

EVENT REPORT: COACHING HANDBOOK LAUNCH



Speaker Michael Carroll pictured with members of the DWOP Coaching Group

On Saturday 1 October a group of DWOP Coaching Psychology Group members and other participants gathered in the PSI Headquarters training room to launch the first handbook for coaching supervision. The handbook *Self-Directed Programme for Peer Supervision and Group Supervision in Coaching Practice* outlines the core competencies required for successful coaching supervision and highlights the role of supervisor and supervisee.

The morning commenced with welcome and introduction from the CEO of the PSI, Terri Morrissey and Joan Tiernan the Chair of the DWOP Coaching Psychology Group. Terri welcomed the publication as a significant contribution to knowledge about practice and hoped that the Handbook would be followed by other publications from the PSI members. Joan spoke about the work of the group who had produced the Handbook and the importance of supervision in practice.

This was followed by a talk from Michael Carroll, the well-respected authority on coaching supervision. He dealt with the need for self-reflection in coaching; challenging one's assumption and expectations as a supervisor and a supervisee and coach. The ability to question our own belief systems preferences, expectation, prejudices, attitudes and pre-dispositions and how these might interfere in the client coach relationship is critical to successful coaching practice. Michael challenged the participants to review their own expectation in small groups.

Michel also referred to the nature of fundamentalist thinking. By this he meant having strong beliefs that what we think and feel is the only and right way. It precludes openness to other perspectives and views. This fundamentalist thinking, he challenged the audience, is also prevalent among psychologists where specialisms and groups can be pitted against one another. This kind of thinking he believed is dangerous and can impede progress and the development of best practice, where diverse approaches add to the richness of the whole.

the Handbook, spoke about the need for more such publications from the Society and praised the contributors for their excellent production.

The DWOP Coaching Psychology Group are to be congratulated for the time and effort they have put into producing the Handbook. I hope that there will be many more such publications from other groups in the Society over the coming years so we can add the PSI voice to the body of knowledge and practice we implicitly share.

Terri Morrissey
PSI CEO



PSI CEO Terri Morrissey (left) pictured with Michael Carroll at the launch