

Knowledge of the systemic approaches that enable therapeutic change

An ability to draw on knowledge that the systemic model assumes:	
	that the presenting problems/ issues organise, and can best be understood within, the pattern of relationships within a system(s)
	that the development and maintenance of psychological disturbance/ difficulties can be understood within the pattern of relationships within a system(s)
	that the pattern of relationships within a system will reflect responses to the problem/ difficulties
An ability to draw on knowledge of the value and importance of the members of the system as a resource for the promotion and maintenance of change	
An ability to draw on knowledge of the importance of the therapist (and colleagues) to work collaboratively with the client(s) to develop shared aims and goals and a consequent shared responsibility for promoting therapeutic change	
An ability to draw on knowledge that the therapist (and colleagues) interact with, and form part of, the system with which they are working	
An ability to draw on knowledge of the role of historical and trans-generational factors (including family and personal history) in the development and maintenance of psychological disturbance	