

Muscular Dystrophy UK

Fighting muscle-wasting conditions



Advocacy and Information

Shivani Handa

Senior Campaigns, Advocacy and Information Officer



Advocacy Service

- ▶ Here for you to fight for your rights
- ▶ Helping you access care and support that you are entitled to
- ▶ Influencing campaigns to get your voice heard



Advocacy Ambassadors

- ▶ Peer support from our ambassadors who are affected by muscle-wasting conditions.
- ▶ Here to provide tips and advice about accessing services or welfare.

**Muscular
Dystrophy UK**

Fighting muscle-wasting conditions



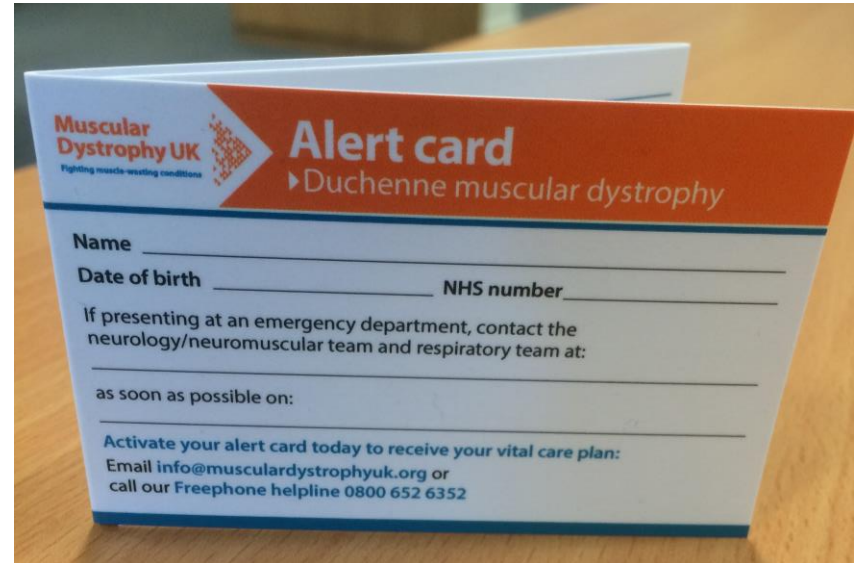
Peer support volunteers





Alert cards and care plans

- ▶ Duchenne muscular dystrophy alert card
- ▶ Downloadable care plan
- ▶ Both help people to receive expert healthcare, spreading vital condition-specific information



Developing professionals knowledge of muscle-wasting conditions

- ▶ GP e-learning module
- ▶ Physiotherapy learning module
- ▶ Up-skilling events



Information and advice



**Muscular
Dystrophy UK**

Fighting muscle-wasting conditions



Contact us

Contact details:

Care and support

Freephone helpline: 0800 652 6352
info@muscular dystrophyuk.org