Through the UCL Alumni Online Community (https://uclalumnicommunity.org/), students and recent graduates can contact Alumni Mentors to gain insight into the realities of working in specific professions. Alumni Mentors provide informal guidance about certain jobs, sectors and professions based on their own experiences in that career field. Many also look over CVs and offer interview advice.

**Why Become a Careers Mentor?**

Signing up to become an Alumni Mentor enables you to share your professional experiences, personal insights and employability advice with mentees, giving them a greater understanding of career journeys, professional opportunities and employer expectations.

Being involved in mentoring also gives you and your organisation the opportunity to:

- Advise those interested in your field of expertise
- Develop mentoring and coaching skills for future people management
- Gain satisfaction from helping motivated students and fellow alumni to increase their confidence and progress with their careers
- Promote your sector and profession directly to students and alumni

**What Does Being a Mentor Involve?**

By registering to be an Alumni Mentor you are agreeing to be contacted by other UCL alumni and current UCL students for the purpose of being a professional resource. This will often be just a one-off discussion, but it could be for a longer period. It is your responsibility to agree the duration with the mentee.

Identifying and securing jobs is not a normal expectation in the mentoring relationship.

Full guidance on setting expectations and goals, including question banks, can be found in the Mentoring Handbook which is included in your volunteer toolkit.

**How to Access the System**

Alumni can access the system and opt to become a mentor through registering for the UCL Alumni Online Community at www.ucl.ac.uk/alumni – you’ll then be given guidance on how to access the mentoring platform.

You’ll need your alumni number, which is displayed at the top of alumni emails. Please contact alumni@ucl.ac.uk if you do not know yours.

Students can only access the mentor part of the site and simply need to register at https://uclalumnicommunity.org.

**Further Guidance**

The Alumni Relations team is here to help, whether it be a question about the mentoring platform or mentoring in general. Contact us on alumni@ucl.ac.uk.