

ELSA DATA SET WAVES 1 TO 9

Note: Cells in parentheses () only updated if circumstances change. Wave 0 refers to the Health Survey for England from which the ELSA sample was recruited.

Cells in square brackets [♥] only collected/assessed for refreshment sample or those who had not undertaken previously.

Data Collection Key: C = CAPI, S = Self Completion, U = Nurse

Sample Statistics

Wave/Year	Data Collection Key	Sample	Refreshment
Wave 1 (2002/3)	С	12,099	
Wave 2 (2004/5)	C + U	9,432 + 7,666	
Wave 3 (2006/7)	С	9,771	HSE 2001-4
Wave 4 (2008/9)	C + U	11,050 + 8,643	HSE 2006
Wave 5 (2010/11)	С	10,274	
Wave 6 (2012/13)	C + U	10,601 + 8,054	HSE 2009-11
Wave 7 (2014/15)	С	9,666	HSE 2011-12
Wave 8 (2016/17)	C + U(50%)	8,445 + 3,525	
Wave 9 (2018/19)	C + U(50%)		HSE 2013-15

DEMOGRAPHIC DATA AT EACH WAVE OF ELSA

Wave Number		0	1	2	3	4	5	6	7	8	9
Household Income	Data Collection Key										
Household membership	С	~	~	~	~	~	~	~	~	~	>
Changes in household membership	С		~	~	~	~	>	>	>	>	>
Living parents, siblings, children, and grandchildren	С	~	~	~	>	>	>	>	>	>	~
Marital status	С	~	~	(~)	(~)	(~)	(~)	(~)	(~)	(~)	(~)
Ethnic group	С	~	~	(~)	(~)	(~)	(~)	(~)	(~)	(~)	(~)
Country of birth	С	~	~	(~)	(~)	(~)	(~)	(~)	(~)	(~)	(~)
Educational qualifications	С	~	~	(~)	(~)	(~)	(~)	(~)	(~)	(~)	(~)
Age completed full-time education	С		~	(~)	(~)	(~)	(~)	(~)	(~)	(~)	(~)
Occupation of main carer when respondent was aged 14yr	С		~	(~)	(~)	(~)	(~)	(~)	(~)	(~)	(~)
Proximity to children	С									>	~
Citizenship	С										~

Economics data

Wave Number		0	1	2	3	4	5	6	7	8	9
Household Income	Data Collection Key										
Earnings	С		~	~	>	~	>	~	>	~	~
State benefits (by source and recipient)	С		~	~	~	~	~	~	>	~	~
Private pensions	С		~	~	~	~	~	~	>	~	~
Asset income (by asset category)	С		~	~	>	~	~	~	>	~	~
Other income (including receipt of lump sums)	С		~	~	>	~	~	~	>	~	~

Wave Number		0	1	2	3	4	5	6	7	8	9
Wealth	Data Collection Key										
Financial assets (12 categories)	С		>	~	~	>	~	>	>	~	~
Physical assets (5 categories)	С		~	~	~	~	~	~	>	~	~
Business wealth	С		~	~	~	~	~	~	>	~	~
Debt (3 categories)	С		~	~	~	~	~	~	>	~	~
Housing wealth and mortgage debt (including equity release and home reversion plans)	С		~	~	~	~	~	~	>	•	~
Lifetime inheritances and gifts	С							~	>	~	~
Life insurance	С		>	~	~	~	~	~	>	~	~

Wave Number		0	1	2	3	4	5	6	7	8	9
Pensions	Data Collection Key										
Current plan details	С		>	(~)	(~)	(~)	(~)	(~)	(~)	(~)	(~)
Date joined plan	С		>	(~)	(~)	(~)	(~)	(~)	(~)	(~)	(~)
Current contributions	С		>	~	>	>	>	~	>	~	<
Self-reported accrued pension wealth	С		>	~	>	>	>	~	>	~	~
Past pension details (up to 3 past pensions)	С		>	(~)	(~)	(~)	(~)	(~)	(~)	(~)	(~)
Plan names	С		>	(~)	(~)	(~)	(~)	(~)	(~)	(~)	(~)
State pension statements	С				>						
Knowledge of female state pension age	С				~	>	~	~	>	~	~
State pension deferral	С					>	>	~	>	~	>
End to compulsory annuitisation	С									~	<

Wave Number		0	1	2	3	4	5	6	7	8	9
Employment	Data Collection Key										
Main job details	С	>	~	(~)	(~)	(~)	(~)	(~)	(~)	(~)	(~)
Health and work disability	С			~	~	~	>	~	~	~	~
Normal pay and hours	С	~	~	~	~	~	>	~	~	~	~
Secondary and other economic activity details	С		~	~	~	~	~	~	~	~	~
Age and reason for retirement if retired	С		~	(~)	(~)	(~)	(~)	(~)	(~)	(~)	(~)
Employer name and permission to contact	С		~	(~)	(~)	(~)	(~)	(~)	(~)	(~)	(~)
Compulsory retirement ages	С			~	~	~	>	~	~	~	~
Health limiting ability to work	С			~	~	~	>	~	~	~	~
Desired/offered/requested workplace adaptations	С			~	~	~	>	~	~	~	~

Wave Number		0	1	2	3	4	5	6	7	8	9
Consumption	Data Collection Key										
Housing (rent and mortgage payments)	С	~	~	~	~	~	>	~	>	>	~
Satisfaction with housing and area	С						~	~	>	>	~
Vehicle ownership	С		~	~	~	~	~	~	>	>	~
Durable ownership	С		~	~	~	~	~	~	>	>	~
Durable purchases	С			~	~	~	~	~	>	>	~
Food in, food out	С		~	~	~	~	~	~	>	>	~
Fuel expenditures	С			~	~	~	~	~	>	>	~
Health insurance contributions	С		~	~	~	~	~	~	~	~	~
Leisure	С			~		~	~	~	~	~	~
Clothing	С			~	~	~	~	~	>	>	~
Transfers (incl. charitable giving and Child Trust Funds)	С			~		~	>	~	>	>	~

Wave Number		0	1	2	3	4	5	6	7	8	9
Expectations	Data Collection Key										
Mortality	С		~	~	~	~	~	~	~	~	~
Employment	С		~	~	~	~	~	~	~	~	~
Works past age 70	С										~
Care received at home	С										~
Bequest and inheritances	С		~	~	~	~	~	~	~	~	~
Health limit ability to work	С		~	~	~	~	~	~	~	~	~
Income adequacy	С		~	~	~	~	~	~	~	~	~
Movement into nursing home	С			~				~	~	~	~
House value	С		~	~	~	~	~	~	~	~	~
Moving house	С			~							
Public and private pension income	С			~	~	~	~	~	~	~	~
Self-reported financial planning period	С		~	~							
Perceived financial position relative to neighbours/friends/colleagues	С			~	~	~	~				
Future housing and care needs	С							~	~	~	~
Short stays in residential/nursing homes	С									~	~
Risk module (subgroup)	С						~				

MEASURES OF HEALTH, DISABILITY, AND HEALTH BEHAVIOUR

Wave Number		0	1	2	3	4	5	6	7	8	9
Physical Health	Data Collection Key										
Self-rated general health; (Limiting) long-standing illness	С	>	~	~	~	~	~	~	~	>	>
Mobility: difficulties walking 1/4 mile & symptoms if try	С		~	~	~	~	~	~	~	~	>
Mobility: 10 items concerning difficulty walking, getting up, lifting, etc.					~	~	~	~	•	>	>
Eyesight and hearing – self-reported health and difficulties. Whether had glaucoma/diabetic eye disease/cataract/macular degeneration, Cataract surgery	С		•	•	•	•	•	•	•	>	~
Dental health – self reported health and difficulties	С				~	~	~		~		>
If age 65+ years, whether blood pressure checked in last year	С		•	~	•	•	•	~	•	>	>
Physician diagnosed conditions:	С		~	~	~	~	~	~	~	>	>

Wave Number		0	1	2	3	4	5	6	7	8	9
Physical Health	Data Collection Key										
Coronary heart disease, stroke, diabetes, raised											
cholesterol, quality of care, chronic lung disease, asthma,											
arthritis, osteoporosis, cancer, Parkinson's disease,											
Alzheimers, dementia.											
Quality of care indicators; Diabetes	С			~	~	~	~	~		~	
Quality of care indicators; Urinary incontinence	С			~							
Quality of care indicators; Depression	С			>		>				>	
Quality of care indicators; Cholesterol	С			>			>	>		>	
Quality of care indicators; Hypertension	С			\	~	\					
Quality of care indicators; Arthritis	С			~	~	~	~	~		~	
Quality of care indicators; Smoking	С			~			~	~			
Quality of care indicators; Stroke	С		~	~	~	~	~	~	~	~	~
Quality of care indicators; Osteoporosis	С			~			~	~	~	~	~
Quality of care indicators; Coronary Heart Disease	С			~					~	~	
Quality of care indicators; Hearing Problems	С			~					~		
Quality of care indicators; Pain				~	~					~	
Quality of care indicators: falls and fractures	С			~		~				~	
Falls and resulting fractures if age 60+y	С		~	~	~	~	~	~	~	~	~
Hip and knee replacements received	С		~	~	~	~	~	~	~	~	~
Pain: overall rating (mild/mod/severe) and for back, hip, knees	С		~	~	~	~	~	~	~	~	~
Balance and dizziness	С		~	~		~		~			~
Sleep disturbance – Duration and quality	С					~		~		~	
Diagnostic symptom assessments: Rose Angina, MRC Respiratory Questionnaire;	С	>	~	~	~	~	~				
Edinburgh Claudication Questionnaire	С				~		~	~			
Disabilities: 6 ADLS and 9 IADLS. Aids used, Sources of help, Who pays Age 65+y: whether use meals on wheels, day centres, lunch clubs	С		•	,	•	•	•	•	•	•	v
Urinary incontinence, quality of care	С	>	~	~	~	~	~	~	~	(S)	(S)
Menopause	С					~	~	~		~	~
Cancer screening participation	С						~	~	~	~	~
Polypharmacy	С							~		~	~
HearCheck test	С								~		

Wave Number		0	1	2	3	4	5	6	7	8	9
Physical Health	Data Collection Key										
Sense of taste and smell	С									<	>
Perceived weight	С									<	>
Heath preferences and attitudes to risk	S									>	

Wave Number		0	1	2	3	4	5	6	7	8	9
Health Behaviours	Data Collection Key										
Smoking history, quality of care for cessation	С	~	~	~	~	~	~	~	~	~	>
Alcohol consumption: usual frequency, heaviest consumption day last week	S	C	C	~	•	~	~	~	•	~	~
Physical activity: frequency do vigorous/moderate/mild exercise, Whether job sedentary or physically active	С	•	•	•	•	•	•	•	•	•	•
Consumption of fruit and vegetables	S				~	~	~	~	~	~	
Food poverty	S										~
On-line nutrition assessment											~

Wave Number		0	1	2	3	4	5	6	7	8	9
Mental Health	Data Collection Key										
Psychiatric diagnoses	С		>	~	>	>	~	>	~	>	~
General Health Questionnaire (GHQ-12)	С	~	~		~						
CES-D depression scale	С		~	~	~	~	~	>	~	>	~

Wave Number		0	1	2	3	4	5	6	7	8	9
Sexual Health	Data Collection Key										
Attitudes to sex	S							~		>	
Current sexual activities and experiences	S							~		>	
Sexual partners	S							~		\	
Lifetime desires and experiences	S							~		>	

Wave Number		0	1	2	3	4	5	6	7	8	9
Physical Examination and performance data (Nurse Visit)	Data Collection Key										
Height and weight; waist and hip	U/C	>		•		>		•		weight only	weight only
Blood pressure	U	>		>		>		~		<	>
Lung function	U	>		~		>		~			
Chair stands; Balance; Grip strength;	U			~		>		~		✓ grip only	✓ grip only
Walking speed performance test (≥60 years)	С		~	~	~	~	~	~	~	>	~

Wave Number		0	1	2	3	4	5	6	7	8	9
Blood Assays	Data Collection Key										
Triglycerides	U	>		>		~		~		~	~
Total and DHL-cholesterol	U	>		>		~		~		~	~
C-reactive protein, fibrinogen	U	>		>		~		~		~	~
Haemoglobin and ferritin	U	>		>		~		~		~	~
White blood cell count	U					~		~		~	~
Fasting lipids, glucose, glycated haemoglobin	U			~		>		~		~	~
Cortisol (from saliva).	U			>		~					
IgE / DHM IgE	U	>									
IGF-1	U					>		~		~	~
DHEAS	U					~					
Vitamin D	U							~		~	~
DNA extraction and storage	U			~		[~]		[~]		[~]	[~]
Cortisol (from hair)	U							~			
RNA Paxgene tubes	U									~	~

PSYCHOSOCIAL MEASURES

Wave Number		0	1	2	3	4	5	6	7	8	9
Social and Civic Participation	Data Collection Key										
Informal care giving	С		~	~	~	~	~	~	~	~	~
Volunteering	С		~	~	~	~	~	~	~	~	~
Provision of unpaid help	С					~	~	~	~	~	~
Civic, social and cultural participation	S		~	~	~	~	~	~	~	~	~
Accessing local amenities and services	S		~	~		~	~	~	~	~	~
TV watching	S					~	~	~	~	~	~
Social networks	S		~	~	~	~	~	~	~	~	~
Social support	S	>	~	~	~	~	~	~	~	~	~
Social isolation/loneliness	S			~	~	~	~	~	~	~	~
Transport	С		~	~	~	~	~	~	~	~	~
Social capital	S		~		~						
Perceived discrimination	S						~				
Religiosity	S						~				~
Digital inclusion	S							~	~	~	~
Neighbourhood perceptions	S		~		~				~		
Time spent caring for grandchildren	С									~	~

Wave number		0	1	2	3	4	5	6	7	8	9
Psychosocial Factors	Data Collection Key										
Control and demand	S		~	~	~	~	~	~	~	~	~
Effort-reward balance	S			>	~	~	>	~	>	>	~
Subjective social status	S		~	~	~	~	~	~	~	~	~
Relative deprivation and perceived financial difficulties	С			~	~	~					
Ages at which middle age ends and old age begins	С		~		~				~	~	
Self-perceived and desired ages	C/S			~		~			~	~	~
Experience and perceptions of ageing	S			~		~					
Altruism	S					~					
Sense of collectiveness	S					~					
Pet ownership	С						~				
Experiences of being mentored	С									~	
Generativity	S									~	

Wave Number		0	1	2	3	4	5	6	7	8	9
Psychological and Social Well-being	Data Collection Key										
Quality of life (CASP-19)	S		~	~	~	~	>	~	~	~	>
Satisfaction With Life Scale-SWLS (Diener)	S			~	~	~	~	~	~	~	~
Ryff well-being scale*	S			~							
Positive affect	S						>				
Personality	S						>				
Pain yesterday	S							~	~	~	
Time use and affect yesterday	S							•	•	•	(time use)
ONS harmonised 4 questions on wellbeing	S							~	~	~	~

COGNITIVE FUNCTION

Wave Number		0	1	2	3	4	5	6	7	8	9
Memory	Data Collection Key										
Self-rated memory	С		>	~	~	>			>	>	>
Orientation in time	С		~	~	~	~	~	~	~	>	~
Word-list learning (verbal learning and recall)	С		~	~	~	~	>	>	~	>	~
Prospective memory	С		~	~	~	~	~			>	
Fluid intelligence (number series)	C/U							>		>	~

Wave Number		0	1	2	3	4	5	6	7	8	9
Executive function	Data Collection Key										
Word-finding (verbal fluency)	С		>	~	~	~	~		~	>	~
Letter cancellation (accuracy and speed of mental processing)	С		•	~	~	,	,				
Backwards counting	С								~	>	~
Serial 7s	С								~	>	~
Object naming	С								~	>	~

Wave Number		0	1	2	3	4	5	6	7	8	9
Basic cognitive skills/abilities	Data Collection Key										
Numerical ability	С		>			>		[~]	[~]	[~]	
Literacy	С			~			~	[~]	[~]	[~]	

Wave Number		0	1	2	3	4	5	6	7	8	9
Other variables	Data Collection Key										
Quality of cognitive interview (interviewer's assessment)	С		>	>	>	>	>	~	>	>	~
Proxy interview of cognitive functioning – IQCODE scale	С			~	\	~	~	~	\	\	~