

Ability to map systems

An ability to draw the family's attention to contemporary, historical and trans-generational factors (including family and personal history) to promote and maintain change

an ability to construct a genogram with the client(s) with the explicit intention of guiding the client(s) to clarify previous patterns of relationships and their possible impact on the current system

an ability to use techniques to help clients develop new perspectives on their lives, and their understanding of the current systems in which they live (e.g. role plays, family circles, eco maps, structural maps, genograms, sculpting, etc)