

DATASHEET : UCL LONDON
British Regional Heart Study 2010-2012

Batch / Study #	Name	Please amend your details if necessary:	
DOB:	Age:		
Tel:			
GP:			

STATION 1 Observer Initials, Time (24 hr)

Sit/Stand 5 times No reas ref=1 secs N at 30sec? Hands P/T
 dis=2

Walk 3 metres No reas ref=1 secs Incompl at 30 sec P/T
 dis=2

Height (cm) Problem? P/T

Weight (kg) Problem? P/T
 Pacemaker? No → TANITA BODY COMPOSITION
 Yes → SCALES

1. Waist circ 1 (cm) Problem? P/T
 ↓

3. Waist circ 2 Problem? P/T
 ↓

2. Hip circ 1 (cm) Problem? P/T

4. Hip circ 2 Problem? P/T

Arm circ R (cm) Problem? P/T

1. Triceps R1 (mm) Problem? P/T
 ↓

3. Triceps R2 Problem? P/T
 ↓

2. Subscap R1 (mm) Problem? P/T

4. Subscap R2 Problem? P/T

Cuff size Armcirc < 22 cm = **1 (small)** 22-32 cm = **2 (medium)** >32 cm = **3 (large)**

Blood pressure R	SITTING 1			SITTING 2			STANDING 1			STANDING 2		
Systolic (mmHg)	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Diastolic (mmHg)	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Heart rate (per min)	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Cuff Instr Problem? P/T Faintness Y=1 Breathless? Y=1

Room temp (°C) Ethnicity WE =1 BAC = 2 SA = 3
 Ch/J/O = 4 Other = 5

Spirometry Instr Inhal 24hr Y=1 Time24hr

BTV % CI Y=1 Problem? P/T

Grip Instr
 Grip strength (R) Dom P/T Problem? P/T

Grip strength (L) Dom P/T Problem? P/T

P = Participant T = Technical

STAPLED DATA RECORDS

SPIROMETRY DATA

Ref number

N blows BTV %

FVC

FEV1

FEV0.5

PEF

FEF25-75%

FEF75-85%

FEF25%

FEF50%

FEF75%

BIOIMPEDANCE DATA (TANITA)

TANITA BODY COMPOSITION ANALYSER

Date DD MM YYYY Time (24hr)

Body type Standard=1/Athletic=2

Gender Female=1/Male=2

Age

Height cm

Weight kg

BMI kg/m²

BMR kJ

Kcal

Fat % %

Fat mass kg

FFM kg

TBW kg

Visceral fat rating

 IMPEDANCE

Whole Body

Right leg

Left leg

Right arm

Left arm

Segmental Analysis

Right leg

Fat % %

Fat mass kg

FFM kg

Predicted Muscle Mass kg

Left leg

Fat % %

Fat mass kg

FFM kg

Predicted Muscle Mass kg

Right arm

Fat % %

Fat mass kg

FFM kg

Predicted Muscle Mass kg

Left arm

Fat % %

Fat mass kg

FFM kg

Predicted Muscle Mass kg

Trunk

Fat % %

Fat mass kg

FFM kg

Predicted Muscle Mass kg

STATION 4 Observer ID Refusal=1 Prob =1 ORAL HEALTH

I. TOTAL NUMBER OF NATURAL TEETH: Upper Lower
 II. PERIODONTAL POCKET

Batch No:
 III. GINGIVAL BLEEDING

2. Mesial =
 Distal =

2. . Mesial =
 Distal =

1. Mesial =
 Distal =

3. Mesial =
 Distal =

1. . Mesial =
 Distal =

3. . Mesial =
 Distal =

6. . Mesial =
 Distal =

4. . Mesial =
 Distal =

6. . Mesial =
 Distal =

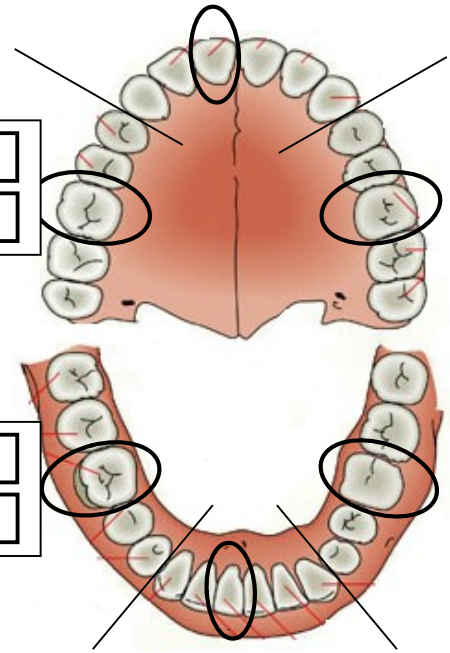
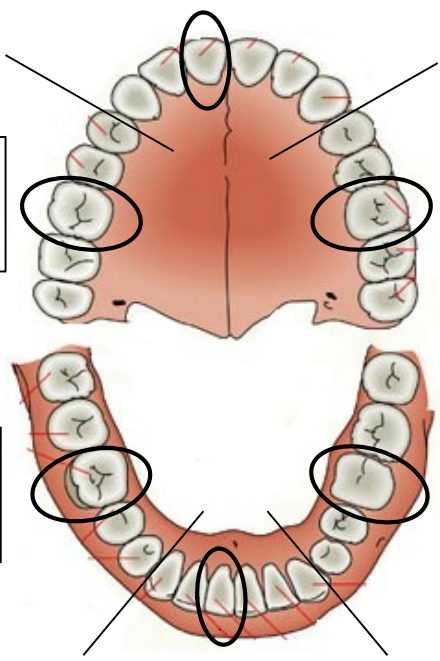
4. . Mesial =
 Distal =

5. . Mesial =
 Distal =

5. . Mesial =
 Distal =

Score -
 0 = Up to 3.5 mm (first probe band)
 1 = 4 to 5.5 mm (first dark band)
 2 = 6 to 8.5 mm (between two dark bands)
 3 = 9 to 11.5 mm (second dark band)
 8 = Unscorable
 9 = Missing

Score -
 Yes = 1
 No = 0
 Missing = 9



CONSENT

We will arrange to have your blood sample checked for cholesterol and other factors which are important for heart disease risk. The results of the blood tests and other measurements will be sent back to your doctor in the next four to five weeks. If any of the results give cause for concern, you will be asked to make an appointment with your doctor.

1. Do you agree to us passing the test results to your doctor?

₁ Agreed ₂ Not Agreed

Part of your blood sample will be frozen and kept for special scientific studies of factors affecting heart disease risk, which may help us to understand how to prevent heart disease in the future. Among the factors we may need to study will be the way in which genetic factors affect heart disease risk.

2. Would you allow us to use your sample in this way?

₁ Agreed ₂ Not Agreed

Following the future health of all the men taking part remains a very important part of the study. However, because of new data protection laws, we are only able to continue to do this if you give us **specific written permission**.

In order to update your health record effectively, we need to obtain routine information from your family doctor and, where appropriate, from hospitals and several National Health Service agencies listed below*. We are particularly concerned to know about illnesses of the heart and circulation, diabetes, cancer and other disabling conditions. Even if you do not have any of these conditions, the review of your medical records is of very great importance to us. The information we obtain is kept securely and is only seen by members of our small research team.

3. Do you agree to us following your future health through your health records?

₁ Agreed ₂ Not Agreed

I agree to allow the Research Team to continue to study my health in accordance with the criteria above. I understand that any details recorded will be treated in complete confidence.

Signed: _____

Print name: _____

Date: _____

*The agencies related to the National Health Service are:-

- the NHS Information Centre
- the General Register Office
- the National Cancer Intelligence Centre
- the Primary Care Patient Registration Service

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<http://www.ucl.ac.uk/pcph/research/brhs>