

BRHS Cohort: Overview of measurements collected through physical examinations

	1978-80 Baseline	1998-2000 20 year Survey	2010-2012 30 year Survey	2018-2019 40 year Survey
Height	x	x	x	x
Weight	x	x	x	x
Arm circumference		x	x	x
Tricep skinfold		x	x	x
Subscapular skinfold		x	x	x
Waist Circumference		x	x	x
Hip Circumference		x	x	x
Calf Circumference				x
Ankle Oedema		x	x	
Leg Pulses - Dorsalis Pedis		x		
Leg Pulses - Post Tibial		x		
Lung Function	x	x	x	x
Ethnicity		x	x	x
Blood Pressure (BP)	x	x	x	x
- Seated BP	x	x	x	x
- Standing BP		x	x	
- Pulse Rate	x	x	x	x
Gait Speed			x	x
Chair Rises			x	x
Grip Strength			x	x
Bioimpedance		x	x	
- Bodystat		x	x	
- Tanita Body composition analyzer			x	x
Electrocardiogram (ECG)	x	x	x	
Dental assessments			x	x
Vascular ultrasound			x	
- Carotid intima-media thickness (CIMT)			x	
- Carotid distensibility (CD)			x	
- Carotid-femoral pulse wave velocity (PWV)			x	
- Pulse wave analysis (PWA)			x	
- Ankle-brachial pressure index			x	
Bloods sample	x	x	x	x
- Blood group	x			
- Genetic material (blood sample)		x	x	x
- Metabolites (blood sample)		x		
- Blood Biomarkers	x	x	x	x
Cognitive Assessment - Test Your Memory			x	x
Bortner Score	x			