

Investigating the Evidence Base of Social Stories

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Abstract

Social stories were developed in order to support individuals with autism to better cope with social situations, an area of particular difficulty for this population. Despite its growing popularity, there is limited research evidence on the effectiveness of this approach. A review of research on social stories undertaken between 1994 and 2004 was carried out and the strengths and limitations of these studies discussed. Conclusions are drawn about ways in which future research might further develop the evidence base for the approach and about the confidence with which educational psychologists (EPs) can at present recommend this intervention.