

## Year 1 PPICC

### Guide for GP and Community Pharmacy Tutors on reflective debriefing exercise with students

Previously, we asked that you schedule in 20-30 minutes for students to prepare a presentation to give to you in the debrief session at the end of the placement. Following student feedback, we now suggest that this time is used instead for sitting in with you, another GP/pharmacist or practice nurse, that they don't prepare a formal presentation and the debrief is more of an informal conversation. You may find the notes below useful in guiding and structuring the debrief.

At the end of the session, please allow 30-45 minutes (depending on student numbers) to go through what the students have learned from their experiences during this placement.

The topics the students could focus on in the debrief are:

#### Communication

Attempt to elicit from the student pair some self-evaluation around their communication today – in particular what outcomes they noticed from different communication approaches. They have had sessions about communication at the Medical School, including learning about active listening, open/closed questioning, power of silences etc.

#### Patient Conversation/Context

Try to get the students to focus on the individual's approach to their health or illness, how it has impacted on their life and what factors might have influenced that, for example: up-bringing, socio-economic background, support network, culture/religion etc. They should also have asked about the patient's experiences of using health and social care or support services and whether the patient had any advice for them about being a doctor.

#### General Practice/Community Pharmacy

Try to enable the student to consider what they have learned about general practice/community pharmacy and about primary care today.

Below is a copy of the worksheet students have been given to help them structure their reflections.

**Year 1 & 2 PPICC**  
**Worksheet for GP or Community Pharmacy Placement**

**Reflections on Meeting a Patient**

Use the following questions as a guide to consider how the conversation between you, your partner and the patient you met went today.

Use this worksheet to make notes – either straight after your patient meeting, to help you crystallise your learning and participate during the debrief with your GP or Pharmacy tutor, or after the session when you are reflecting on your experiences.

Communication

1. How effective did you think your communication was?
2. Which aspects of communication that you've learnt about in CPP sessions were you able to use?
3. What aspects of communication went well for you and what outcomes did you notice?
4. What would you like to try in the future?
5. What about being with a partner helped or hindered your ability to communicate today?

Content

1. What about your patient's attitude to living with or management of their own health or illness surprised or intrigued you today?
2. How have primary care and community services impacted on your patient's life? Have they helped or hindered (or both)?
3. What, following this conversation, have you been motivated to go away and read up about once you are back at the Medical School?

**Learning about General Practice or Community Pharmacy**

1. What have you learnt today about general practice/community pharmacy and primary care that you didn't know before? Do you have further questions about the services provided?  
Notes for discussion with GP Tutor or Pharmacy Tutor: