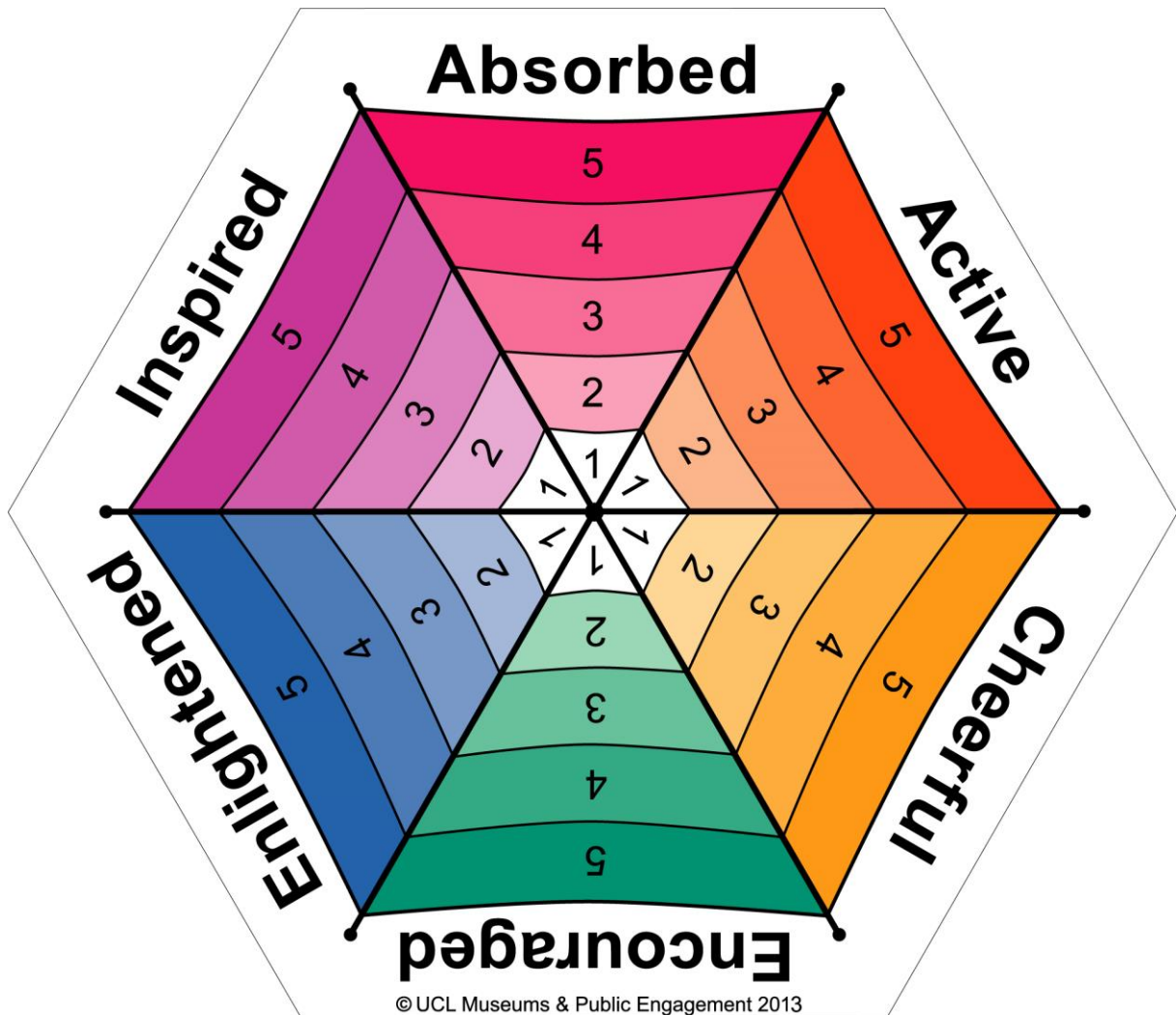


Positive Wellbeing Umbrella

Older Adult



Six words are printed around the edge of this umbrella. Please score how much you feel each word by circling a number from 1 to 5, e.g. 'Active', if you feel *fairly* active, then you should circle 3.

