RESEARCH DEPARTMENT OF PRIMARY CARE AND POPULATION HEALTH

TEACHING OPPORTUNITIES FOR GPs 2019-20

UCL Medical School Community-Based Teaching

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Introduction

Welcome to this summary of current Primary Care Medical Education teaching opportunities at UCL Medical School, and thank you for your interest. GP tutors form a significant part of the Medical School Faculty and provide excellent quality patient-based learning to students throughout the curriculum.

There is a range of teaching opportunities to suit your work structure and practice organisation. Many GP tutors are involved across a range of programmes. Where possible, we encourage GP tutors to commit to placements throughout the academic year. If you would like to discuss any of the options with us, then please email pcphmeded@ucl.ac.uk or ring 020 8016 8276.

Thanks and best wishes

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Sophie Park MBChB M.Med. Sci (dist) MRCGP (dist) SFHEA, EdD Director of UG Medical Education (Primary Care & Community)

Community-Based Teaching: Key Points and Terms

Long-term placements

A teaching commitment for the whole academic year. One placement runs over the course of 2-3 terms (e.g. 7-10 months). A student or group of students attend their placements once per week/month.

Short-term placements

Placement duration from 1 half-day (1 session = 3.5 hrs) to 4 weeks repeated with different groups of students several times per year.

Teaching time

There is a spectrum of service-teaching integration, which is reflected in the placement payment rate. During some placements, the student is learning about 'Generalism' and accompanies the GP consulting with their routine, unselected patients. Depending on their learning needs, students might observe consultations; contribute to all or part of a joint consultation; or independently consult patients with on-going supervision and discussion.

Some placements are in protected teaching time. These involve selecting and inviting patients specifically related to a curriculum topic (e.g. Child Health, Dermatology, Mental Health). Some service-teaching integration can, therefore be achieved, but only if relevant to the teaching area.

Teaching days vary according to the programme. No university teaching is scheduled on Wednesday afternoons.

Support and development

UCL Medical School is committed to providing support and development opportunities to GP tutors, which include:

- An induction briefing for new practices or GP tutors planning placements (including tutor video)
- On-line resources to support teaching activities on <u>GP Teaching website</u> (e.g. <u>patient</u> information video)
- Regular students' feedback reports for tutors
- Annual GP tutor conference which includes updates on curriculum and course developments
- Access to the <u>ARENA</u> teaching and learning resources with opportunity to apply for HEA accreditation for your teaching

Active teaching & learning

Community-based teaching is about actively involving students in clinical practice activities and providing them with engaging learning opportunities to prepare them for their future career. Reflection and constructive feedback also play an important role in students' learning and development.

Community-Based Teaching Opportunities

1 session is 3.5 hours

Practice-based teaching						
Long-term placements	Number of days & duration	Times per year	Teaching days	Usual group size		
Integrated BSc in Primary Care	Around 20 days over 2 terms (Sept-March)	1	Tues (once weekly)	1-2 per tutor		
Medicine in the Community (general medicine and clinical skills)	10 days (20 sessions) over 10 months	1	Mon, Tues or Fri (once monthly)	2-8		
Short-term placements	Number of days	Times per year	Teaching days	Usual group size		
Patient Pathway and Integrated Clinical Care	1 half-day (1 session)	12	Thurs or Fri a.m. (weekly)	2-8		
Core General Practice 1 (London- based practices)	18 days (36 sessions) over 6 weeks	6	Every day except Weds p.m.	1 per tutor		
Dermatology in Primary Care	1 half-day (1 session)	6	Weds a.m.	2-8		
Mental Health in Primary Care	1 full day (2 sessions)	6	Any, except Weds	2-8		
Care of the Older Person	3 half-days (3 sessions)	12	Wednesday a.m. (and/or some Thursday a.m.)	2-8		
Final year GP Assistantship (out- of-London practices)	19 days (38 sessions) over 4 weeks	6	Every day except Weds p.m.	1 per tutor or 2 per practice		

OSCE examining opportunities

Teaching tutors can also get involved in OSCE examining. Please contact us at <u>pcphmeded@ucl.ac.uk</u> if you are interested.

If you're interested in teaching any of the above programmes

Scan the below QR code with your phone's camera or follow the link to our <u>online recruitment form</u> to provide us with your details and teaching interests, and we'll contact you with more details about the programmes you would like to teach.



Long-term placements

1. Integrated BSc in Primary Care - year 3

Aims of the programme

- ✓ Providing students with the opportunity to experience Primary Health Care in a variety of settings
- ✓ Giving students sufficient understanding of behavioural and clinical sciences to enable them to understand and critically evaluate Primary Care
- ✓ Enabling students to develop and use the skills required to carry out research in Primary Care

Teaching methods

GP tutors will introduce students to seeing patients in General Practice. Observing consultations and seeing interesting cases will form the basis for discussion in the classroom, and can be used in students' essays.

The GP placement should support students in:

- Linking theoretical aspects of the course to practice
- > Developing clinical skills (e.g. taking a good history and introducing students to clinical examination)
- Gaining a deeper understanding of Primary Health Care
- Helping identify student's research area
- Receiving formative feedback for student's professional development

While we require a lead GP tutor, it might also be useful for students to be attached to other members of the Primary Health Care team, and other associated professionals such as pharmacists, nurses, etc.

Teaching commitment

- 1-2 students per GP tutor, seen once weekly
- 1 day (2 sessions), 20 days over 2 terms (Sept-March)
- Teaching day: Tuesday

Reimbursement

Per session (1 student)	Sessions per placement	Total per placement
£33	40	£1,320

The value-added bit

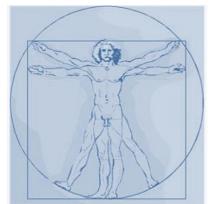
The unique aspect of this course is the longer-term nature of the relationship with students, and tutors regularly comment that the student becomes part of the team. Additionally, students undertake their own research project, which might be initiated from discussions and cases observed in practice. Several projects have been successfully undertaken in practices with the tutor's involvement, and some students have published their research, or presented at national conferences.

For further information on the iBSc in Primary Care, please contact:

Academic lead Dr Surinder Singh
Science Strain Str

Administration team 🖂 pcphmeded@ucl.ac.uk

Or visit https://www.ucl.ac.uk/iehc/study/undergraduate/ibsc-primary-care/



2. Medicine in the Community (MiC) – year 4

Aims of the programme

The programme aims to teach clinical methods in a General Practice setting, in order to complement students' hospital-based teaching, and broaden their clinical exposure by:

- ✓ Focusing on general medical topics, including investigations and clinical management
- ✓ Building on students' knowledge and skills as they develop through the fourth year
- ✓ Seeing diseases at different stages of evolution
- ✓ Gaining greater insight into the impact of illness on patients
- ✓ Understanding the benefits of integration between Primary and Secondary Care services

Teaching methods

The morning session (half a day) should be in **protected time**, and based around tutorials or learning basic examination skills. This involves clinical contact, for example inviting in patients especially for the students to meet. Teaching will involve:

- Clerking of patients
- Observed history and examination in small groups
- Discussion and feedback
- > Brief topic-based tutorials and case/topic presentations linked to real patients and basic science
- > Covering aspects of medicine, including cardiology, respiratory, GI, endocrine, rheumatology, neurology etc.

The afternoon session (half a day) can involve:

- Service provision e.g. setting up a teaching surgery with longer appointment times for students to see the patients first, and then presenting to their GP tutor. Ideal examples would be a full Diabetic review, looking at a post-operative patient or doing an annual review for someone with learning disability
- Making use of local services (GPwSI, outreach) and staff members e.g. students could do a session on asthma management and spend some time with the practice nurse doing asthma checks

GP registrars (ST3s) can lead these sessions in agreement with local teaching programme directors.

Teaching commitment

- A group of 2-8 students, seen once every month
- 1 day (2 sessions), 10 days per placement
- Teaching days: Monday, Tuesday or Friday, but must be on the same day throughout the placement (with some flexibility)

Reimbursement

Per session*	Sessions per placement	Total per placement
Group of 4: £165 + £28 (admin fee)	20	£3,860
Group of 8: £199 + £56 (admin fee)	20	£5,100

* Rates adjusted according to the number of students

For further information about MiC, please contact:

Academic lead Dr Melvyn Jones I melvyn.jones@ucl.ac.uk Administration team I pcphmeded@ucl.ac.uk Or visit https://www.ucl.ac.uk/iehc/research/primary-care-and-population-health/study/mbbs-pc-med-ed/year4



Short-term placements

1. Patient Pathway in Integrated and Community Care (PPICC) – years 1 and 2

Aims of the programme

This early contact with general practice provides ideal opportunities for students to:

- ✓ Learn how Primary Care teams work together to provide health care in collaboration with hospital and community support services
- Improve their understanding of diverse communities and of factors that affect the wellbeing and health needs of individuals
- ✓ Develop their ability to interact with people from diverse backgrounds by meeting patients and exploring their experiences of ill health and health care, and their beliefs about health and illness.

Teaching methods

Teaching is in **partially protected time** and each half-day placement includes:

- Introduction to the practice, its team and their roles (optional)
- Discussion of the services provided (optional)
- > 30-45 minute in-depth interview with at least one patient (essential)
- > Discussion with the students of their findings, observations and experience of the session (essential)
- Students observing GP consultations with patients (if possible).

TIP: The limited time commitment and the generic teaching content of PPICC placements also makes them suitable as an introduction to undergraduate teaching for GP registrars (ST3s).

Teaching commitment

- A group of 2-8 of 1st or 2nd year students
- 12 half-days (12 sessions) per year (half-day; mornings only)
- Minimum commitment 3 sessions per practice
- Teaching days: Thursdays or Fridays

Preparation and training

GP tutors are provided with a comprehensive guidance for each placement including information for tutors and patients enlisted to talk to the students.

Reimbursement

Per session*	Sessions per year	Total per year
Group of 2: £66	12	£768
Group of 4: £132	12	£1,584
Group of 8: £264	12	£3,168

* Rates adjusted according to the number of students

For further information on PPICC, please contact:

Academic lead Dr Madeleine Foster 🖂 madeleine.foster.16@ucl.ac.uk

Administration team 🖂 pcphmeded@ucl.ac.uk

Or visit https://www.ucl.ac.uk/iehc/research/primary-care-and-population-health/study/mbbs-pc-med-ed/year1-2



2. Core General Practice – year 5

In year 5, students undertake a 6-week <u>London-based</u> Core General Practice placement. This is complemented by a number of seminars in Primary Care at the Medical School, and some specialty subjects taught at a different practice (e.g. Mental Health, Care of the Older Person and Dermatology)

Aims of the programme

The broad aim of the Core GP course is:

- Enabling students to experience and understand the care of individuals and families in Primary Care
- ✓ Developing students' clinical assessment and presentation skills
- Encouraging students to reflect on their experiences in medical education and develop an integrated and holistic approach to patient care

Teaching methods

Teaching in the practice is **not in protected time**, although we recommend that tutors try to reduce their normal booked patients by approximately 20% when supervising Core GP students. The focus is on the routine work of the GP and the broader Primary Health Care team, which will involve:

- Students sitting in with GPs and other members of the team, within and outside the practice premises
- Students seeing and presenting patients
- Students undertaking a "Chronic Care Case Study" based on a patient of the practice and marked by the GP tutor
- Students might also note a "significant event" from their attachment for discussion with their GP tutor or team

Teaching commitment

- 1-2 students per tutor
- 2 sessions per day for 18 days (overall duration 6 weeks)
- Teaching days: every day except Wednesday (with some days timetabled elsewhere for specialty placements)
- 6 rotations per academic year (minimum commitment 3 rotations per practice)

Reimbursement

Per session	Sessions per placement	Total per placement	Total for 6 rotations
1 student: £35	36	£1,260	£7,560
2 students: £70	36	£2,520	£15,120

For further information about Core General Practice, please contact:

Academic lead Dr Joe Rosenthal 🖂 j.rosenthal@ucl.ac.uk

Administration team $\bowtie \underline{pcphmeded@ucl.ac.uk}$

Or visit https://www.ucl.ac.uk/iehc/research/primary-care-and-population-health/study/mbbs-pc-med-ed/year5/core-gp



3. Dermatology in Primary Care – year 5

Aims of the programme

- ✓ Practising core clinical skills in dermatological history and examination
- ✓ Learning about common skin problems in the community (e.g. eczema, psoriasis, acne, rosacea, skin infections, urticaria, childhood rashes)
- ✓ Assessing skin complaints, and recognising and managing dermatological problems

Teaching methods

Teaching of dermatology in the practice is in **protected time**, and consists of a combination of methods including:

- Student clerking followed by discussion and feedback
- Observed history and examination
- > Brief topic-based tutorials and case/topic/slide presentations.

Teaching commitment

- A group of 2-8 students
- One half-day (1 session)
- Teaching days: Wednesday morning
- 6 rotations a year
- Tutors are invited to examine in end of year 5 OSCE examination which includes general practice and dermatology and takes place in July each year.

Reimbursement

Per session	Sessions per placement	Total per placement	6 rotations total
Group of 2: £160 + £14 admin fee	1	£174	£1,044
Group of 4: £200 + £28 admin fee	1	£228	£1,368
Group of 6: £215 + £42 admin fee	1	£257	£1,542

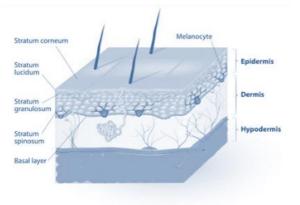
* Rates adjusted according to the number of students

For further information about Dermatology, please contact:

Academic lead Dr Christina Avgerinou 🖂 c.avgerinou@ucl.ac.uk

Administration team 🖂 pcphmeded@ucl.ac.uk

Or visit https://www.ucl.ac.uk/iehc/research/primary-care-and-population-health/study/mbbs-pc-med-ed/year5/dermatology



4. Mental Health – year 5

Aims of the programme

- ✓ Understanding the range of common mental health problems in the community and their detection, recognising factors that help and hinder this process
- ✓ Understanding the potential overlap between physical, psychological and social morbidity
- ✓ Undertaking focused mental health assessments for common Primary Care presentations
- ✓ Applying management strategies for common mental health problems in an integrated manner, considering the person in their context
- ✓ Understanding the perspectives of both patients and carers of living with mental health problems

Teaching methods

Teaching of psychiatry in the practice is in **protected time**, and consists of a combination of methods including:

- Student clerking followed by discussion and feedback
- Observed history and examination
- Brief topic based tutorials and case/topic presentations.

Teaching content

Mental health in the community placement content is divided into core and optional topics:

Core topics:	Optional topics:
Depression and anxiety	Drugs and alcohol
Psychological morbidity in the community and somatic	Dementia in the older person
presentations	Psychosis
presentations	Eating disorder

Teaching commitment

- A group of 2-8 students
- 2 sessions (one full day), 6 rotations a year
- Teaching days: Any, except Monday and Wednesday afternoons
- Tutors are invited to examine in end of year OSCEs in July and may also get involved in on-campus primary care workshops
 if interested

Reimbursement

Per session	Sessions per placement	Total per placement	6 rotations total
Group of 2: £160 + £14 admin fee	2	£348	£2,088
Group of 4: £200 + £28 admin fee	2	£456	£2,736
Group of 6: £215 + £42 admin fee	2	£514	£3,084

* Rates adjusted according to the number of students

For further information about Mental Health, please contact:

Academic lead Dr Madeleine Foster 🖂 madeleine.foster.16@ucl.ac.uk

Administration team 🖂 pcphmeded@ucl.ac.uk

Or visit https://www.ucl.ac.uk/iehc/research/primary-care-and-population-health/study/mbbs-pc-med-ed/year5/mental-health



5. Care of the Older Person in Primary Care – year 5

Aims of the programme

- ✓ Learning about common health problems experienced by older people
- ✓ Practising core clinical skills as applied to the assessment of older people (emphasis on integrated examination, CNS and functional assessment)
- ✓ Understanding the role of formal and informal services in the care of older people in the community
- ✓ Challenging the conception of old age equalling ill health
- ✓ Gaining greater insight into the impact of illness on patients and their families
- ✓ Understanding the relative contribution of primary and secondary services to patient care

Teaching methods

Teaching is in protected time and should combine:

- Student interviewing and examining patients, followed by discussion and feedback
- Observed history and examination
- Brief topic-based tutorials and case/topic presentations

Teaching content

Topics should cover general aspects of assessing and caring for older patients in the community and could include falls, immobility, stroke/TIA, Parkinson's disease, confusion/dementia, breathlessness and common co-morbidities (such as diabetes/hypertension/osteoarthritis/COPD). The role of carers and issues of 'end of life care' may be included as well.

Teaching commitment

- A group of 4 students
- 3 half-day sessions over 3 weeks, twice per rotation, 6 rotations a year
- Teaching days: Wednesday or Thursday mornings

Reimbursement

Per session	Sessions per placement (3 weeks)	Total per placement	6 rotations total
Group of 2: £160 + £14 admin fee	3	£522	£3,132
Group of 4: £200 + £28 admin fee	3	£684	£4,104
Group of 6: £215 + £42 admin fee	3	£771	£4,626

* Rates adjusted according to the number of students

For further information about COOP, please contact:

Academic lead Dr Melvyn Jones 🖂 melvyn.jones@ucl.ac.uk

Administration team \bowtie <u>pcphmeded@ucl.ac.uk</u>

Or visit https://www.ucl.ac.uk/iehc/research/primary-care-and-population-health/study/mbbs-pc-med-ed/year5/coop



6. Final year GP Assistantship – year 6

This is a four-week placement, predominantly in practices <u>outside London</u>. All students attend the department for a briefing day, then are placed one-to-one or in pairs in a General Practice.

Aims of the programme

- ✓ Maximising student learning from direct patient experience
- ✓ Providing students with experience relevant to Foundation posts
- ✓ Building students' confidence in seeing and managing patients by leading their own supervised surgeries

Teaching methods

Teaching in the practice is **not in protected time**, although we recommend that tutors try to reduce their normal booked patients by approximately 20% when supervising final year students.

Teaching methods include:

- Undertaking a minimum of <u>10 student-led consultations</u>
- Development of case presentation skills
- > Following-up patient contact with reflection and constructive feedback
- > Promoting in-depth exploration of areas linked to Professional Development curriculum.

Students are required to undertake a number of supervised tasks during the attachment. These include an audit or health needs assessment, and a referral letter.

Teaching content

The focus is on the following major themes:

Clinical method - consolidating practical skills and clinical reasoning

Clinical communication – developing skills of information giving/sharing and management planning

Communication with colleagues - primary/secondary care and case presentations

Monitoring and Governance - audit, health needs assessment

Reflective Practice - identifying and addressing learning needs; analysing a challenging/difficult aspect of General Practice

Teaching commitment

- 1-2 students per practice
- 19 days (34 sessions) over 4 weeks; not including 1 campus-based teaching day and Wednesday afternoons
- 6 rotations per academic year

Reimbursement

Per session	Sessions per placement	Total per placement	Total for 6 rotations
1 student: £37	34	£1,258	£7,548
2 students: £57 + £14 admin fee	34	£2,414	£14,484

For further information about GP Assistantship, please contact:

Academic lead Dr Will Coppola 🖂 w.coppola@ucl.ac.uk

Academic lead Dr Neelam Parmar 🖂 neelam.parmar@ucl.ac.uk

Administration team 🖂 pcphmeded@ucl.ac.uk

Or visit https://www.ucl.ac.uk/iehc/research/primary-care-and-population-health/study/mbbs-pc-med-ed/year6



For further information or to discuss teaching options, please contact:

Primary Care and Population Health medical education team

pcphmeded@ucl.ac.uk

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2 020 8016 8276

Please visit our <u>GP Teaching website</u> for GP tutor development opportunities and useful resources

https://www.ucl.ac.uk/iehc/research/primary-care-and-population-health/gp-teaching

Please contact <u>pcphmeded@ucl.ac.uk</u> if you need this material in large print or in a different format.

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The information in this booklet is correct at the time of publishing and may be subject to change.