

Key references for the Adolescent Food Habits Checklist

Anderson AS, Macintyre S, West P (1993): Adolescent meal patterns: Grazing habits in the west of Scotland. *Health Bull (Edinb)* **51** 158-165

Anderson AS, McIntyre S, West P (1994): Dietary patterns among adolescents in the west of Scotland. *Br J Nutr* **71** 111-122

Johansson L, Thelle DS, Solvoll K, Bjorneboe GE, Drevon CA (1999): Healthy dietary habits in relation to social determinants and lifestyle factors. *Br J Nutr* **81** 211-220

Kristal AR, Shattuck AL, and Henry HJ (1990): Patterns of dietary behavior associated with selecting diets low in fat: reliability and validity of a behavioural approach to dietary assessment. *J Am Diet Assoc* **90** 214-220

Margetts BM, Thompson RL, Speller V, McVey D (1998): Factors which influence 'healthy' eating patterns: results from the 1993 Health Education Authority health and lifestyle survey in England. *Public Health Nutr* **1** 193-198

Neumark-Sztainer D, Story M, Resnick MD, Blum RW (1998): Lessons learned about adolescent nutrition from the Minnesota Adolescent Health Survey. *J Am Diet Assoc* **98** 1449-1456

Nichter M, Ritenbaugh C, Nichter M, Vuckovic N, Aickin M (1995): Dieting and watching behaviours among adolescent females: Report of a multimethod study. *J Adolesc Health* **17** 153-162

Prescott-Clarke P and Primatesta P (1998): *Health Survey for England: The Health of Young People 1995-1997*. London: The Stationery Office

Roe L, Strong C, Whiteside C, Neil A, Mant D (1994): Dietary assessment in primary care: validity of the DINE method for dietary assessment. *Fam pract* **11** 375-381

Van Strien T, Frijters JE, Bergers GP, Defares PB (1986): The Dutch Eating Behaviour Questionnaire (DEBQ) for assessment of restrained, emotional and external eating behaviour. *Int J Eat Disord* **5** 295-315

Wardle J, Griffith J, Johnson F, Rapoport L (2000): Intentional weight control and food choice habits in a national representative sample of adults in the UK. *Int J Obes Relat Metab Disord* **24** 534-540

Wardle J, Parmenter K, Waller J (2000): Nutrition knowledge and food intake. *Appetite* **34** 269-275

Wardle J, Steptoe A, Bellisle F, Davou B, Reschke K, Lappalainen R, Fredrikson M (1997): Healthy Dietary practices among European students. *Health Psychol* **16** 443-450