

## Year 2 PPICC

### **Guide for GP and Community Pharmacy Tutors on reflective debriefing exercise with students**

We have provided this guide for you in the hope that it is helpful in guiding and structuring your debrief with students at the end of the placement.

At the end of the session, please allow 30-45 minutes (depending on student numbers) to go through what the students have learned from their experiences during this placement.

The topics the students could focus on at the debrief are:

#### Communication

Attempt to elicit from the student pair some self-evaluation around their communication today – in particular what outcomes they noticed from different communication approaches. They have had sessions about communication at the Medical School, including learning about active listening, open/closed questioning, power of silences etc.

#### Living with long-term conditions or disabilities

Ask the students what they learnt about how living with long term conditions or disability has impacted on the patients' lives, including coming to terms with their condition, adapting to accommodate their condition and the impact of stigma or discrimination they may have faced. Ascertain what the students have discovered about how health care professionals have been involved in caring and supporting these people, or what or what personal support and community services they've used to help them along the way.

#### General Practice/Community Pharmacy

Try to enable the student to consider what they have learned about general practice/community pharmacy and about primary care today.

Below is a copy of the worksheet students have been given to help them structure their reflections.

**Year 2 PPICC  
Worksheet for GP Placement**

**Reflections on Meeting a Patient**

Use the following questions as a guide to consider how the conversation between you, your partner and the patient you met went today.

Use this worksheet to make notes – either straight after your patient meeting, to help you crystallise your learning and participate during the debrief with your tutor, or after the session when you are reflecting on your experiences.

Communication

1. How effective did you think your communication was?
2. Which aspects of communication that you've learnt about in CPP sessions were you able to use?
3. What aspects of communication went well for you and what outcomes did you notice?
4. What would you like to try in the future?
5. What about being with a partner helped or hindered your ability to communicate today?

Content

1. What about your patient's attitude to living with or management of their long term condition or disability surprised or intrigued you today?
2. How have primary care and community services impacted on your patient's life? Have they helped or hindered (or both)?
3. What, following this conversation, have you been motivated to go away and read up about once you are back at the Medical School?

**Learning about General Practice or Community Pharmacy**

1. What have you learnt today about general practice/community pharmacy and primary care that you didn't know before? Do you have further questions about the services provided?  
Notes for discussion with GP or Pharmacy Tutor: