Women’s Health Workshop A Overview – Tutor’s Guide

Workshop Overview
This is one of two one-day workshops, which takes place nine times throughout the year. Each workshop will be delivered to 40 students as 2 groups of 20. They will do obstetrics stations in the morning and swap at lunchtime to do gynaecology stations in the afternoon, or vice versa.

Workshop Timetable
Each workshop is 2.5hrs long (10:00-12:30 & 1:30-4:00) and runs as a circuit for students to rotate around in smaller groups. Students are given 20mins per station.

Each workshop has the following format:

- **Introduction** - 10mins – Brief session intro, explain rotational nature
  - ***
- **3 x 20 min small group exercises (students divided into 5 groups of 4 to rotate around activities)**
  - ***
- **15min coffee break**
  - ***
- **2 x 20 min small group exercises**
  - ***
- **Summary** - 15mins
  - ***

**Evaluation** - 5mins – Please encourage students to complete feedback forms so that we can enhance the quality of teaching in future sessions.

You will be able to rotate around the groups and support them in their activities.

**Introduction**
A 10min briefing is suggested once enough students are present (it can be disruptive if too many turn up once you’ve allocated small groups and started on role plays etc).

Orientate them to the session:
- An interactive session based on small-group work designed to involve all the students and get them to practice being in the role of a doctor in primary care.
- Topics covered are common and/or important ones which can present in primary care, and the session is designed to give all students exposure to these in addition to their 1 day in GP during the hospital O+G/Breast placement.
- **IT IS NOT OSCE PRACTICE!** Some stations include questions and answers or mark sheets, but these haven’t been designed specifically for year 5 exams and should not be taken as a benchmark to assess whether they would pass- the answers are to help them solve problems in the group rather than relying on the tutor to ‘teach’ them.
- One or two tutors will be present in each room to answer any queries/supplement information if needed- please make it clear to them if you need help with your station.
- It is worth running through each station (1-5) to explain what the task is, as they often don’t read the notes properly.
- Confirm session timings- allow at least 30mins for lunch, students may not want other breaks.

**Housekeeping:**
- Any fire alarms, fire exit location
- Mobile phones on silent but can use to look up information if needed
- Respect peers and provide constructive feedback to the doctor in role plays
- The resources are attached together with treasury tags to make it clear the order of the tasks, but they can be taken apart.
There are marker pens to tick off the OSCE type mark sheets so that you can provide feedback for the doctor.
Leave each station clean and tidy for the next group

**Debrief at end:**

- It is well-received if each tutor goes round the tables at the end to recap the scenario, key learning points (or get the students to volunteer these) and any common difficulties/queries that came up.
- Hand-out will be uploaded onto Moodle at end of the year. It doesn’t contain mark sheets (deliberately).
- Feedback- hand out forms or collect verbally, to help update the course (not included in any other online feedback for this module so important we collect ourselves)

**Current Activities**

**Gynaecology workshop**
1. STI/IMB role play
2. Contraception
3. Smear test and abnormal smear result – Practical station with photos so all 4 students in group should take a turn
4. HRT case study
5. Urinary incontinence role play with an actress

**Obstetrics workshop**
1. Breast station – Role play, breast model examination, and case discussions
2. Palpating gravid abdomen model + Antenatal screening role play
3. Infertility (couple) case written scenario- with answer sheets
4. Miscarriage/Termination of pregnancy role play with an actress
5. Pre-eclampsia role play station

If you have any ideas for other teaching activities we always welcome new resources.

Types of activity:

- Results interpretation
- Role plays
- Practical/OSCE type station- most popular with students
- Using common equipment
- Case studies
- Prescribing

**WORKSHOPS SET UP**

**EQUIPMENT**
Below is a list of the equipment required for each workshop in its current format. Some of the materials are already in the big plastic boxes in Sophie’s Office.
Ola photocopies the drugs charts/FP10, feedback forms and sign-in sheets.
There are printed laminated in the big plastic boxes but all resources are also in the S drive – Pop health – PCPH teaching – year 5 – women’s health – 2017-2018 - women's health workshop – women’s health workshop resources.
MODELS
Currently using 1x gravid abdomen with pinard and measuring tape
1x pelvic model for smears/PV examination
1x Breast model for examination

These are from the clinical skills centre (CSC).
Contacts on S Drive under Room and Tutor bookings.
Currently:
Bloomsbury Site- Deirdre Wallace Deirdre.wallace@ucl.ac.uk (assistant Khalil Rawat k.rawat@ucl.ac.uk)
Royal Free Clinical Skills Centre: Catherine Phillips Catherine.phillips@ucl.ac.uk (assistant Nadir)

For sessions in PCPH Seminar rooms, you will need to collect the models from the Royal Free CSC the day or week before.

ROOM LAYOUT
The rooms will be laid out in a workshop format – 5 tables with 4 chairs around.
Arrive at 9am to give chance to prepare prior to the students’ arrival.

Rooms will need to be returned to normal after the workshops.

EQUIPMENT REQUIRED FOR THE DAY BY STATION CHECK LIST

<table>
<thead>
<tr>
<th>GYNAECOLOGY</th>
<th>OBSTETRICS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1. STI check/IMB</strong></td>
<td><strong>6. Breast</strong></td>
</tr>
<tr>
<td>2 x HVS</td>
<td>1 x Breast Model</td>
</tr>
<tr>
<td>2 x urine pots</td>
<td></td>
</tr>
<tr>
<td>2 x vulvovaginal swabs] – IN PACK</td>
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</tr>
<tr>
<td>White board marker &amp; cloth</td>
<td></td>
</tr>
<tr>
<td><strong>2. Menopause</strong></td>
<td><strong>7. Gravid Abdomen/Antenatal</strong></td>
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<tr>
<td>Nil extra</td>
<td>2 x obstetric models</td>
</tr>
<tr>
<td></td>
<td>1 x pinard</td>
</tr>
<tr>
<td></td>
<td>1 x tape measure</td>
</tr>
<tr>
<td></td>
<td>White board marker &amp; cloth</td>
</tr>
<tr>
<td><strong>3. 8.Contraception</strong></td>
<td><strong>8. TOP</strong></td>
</tr>
<tr>
<td>BNF x 2</td>
<td>(+Actor; 5 chairs)</td>
</tr>
<tr>
<td>40 x FP10 (photocopy)</td>
<td>40 x TOP form (photocopy)- don’t tend to need</td>
</tr>
<tr>
<td>[Example contraception]– IN PACK</td>
<td>White board marker &amp; cloth</td>
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<tr>
<td>White board marker &amp; cloth</td>
<td></td>
</tr>
<tr>
<td>(+Actor; 5 chairs)</td>
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<tr>
<td>White board marker &amp; cloth</td>
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</tr>
<tr>
<td>BNF x 1</td>
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<tr>
<td><strong>4. Urinary incontinence</strong></td>
<td><strong>9. Pre-eclampsia</strong></td>
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<td></td>
<td>White board marker &amp; cloth</td>
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<tr>
<td><strong>5. Smear testing</strong></td>
<td><strong>10. Infertility</strong></td>
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<tr>
<td>[2 x pelvic models</td>
<td>Nil extra needed</td>
</tr>
<tr>
<td>3 x thin prep</td>
<td></td>
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<tr>
<td>6 x brushes</td>
<td></td>
</tr>
<tr>
<td>2 x speculum] – IN PACK</td>
<td></td>
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<tr>
<td>White board marker &amp; cloth</td>
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