

Advanced Management of Tinnitus and Hyperacusis

14th - 16th February 2024

Day 1: Wednesday 14th February 2024

Time	Topic	Speaker/facilitator
9.45 am	<i>Welcome</i>	Lucy Handscomb & Magda Margol-Gromada
10.00 am	Introduction to tinnitus	Derek Hoare
10.30 am	Introduction to hyperacusis	Kathryn Fackrell
11.00 am	Anatomy and physiology relevant to tinnitus & hyperacusis	Jen Linden
11.30 am	<i>Break</i>	
11.30 am	When tinnitus & hyperacusis come together	Magda Margol-Gromada
12.00 pm	What makes tinnitus a problem?	Lucy Handscomb
12.30 pm	A cognitive behavioural approach to tinnitus management	Laurence McKenna
1.00 pm	<i>Lunch</i>	
1.45 pm	CBT for non-psychologists	Eldre Beukes
2.30-4pm	Interactive workshops (small groups)	
4:00 pm	<i>Finish</i>	



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Day 2: Thursday 15th February 2024

Time	Topic	Speaker/facilitator
9.30 am	<i>Welcome</i>	Lucy Handscomb & Magda Margol-Gromada
9.45 am	Medical assessment of tinnitus	Raj Nandi
10.15 am	Choosing and using questionnaires for tinnitus & hyperacusis	Magda Margol-Gromada
10.45 am	<i>Break</i>	
11.15 am	Hearing aids and sound generators	Magdalena Sereda
11.45 am	Overview of online interventions for tinnitus	Lucy Handscomb
12.15 am	Transcranial direct current stimulation	Magdalena Sereda
12:45 pm	<i>Lunch</i>	
1:30 pm	Understanding misophonia	Jane Gregory
2.00-4.00pm	Interactive workshops (small groups)	
4.00 pm	<i>Finish</i>	