

P10456.04 /FEMALE

Serial number <input type="text"/> 3001-3009	CK <input type="checkbox"/> 3010	Person <input type="text"/> 3011-3012	First name <input type="text"/>	Card <input type="text" value="0"/> <input type="text" value="3"/> 3013-3014
Interviewer ID No. <input type="text"/> 3021-3024	Point No. <input type="text"/> 3025-3029	Version <input type="text" value="2"/> 3015	BATCH = 3016-3020	

SEXUAL RELATIONSHIPS AND ACTIVITIES

Due to the sensitive nature of this questionnaire section, these data are archived under Special Licence access

Self-completion questionnaire for women

In Confidence

INTRODUCTION

This booklet contains questions that ask about your attitudes to sexual relationships and your own sexual activities. Some questions may be of a sensitive nature. However, your accurate and considered responses are very important for this research. Sexual relationships and activities relate to health, well-being and other aspects of people's lives, but we have very little information on whether and how they change as people grow older.

We appreciate that you may have answered some of these questions before, but completing this questionnaire again will help us better understand possible changes, the reasons, and how changes in sexual relationships relate to other aspects of people's lives.

As with all other information you give us, your answers will be treated in the strictest confidence and used only for the purposes of this research.

The interviewer has a blank copy of the questionnaire to refer to if you need help in answering any questions so that they do not look at your copy.

You will find further explanations and instructions at the beginning of each section of the questionnaire. In the questionnaire there are sometimes instructions to go to certain questions – please follow these instructions carefully as they will take you to the questions which are relevant to you.

Please fill in your details below

		Day	Month	Year
First name <input type="text"/>	Date of birth	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>
3030-3044		3045-3056	3047-3048	3049-3050

HOW TO RETURN THIS QUESTIONNAIRE

If the interviewer is still in your home once you have completed the questionnaire, please place it in the envelope provided, seal the envelope and hand it back to the interviewer. If the interviewer has gone, please return the completed questionnaire in the pre-paid envelope as soon as you possibly can.

PLEASE START THE QUESTIONNAIRE AT QUESTION 1 ON THE NEXT PAGE

THANK YOU AGAIN FOR YOUR HELP

SPARE COLUMNS 3051-3099

1 This question asks about **your personal attitudes** to sex. Please tick the one response that best describes your reaction to each of the following statements.

Tick one box on each line

	Strongly Agree	Agree	Neither agree nor disagree	Disagree	Strongly Disagree	
Having sexual relations before marriage is wrong	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	3100 SXAMW
A married person having sexual relations with someone other than their spouse is wrong	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	3101 SXASW
Two adults of the same sex having sexual relations is wrong	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	3102 SXASS
Having one night stands is wrong	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	3103 SXANS
Satisfactory sexual relations are essential to the maintenance of a long-term relationship	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	3104 SXALT
Sexual relations without love is OK	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	3105 SXAWL
People are under a lot of pressure to have sex nowadays	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	3106 SXAPN
There's too much sex in the media nowadays	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	3107 SXASM
Young people today start having sex too early	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	3108 SXAYP
Men have a naturally higher sex drive than women	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	3109 SXASD
The ability to have sex decreases as a person grows older	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	3110 SXAGO
Sexual changes that occur with age are not important to older people	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	3111 SXASC
Being sexually active is physically and psychologically beneficial to older people	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	3112 SXABO

2 The following questions ask about your own sexual drive or sexual desire.

During the past 12 months, about how often did you think about sex? This includes times of just being interested in sex, daydreaming or fantasising about sex, as well as times when you wanted to have sex.

SXTPMY

Tick one box

Not at all	<input type="checkbox"/> 1
Once a month or less	<input type="checkbox"/> 2
2 or 3 times a month	<input type="checkbox"/> 3
Once a week	<input type="checkbox"/> 4
2 or 3 times a week	<input type="checkbox"/> 5
Once a day or more	<input type="checkbox"/> 6

3113

3 During the past 12 months, have you been worried or concerned by your level of sexual drive/desire?

SXWDY

Tick one box

Not at all worried or concerned	<input type="checkbox"/> 1
A little bit worried or concerned	<input type="checkbox"/> 2
Moderately worried or concerned	<input type="checkbox"/> 3
Very worried or concerned	<input type="checkbox"/> 4
Extremely worried or concerned	<input type="checkbox"/> 5

3114

4 Have you had any sexual activity (sexual intercourse, kissing, petting or fondling, or masturbation) in the past 12 months?

SXSAY

Tick one box

Yes	<input type="checkbox"/> 1	→ Go to 5
No	<input type="checkbox"/> 2	→ Go to 22

3115

5 The following questions ask about the frequency of your sexual activities.
During the past 12 months, about how many times have you had or attempted sexual intercourse (vaginal, anal or oral sex)?

SXSIMY

- Tick one box*
- Not at all 1
- Once a month or less 2
- 2 or 3 times a month 3
- Once a week 4
- 2 or 3 times a week 5
- Once a day or more 6

3117

6 Apart from when you attempted sexual intercourse, about how frequently did you engage in other sexual activities (kissing, fondling and petting) during the past 12 months?

SXOAMY

- Tick one box*
- Not at all 1
- Once a month 2
- 2 or 3 times a month 3
- Once a week 4
- 2 or 3 times a week 5
- Once a day or more 6

3118

7 During the past 12 months, about how often did you masturbate?

SXHOMY

- Tick one box*
- Not at all 1
- Once a month 2
- 2 or 3 times a month 3
- Once a week 4
- 2 or 3 times a week 5
- Once a day or more 6

3119

8 Thinking about the past 12 months, have you been worried or concerned by the frequency of your sexual activities (sexual intercourse, kissing, fondling and petting and masturbation)?

SXWOFY

- Tick one box*
- Not at all worried or concerned 1 → **Go to 10**
- A little bit worried or concerned 2
- Moderately worried or concerned 3
- Very worried or concerned 4 → **Go to 9**
- Extremely worried or concerned 5

3120

9 Do you consider your sexual activities to be too frequent or not frequent enough?

SXHSAF

- Tick one box*
- Too frequent 1
- Not frequent enough 2

3121

SPARE COLUMNS 3122-3125

10 The following questions ask about your ability to become sexually aroused.

It is not uncommon for women to experience arousal problems. This may mean that individuals may not always be able to engage in satisfactory sexual activity.

During the past 12 months, about how often did you feel sexually aroused (turned on) during sexual activity (including intercourse or masturbation)?

Please tick the **one** statement or response that best describes **you** during the past 12 months.

SXFAMY

- Tick one box*
- Almost never/never aroused 1
- Aroused a few times (much less than half the time) 2
- Sometimes (about half the time) 3
- Aroused most of the time (much more than half the time) 4
- Almost always/always 5

3126

11 During the past 12 months, about how often did you have an uncomfortably dry vagina during sexual activity?

SXFDVY

Tick one box

- Almost never/never 1
- A few times (much less than half the time) 2
- Sometimes (about half the time) 3
- Most of the time (much more than half the time) 4
- Almost always/always 5

3127

12 During the past 12 months, about how often did you experience pain or discomfort during or after sexual activity?

SXFPDY

Tick one box

- Almost never/never 1
- A few times (much less than half the time) 2
- Sometimes (about half the time) 3
- Most of the time (much more than half the time) 4
- Almost always/always 5

3128

13 Thinking about the past 12 months, have you been worried or concerned by your ability to become sexually aroused?

SXFWAY

Tick one box

- Not at all worried or concerned 1
- A little bit worried or concerned 2
- Moderately worried or concerned 3
- Very worried or concerned 4
- Extremely worried or concerned 5

3129

SPARE COLUMN 3130

14 The following questions ask about your feelings of orgasm or climax in response to any sexual stimulation (including intercourse or masturbation).

SXOCM

Tick one box

- Almost never/never orgasm or climax 2
- A few times (much less than half the time) 3
- Sometimes (about half the time) 4
- Most of the time (much more than half the time) 5
- Almost always/always 6

3131

SPARE COLUMN 3132

15 How satisfied have you been with your sense of control over the timing of your orgasm? **Not** being satisfied can mean taking too long to climax or climaxing too early.

SXMCOY

Tick one box

- Extremely satisfied 1
- Highly satisfied 2
- Moderately satisfied 3
- Slightly satisfied 4
- Not at all satisfied 5
- Do not climax 6

3133

SPARE COLUMN 3134

16 Thinking of the past 12 months, have you been worried or concerned by your orgasmic experience?

SXWOEY

Tick one box

- Not at all worried or concerned 1
- A little bit worried or concerned 2
- Moderately worried or concerned 3
- Very worried or concerned 4
- Extremely worried or concerned 5

3135

SPARE COLUMNS 3136-3188

17 The following questions ask about your overall sex life with your partner.

Have you had any sexual activity **with a partner** during the past 12 months?

SXSAT

Tick one box

- No, not at all ¹ → **Go to 22**
- Yes, one or more times ² → **Go to 18**

3139

18 Who usually initiated sexual activity during the past 12 months?

SXIATY

Tick one box

- I did ¹
- My partner(s) and I did equally ²
- My partner(s) did ³

3140

19 During the past 12 months, how often did you have sex primarily because you felt obliged to or that it was your duty?

SXODTY

Tick one box

- Almost never/never ¹
- A few times (much less than half the time) ²
- Sometimes (about half the time) ³
- Most of the time (much more than half the time) ⁴
- Almost always/always ⁵

3141

20 During the past 12 months, how often did you and your partner share the same sexual likes and dislikes?

SXLDTY

Tick one box

- Almost never/never ¹
- A few times (much less than half the time) ²
- Sometimes (about half the time) ³
- Most of the time (much more than half the time) ⁴
- Almost always/always ⁵

3142

21 During the past 12 months, how often did you feel emotionally close to your partner when you had sex together?

SXECPY

Tick one box

- Almost never/never ¹
- A few times (much less than half the time) ²
- Sometimes (about half the time) ³
- Most of the time (much more than half the time) ⁴
- Almost always/always ⁵

3143

SPARE COLUMNS 3144-3146

22 Whether or not you have had any recent sexual activity, during the past 12 months how satisfied have you been with your overall sex life?

SXSOSY

Tick one box

- Very satisfied ¹
- Moderately satisfied ²
- Neither satisfied nor dissatisfied ³
- Moderately dissatisfied ⁴
- Very dissatisfied ⁵

3147

23 Whether or not you have had any recent sexual activity, during the past 12 months how worried or concerned have you been about your overall sex life?

SXWSTY

Tick one box

- Not at all worried or concerned ¹
- A little bit worried or concerned ²
- Moderately worried or concerned ³
- Very worried or concerned ⁴
- Extremely worried or concerned ⁵

3148

24 How important a part of your life would you say that sex is today?

SXMIMP

Tick one box

- Extremely important 1
- Very important 2
- Moderately important 3 3149
- Slightly important 4
- Not at all important 5

25 Which of the following options best describes how you think of yourself?

SXMSOR

Tick one box

- Heterosexual or Straight 1
- Gay or Lesbian 2
- Bisexual 3 3150
- Other 4
- Prefer not to say 5

26 Is there anything else you would like to tell us, including any changes since the last time you completed the sexual relationships and activities questionnaire? Please write in the space below.

We shall be very interested to read what you have to say.

SXEND

3151

Thank you for taking the time to complete this questionnaire.

Please place it in the envelope provided and seal it and give it back to the interviewer or post it back. All your answers will remain confidential in accordance with the Data Protection Act 1998.

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