Developing citizenship among urban youth in conflict with the law

A paper commissioned by the Safer Cities Programme of UN-HABITAT, compiled by Margaret Shaw and Lullu Tschiwula

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SUMMARY: This paper summarizes the outcome of an international conference on addressing the issue of urban youth in conflict with the law in Africa. It discusses the most effective responses to youth crime and violence which centre on prevention and inclusion (especially of youth in government) rather than exclusion, punishment and incarceration. It also highlights the key role for local governments in developing effective local responses that draw in and support all key local actors (parents, schools, police, businesses).

I. INTRODUCTION

EVERY COUNTRY IN the world is concerned with the safety and well-being of its children and young people. They represent our future and our potential, but are also extremely vulnerable. Young people are more likely to be victimized and are more frequently involved in delinquent behaviour and breaking the law than all other age groups in society. Not every child becomes involved in delinquent behaviour but it is a rite of passage for many. The majority outgrow it, but for some it is the beginning of a longer and more serious career. This article is the outcome of an international conference held in Port Elizabeth, South Africa, in June 2002 to address the issue of urban youth in conflict with the law in Africa.

II. BACKGROUND

SOCIAL AND ECONOMIC changes in many countries over the past two decades, as well as civil wars and health problems, have had a marked impact on the lives of children and youth. There is growing youth unemployment, changes in family patterns, increasing income disparities between wealthy and poor, increasing migration and immigration, the recruitment of child soldiers, the impact of AIDS and HIV, and the virtual exclusion of sections of populations living in inner cities or poor rural areas from the increased prosperity experienced by others.

In the past ten years, countries in the South, especially in urban areas, have experienced significant increases in population, in crime and in prison populations.(1) There have been large increases in the numbers of street children, in the incidence of youth gangs, in alcohol and drug use, in truancy and school dropout rates, and in physical and sexual violence by and
towards children and young people. This is in contrast to trends over the same period in many countries in the North, where levels of crime by young people began to decline from the mid-1990s. There is no universal agreement on the causes of the escalating youth crime and violence in the South, but inequality and social exclusion have been identified as two of the most significant factors. Offending and victimization among young people are often highly predictable and closely linked, the outcome of a variety of circumstances and experiences in the lives of children and young people which can lead to serious consequences as they grow up.

Three terms are commonly used to distinguish between three groups of young people: young offenders are those already subject to the criminal justice system, having been found guilty and sentenced; youth in conflict with the law, a broader term, includes those known to the justice system but not prosecuted, those reported to the police, and those charged with offences and found guilty; and youth at risk, those children and young people whose circumstances, lifestyle and/or behaviour puts them at risk of offending in the future. All three groups could include street children, those in youth gangs and those who drop out of school or become truant. The focus of the Port Elizabeth conference was on the complementary role that local government and community institutions and organizations can play in assisting each of these groups of young people, but especially those at risk and in conflict with the law, and in preventing a deterioration of behaviour and future offending and social problems.

This article highlights some global trends and specific developments in preventive programmes and strategies targeting young people in conflict with the law or at risk.

• Internationally, there is a developing consensus on giving greater priority to investing in and supporting young people and their families through preventive approaches rather than excluding, punishing or incarcerating them.

• A growing number of countries now have national strategies, which include the development of preventive programmes for children and young people. These place considerable emphasis on the development of partnerships at the local and community level to plan, implement and evaluate programmes. There is growing evidence internationally of the cost-effectiveness and cost-benefits of preventive approaches for young people.

• The circumstances which place young people at risk either as victims or as offenders, or which exclude them from mainstream society, are now widely recognized and appear to be similar across both North and South. These include the links between poverty, physical and mental ill-health, parental and educational problems, and offending and victimization among young people. These are also points for intervention and protection.

• More programmes now attempt to take account of gender and diversity – of the different needs and experiences of girls, boys, young women and young men, and those who belong to minority groups in their society.

• Approaches which recognize young peoples’ rights to public space and which include young people themselves in the planning and delivery of programmes have become much more prominent.

• Prevention practices which are grounded in restorative approaches have multiplied, and there is an increased understanding of their potential for dealing with youth victimization, offending and re-offending. (2)

But other trends should also be acknowledged. The past ten years have seen some extreme attempts to deal with increasing youth crime, some with serious and costly side-effects. Some countries, faced with what
seems to be increasing incidents of violent crime involving young people, have responded to public and media calls for increasing security and deterrent measures, with tougher responses and zero-tolerance policies. This article considers alternative responses, and is concerned with the long- and the short-term benefits of investing in young people and developing programmes which help to build safe and healthy communities for all citizens.

III. VICTIMS AND OFFENDERS

YOUNG PEOPLE TEND to victimize others who are known to them, whether through violence or property offences. The majority of their victims are other young people, their age or younger, living in the same communities, attending the same schools and, less often, adults, businesses or shops.

Young offenders have often been victimized themselves in childhood and begin to victimize others as they grow older. Sometimes, their offending behaviour places them in much riskier situations, which invite victimization. The behaviours and circumstances that lead to law-breaking are often similar to those leading to victimization. Those who are isolated or excluded may turn to bullying or offending in order to survive on the street. Levels of family violence among the young homeless are usually high, and are the major reason for leaving home.

IV. RISK FACTORS FOR YOUTH OFFENDING

YOUTH AT RISK are a distinctly separate group from those already in conflict with the law. McWhirter and others define the concept of “at risk” as “…a set of presumed cause-and-effect dynamics that place the child or adolescent in danger of negative future events…. at risk designates a situation that is not necessarily current, but that can be anticipated in the absence of intervention.”

There is now widespread agreement in the North and the South on factors that place children and young people at risk of offending. In South Africa, for example, the following risk factors for violence in schools have been identified:

- poverty, poor environment;
- harsh, erratic parenting;
- poor supervision;
- early aggressive behaviour;
- parental conflict, family violence;
- lack of facilities or jobs; and
- poor schooling, truancy, exclusion.

Accumulated experience demonstrates that when good programmes are targeted at children, families or areas most at risk, there is a reduction in crime as well as other social problems. There is also excellent evidence of the cost-effectiveness of such approaches.

V. TRENDS IN YOUTH CRIME

THERE IS A dearth of reliable data on youth offences in Africa. Africa needs to share information, to learn from the experiences of others and
make maximum use of limited resources. It is clear, however, that in Africa, as elsewhere in the global village, crime rates are invariably linked to the age structure of a population. In Namibia, for example, almost half of the population is aged under 15; in South Africa, 44 per cent of the population is aged under 20. Countries in Africa have poverty in common, with its cumulative problems which exacerbate youth risk factors. Some countries also experience other problems, for example, the problem of child soldiers who can be seen both as victims and as youth at risk of serious offences. There are cases where children are drugged, brutalized and threatened with physical abuse or death if they fail to comply with orders to commit atrocities, sometimes even victimizing other children.

A central feature of African legal systems has been a concern to shame the offender and then reincorporate him/her once the initial expression of community repugnance has been demonstrated. Traditional African courts tended to avoid as far as possible the segregation of the offender or marginalization of him/her into a sub-community of similar social rejects. These principles are compatible with the approach of restorative justice, with its focus on the protection of the innocent and a restoration of balance rather than the punishment of the guilty. The concept of restorative justice gives a new name and structure to the traditional African concept of ubuntu, which recognizes the connections of all people and the importance of relationships and of building communities.

It should be noted, however, that responses to how children are adjudicated differs from country to country, depending on governments and the extent to which they adhere to the ideals of democracy. What is noteworthy is the universal reference point of the Convention on the Rights of the Child (CRC), ratified by all African countries except Somalia. Some countries have also ratified the African Charter on the Rights and Welfare of the Child, and adhere to other guidelines such as the Beijing and Riyadh rules.

VI. RESPONSES TO YOUTH CRIME

SOME AFRICAN COUNTRIES have responded to youth crime by changing their youth justice systems to be compatible with the CRC and the other related instruments. Examples include:

Uganda, which has brought aspects of restorative justice and a greater emphasis on the welfare of the child into the “normal” justice system:
- a child statute is in force for two years;
- family and children’s courts have been gazetted and spread through the courts; and rules of conduct for these courts have been enacted and made available to all courts and probation and welfare officers;
- the establishment of court users’ groups in some districts has improved coordination and has contributed to a reduction in the number of children in remand;
- probation and welfare officers have been recruited as key players in districts where they do not exist;
- a legal aid clinic has opened at the Law Development Centre in Kampala;
- the children’s statute has been simplified in English and translated into six major languages, and training guides have been prepared.

Malawi, which has built on the work undertaken by government, NGOs and development partners:
- the least possible use of police and prison custody for children and...
youth is recommended;
• community-based measures such as prevention, diversion, non-custodial and restorative justice are encouraged as the most effective ways of dealing with children in conflict with the law;\(^{(12)}\)

**Namibia**, which has put forward a model for reform which includes:
• strategies for minimizing the risk of children committing crime and coming into contact with the law;
• a child friendly service delivery system, including legal representation and welfare services and a move to non-custodial sentencing;
• specialized training for magistrates, prosecutors, police officers, social workers, life skills facilitators and prison officers to build capacity and foster professionalism;
• a monitoring structure to enforce accountability;
• policy and legislation to complement practice;
• research on juvenile justice issues for planning purposes.\(^{(13)}\)

**VII. TARGETING YOUTH AT RISK – THE SOUTH AFRICAN MODEL**

AS A RESULT of ratifying the Convention on the Rights of the Child (CRC) in 1995, South Africa was obliged to establish laws, procedures, authorities and institutions specifically applicable to children in conflict with the law.\(^{(14)}\) The country embarked on a journey of re-evaluating approaches to youth and the law, and international trends were examined to find examples appropriate to a South African context. South Africa has learnt from the experiences and processes of countries like New Zealand, Scotland and Canada, and has also looked at indigenous customs and “legal” practices of the African people.

An aspect that seems to be lagging behind at this time is the move from a reactive to a more proactive approach to justice. At present, a lot of energy is spent reacting to criminal acts and those who perpetrate them instead of controlling the rate of crime through prevention. In many ways, communities seem to be “looking the other way” while individuals’ lives become more and more out of control, or “at risk”, and then reacting with justice once these people have clashed with the law. One question has been whether resources should be allocated to dealing with youth at risk at the same level as resources given to dealing with youth offenders.

The Inter-Ministerial Committee (IMC) on Young People at Risk was set up by the government of South Africa to deal with policy in the field of child and youth care, including the management of children in conflict with the law. The IMC set up a number of pilot projects, including the One-Stop Centre, later to become the successful model, Stepping Stones One-Stop Youth Justice Centre, in Port Elizabeth.

In 1996, South Africa also responded with a National Crime Prevention Strategy (NCPS), a coordinated effort between the departments of Correctional Services, Defence, Intelligence, Justice, Safety, and Security and Welfare. The NCPS consists of four pillars:
• the criminal justice process;
• community values and education;
• environmental design; and
• transnational crime.

Two examples of attention to youth fall under the headings of criminal justice process and community values and education, as follows.
Diversion programmes are an option given to youth offenders, who can be diverted away from the criminal justice system, provided they are prepared to take responsibility for what they have done. These programmes were initiated by an NGO, the National Institute for Crime Prevention and the Reintegration of Offenders (NICRO), in 1992, and are supervised and conducted by qualified social workers employed by NICRO. As an alternative to regular court procedures and sentencing, young offenders are given a second chance. A variety of methods is used, including life skills programmes, family group conferences, victim–offender mediation, community service and (for selected groups who are particularly vulnerable to re-offend) “The Journey”. This is an adventure camp where diversion workers and youth offenders spend time together in challenging outdoor activities. The aim is to model appropriate behaviour for youth, teach them additional life skills and show them the benefits of teamwork and a sense of community.\(^{15}\)

A national school safety project is the result of government concern to address issues that impact negatively on teaching and learning in schools. These include reducing firearm violence, substance abuse, sexual violence, child abuse and preventing HIV/AIDS.

VIII. WHAT ARE THE PROBLEMS, WHAT ARE THE PRIORITIES?

CHILDREN AND YOUNG people in Africa, along with their national and local governments, are faced with enormous challenges. Working groups at the Port Elizabeth conference provided an opportunity for all participants to consider these challenges and to synthesize different perspectives; these groups included young people. The following group themes were identified as some of the most pressing issues to be tackled:

- street children;
- youth gangs;
- alcohol and drugs;
- young offenders – boys and girls;
- valued citizenship programme; and
- youth in urban governance.

a. Street children

One of the fastest-growing concerns in Africa, street children are those with disrupted or no family ties, who survive in urban areas on the streets. As the report *Street Children and Gangs in African Cities* indicates, they tend to be seen as a nuisance or a menace and are generally excluded and discriminated against.\(^{16}\) They include the following groups:

- children sent out by parents on a daily basis to earn money by whatever means – usually returning home at night;
- children with loose family contact, occasionally returning home to their families;
- children without any family contact, living in temporary shelters and with other street children in gangs; and
- children of street children or adolescents.

Street children often live in slums or deserted or dilapidated areas of the city. They have their own territories and their gangs may specialize in certain crimes – pickpocketing, prostitution, begging. They are themselves

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15. Undated information document published in Cape Town by The National Institute of Crime Prevention and Reintegration of Offenders (NICRO), website: www.nicro.org.za, e-mail: nicro@wn.apc.org

especially vulnerable to victimization.

While short-term assistance (e.g. shelter, food) is sometimes provided by NGOs, dealing with the problem of street children requires a major initiative on the part of local authorities, and not one involving prosecution or punishment. Poverty, squatter settlements and slum conditions all contribute to the problem; better housing, education, health conditions and support for families will all help to prevent their entry into a life of crime. Working directly with street children and developing alternative protection (shelter, food, clothing, education, health, alcohol or drug treatment, counselling and friendship) will help them get off the street and reintegrate into neighbourhoods and family life. Some of the needs of girls and boys will be different – since girls are more likely to be sexually exploited or active and their health risks may be greater.

Both approaches require good national policies, local city plans and protocols, partnerships with businesses and organizations, advocacy and education to sensitize the public. And, most importantly, the children themselves need to be involved. An example of constructive intervention is Undugu, an NGO dealing with street children in Nairobi, Kenya, which has struggled to promote youth activities, mainly in the areas of sports and recreation.\(^{17}\)

b. Youth gangs

Youth gangs are a concern in many countries and cities. Not all are dangerous to others, although they put their members at risk of law breaking. A gang can be seen as a group of young people who form an allegiance for a common purpose. There are many types of gangs, including:

- "wannabes" – a term used in North America for groups of young people, mostly boys, who want to become members of a gang and hang out together;
- social gangs – youths who gather at a typical street corner or landmark as their hangout, by and large engaging in acceptable behaviour but also running errands for older boys who may reward them with cigarettes or dagga and thereby placing them at risk for anti-social behaviours;
- defence gangs – more organized and structured, engaging in unlawful acts such as "taxing" or fighting rival groups; and
- violent gangs, for example prison gangs, mob-like groups which tend to attract youths with conflict orientation (an example in South Africa would be the "26 and 28s", who are responsible for trade and sex in correctional facilities).

A number of programmes have been developed to prevent gang forma-

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<th>Box 1: Risk factors for gang membership</th>
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<td>• Rumours, or more reliable information, that a youngster has not been home for several nights</td>
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<td>• Evidence of increased substance abuse</td>
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<td>• Abrupt changes in behaviour and personality</td>
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<td>• Newly acquired and unexplained wealth, often showered on or shared with peers</td>
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<td>• Requests to borrow money or reliable evidence of borrowing</td>
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<td>• &quot;Hanging around&quot; but no discussion of problems with others</td>
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<td>• Evidence of mental or physical abuse</td>
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<td>• A dress style adopted by only a few: a colour, style or item of clothing, a particular hairstyle and other symbols of identification</td>
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tion, through school-based education programmes, youth clubs or helping young people “get out” of gangs by providing them with alternative supports and activities – inner-city games, training in non-violent conflict resolution, job skills and employment. For serious violent gangs, a number of cities have used community policing and have formed multi-agency task forces to develop a variety of programmes, including detached youth workers, monitoring hot spots to defuse fights, and bringing rival gangs together to mediate problems.

c. Alcohol and drugs

Substance abuse is the most prevalent high-risk activity among young people, and the incidence of substance abuse among the young has been increasing in the South. This, in turn, increases the risk of offending and can result in theft and burglary to finance drug habits. Drug use increases health risks, especially HIV and AIDS. A study by Terblanche et al. in Port Elizabeth high schools indicated a 37 per cent incidence of drug use (N = 2303). This is consistent with a similar study by Flisher in Cape Town high schools, which found a link between substance abuse and violent crime (N = 2779).

There are, however, considerable differences between countries in their attitudes to drugs, their harmfulness and what the law should do about them. A number of countries have adopted harm-reduction approaches to drugs, for instance non-prosecution or legalization of cannabis (e.g. The Netherlands), needle exchanges (e.g. Switzerland) and drug courts emphasizing carefully monitored treatment rather than punishment (e.g. Canada, UK, USA). Cities have also become involved in developing strategies to tackle drug use among young people (e.g. Vancouver, Canada).

Drug and alcohol programmes, detached youth workers, and shelter and education programmes can offer counselling and support to those with serious problems – often young people with poor family supports, who are excluded from urban society. An example is CASCADE, in Solihull, UK, a peer education drug-awareness programme run by and for young people aged 14 to 25. Groups of young people receive training and run workshops and activities in schools, hostels and youth clubs, supported by a hotline, confidential counselling within 48 hours, and parent and professional training.

d. Young offenders and the needs of girls and boys

What can be done to meet the needs of young offenders? Three important ways of preventing greater stigmatization, exclusion and the escalation of offending behaviour include:
• decriminalizing minor offences;
• increasing the use and availability of diversion projects for young first offenders; and
• using community-based sentencing options, including restorative options.

Mentoring programmes for youth in conflict with the law who have dropped out of school are one example of a targeted approach that seems to be effective. The Youth Justice Board (UK) is funding 39 mentoring projects to provide support to young people at risk without stable adult supports. Mentors meet them every week to help with education,
careers, support, advocacy and leisure. In east Lancashire, the project has reduced school exclusions by 33 per cent and offending by 20 per cent, as well as resulting in reductions in substance abuse.

Whilst boys and young men are much more likely to become involved in offending than girls and young women, recent increases in recorded crime by girls, as well as a recognition of the differences in their needs as young women, have led many countries to pay more attention to them. There are some important cultural and social differences in the way girls and boys are brought up by parents and treated by others. These may include:

- more controls over many aspects of girls’ lives;
- differences in how they spend their leisure time and the risks this entails; boys spend more unsupervised time away from adults, and in groups;
- differences in health development, accidents and risk-taking behaviours; boys are more risk-taking and prone to accidents than girls; girls are more prone to self-injury, depression and eating disorders, boys to suicide; girls are more vulnerable to entry into child prostitution;
- differences in the type and extent of physical, emotional and sexual abuse experienced by girls and boys growing up, both within the family and outside;
- differences in the rate at which girls and boys mature as they grow up; this influences their progress at school – boys are more likely to drop out or do poorly academically than girls; and
- young women are much more likely to cease offending as they reach adulthood than are young men.

e. Valued citizenship programme

Educating children and youth at risk, including first offenders, on the values of citizenship is an important way of helping them to find a better place in their society and to recognize the value of their own contribution. One of the key ingredients, increasingly found in a number of countries as well as at this conference, is working with young people themselves:

- including them in the planning, development and implementation of strategies and projects;
- focusing on the strengths and abilities of young people, not solely on their problems or their risky behaviours;
- setting clear objectives and goals; and
- expecting problems, but having strategies for dealing with them.

In Sosjales Joesnits, the Netherlands, some 60 youth advisory centres provide support and advice to 11 to 25-year-olds on housing, employment, substance abuse, social security, etc. They work with the police to target youth at risk, including the homeless, runaways and the unemployed. There is an emphasis on “self-help”; for example, young people must complete a survival skills course before getting hostel acceptance, in order to enhance their self-esteem and decision-making skills.

f. Youth in urban governance

Tackling youth crime prevention and youth in conflict with the law requires much more than the selection of a programme or project. Good, effective prevention depends on:

- using a careful and strategic approach in a partnership with all the local...
actors (e.g. schools, social services, police, business) to address youth crime and violence through integrated local policies;
• building on the strengths of existing organizations and partnerships;
• tailoring projects to specific needs and contexts in terms of target groups and areas;
• monitoring and evaluating projects to check their progress; and
• involving young people themselves in all stages of the process.

Involving youth in the strategic planning process has been achieved in a number of countries through the use of youth councils, youth action groups, youth fora and workshops, and newspaper, film and video projects. Manzini Junior Council has successfully brought to life one of the best youth engagement processes in the urban community of Manzini in Swaziland. This junior council has promoted youth participation in the local development process, to engender a feeling of community belonging and citizenship and with an eye to breeding a new type of leadership for a participatory democracy. This includes effective articulation between the junior council and the decision-making process relating to the municipal budget; and capacity building to deal with this theme inside local government, schools, the community and with urban actors.

**IX. CONCLUSIONS**

**THE MAIN RECOMMENDATIONS** emerging from the working groups are summarized below.

• Youth crime and violence occurs in different contexts, has multiple causes and requires multiple responses. Causes should be analyzed locally and responses developed locally through the joint efforts of key city and neighbourhood actors. Experiences show that responses at the local level to youth in conflict with the law are more effective than just centralized policies. Local responses facilitate greater involvement of local actors, starting with the family with back-up support from the community. Local authorities have, therefore, an important role to play in dealing with young delinquency.

• The role of the family (as understood in the African context to include extended family) and the community in dealing with youth delinquency needs to be strengthened and emphasized. In many parts of Africa, the traditional supportive role of family and community is changing because of family disruption, conflict and violence. Poor parenting skills are shaped and exacerbated by poverty, poor housing and harmful environmental conditions. In early childhood, the quality of parental and family relationships and care, a healthy environment and living conditions are all important. Children and young people growing up in “dangerous environments” (such as lawless zones or “urban ghettos”), those affected by some form of social disadvantage (such as families in crisis, those with little or poor schooling) or with behavioural characteristics affecting social integration are most at risk of offending.

• Emphasis should be put on prevention when dealing with youth delinquency rather than on exclusion, punishment or incarceration of young people. Promoting youth’s reintegration into society is a must.

• Local authorities should also play a key role in promoting citizenship among youth, developing a genuine dialogue and partnership with young people and involving them in decisions that directly concern...
them. Young people are part of the solution to the problems and should be treated as equal partners. Local youth councils, city youth parliaments and other forms of local and regional youth fora must be supported and promoted, giving importance to the position of youth as active members of their communities. Local authorities must also establish the nature of relationships with these youth structures, and their intended outcome and benefits.

- All young people and, in particular, youth in conflict with the law need to be involved in the formulation, implementation and evaluation of policies designed to integrate them into society. Transforming young offenders into good citizens means making them actors in their own future and that of their community.
- Africa needs to share information, to learn from the experiences of others and to make maximum use of limited resources. This should be a point of departure for future exchanges. There is, however, a wealth of goodwill to invest time and resources in “future leaders”. This implies a commitment to appropriate planning, the creation of enabling environments for the implementation of restorative justice, and discarding the labelling of young people for life. As with all major shifts in thinking, this still requires an ongoing process of education for the inclusion of all levels of society.
- A conference declaration was produced, based on the conference discussions and main outcomes of the working groups. The declaration, which was endorsed by the participants at the end of the conference, provides principles of action in the field of youth at risk.23

23. This declaration can be accessed at http://www.welfare.gov.za/documents/