important    3 = Important    4 = Very Important

	Before	Mid Course	End of course
Empathising with patients			
Working in a multi disciplinary team			
Receiving constructive feedback and responding to it			

*How do you feel about?*

1 = Not at all keen    2 = Fairly keen    3 = Keen    4 = Very keen

Seeing patients by yourself first

1

2

3

4

Visiting patients at home

1

2

3

4

*My main learning objectives for this attachment are:*

***Self assessment at the end of attachment:***

Now that you have completed the course, to what extent have you achieved your learning objectives?

Have you identified your new learning objectives? What are they?

How do you plan to address them?