



## Advanced Management of Tinnitus and Hyperacusis 12<sup>th</sup> - 14<sup>th</sup> February 2025

### Day 1: Wednesday 12<sup>th</sup> February 2025

Time	Topic	Speaker/ facilitator
9.45 am	<i>Welcome &amp; introduction</i>	Lucy Handscomb
10.00 am	A brief history of tinnitus	Laurence McKenna
10.30 am	Anatomy and physiology relevant to tinnitus & hyperacusis	Jennifer Linden
11.00am	A cognitive behavioural model of tinnitus distress	Lucy Handscomb
11.30 am	<i>Break</i>	
12.00 pm	Psychological management of tinnitus	Laurence McKenna
12.40 pm	CBT in the audiology clinic	Eldre Beukes
1.00 pm	<i>Lunch</i>	
1.45 pm	Reduced sound tolerance	Magda Margol-Gromada
2.15pm	Introduction to misophonia	Jane Gregory
2.30 pm - 4.30 pm	<i>Interactive workshops- choose two</i>	Eldre Beukes, Magda Margol-Gromada, Liz Busari

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#### Day 2: Thursday 13<sup>th</sup> February 2025

Time	Topic	Speaker/ facilitator
9.20 am	<i>Welcome</i>	Lucy Handscomb
9.30 am	Medical assessment of tinnitus	Raj Nandi
10.00 am	Choosing & using questionnaires for tinnitus & hyperacusis	Kathryn Fackrell
10.30 am	Online support for tinnitus	Lucy Handscomb
11.00 am	<i>Break</i>	
11.30 am	Online support for hyperacusis	Kathryn Fackrell
12.00 pm	Brain mechanisms behind tinnitus	Will Sedley
12.40 pm	<i>Lunch</i>	
1.30 pm	Tinnitus acceptance	Florian Vogt
2.00	Support from Tinnitus UK	Alex Brookes-Johnson
2.20 pm - 4.20 pm	<i>Interactive workshops- choose 2</i>	Florian Vogt, Lucy Handscomb



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### Day 3: Friday 14<sup>th</sup> February 2025

Time	Topic	Speaker/ facilitator
9.20 am	<i>Welcome</i>	Lucy Partridge
9.30 am	Tinnitus assessment & management in young people	Lucy Partridge and Veronica Kennedy
10.15 am	Hyperacusis assessment & management in young people	Veronica Kennedy
11.00 am	<i>Break</i>	
11.15 am	Misophonia assessment & management in young people	Hannah Howes
11.45 am	Working with young people with autism, tinnitus hyperacusis & misophonia	Zara Jay
12.15 pm	Q & A with panel	All
12.30 pm	<i>Lunch</i>	
1.20 pm- 3.20pm	<i>Interactive workshops- choose two</i>	Lucy Partridge Hannah Howes Zara Jay
3.30 pm	<i>Finish</i>	