

Knowledge of systemic theories of psychological problems, resilience and change

An ability to draw on knowledge that the systemic model assumes that:	
	psychological problems and emotional distress can only be fully understood by taking into account the systems in which people operate
	the patterns of relationships within systems may play a significant role in shaping and maintaining psychological problems
An ability to draw on knowledge that the systemic model assumes that change in any part of the system has an impact on the rest of the system	
An ability to draw on knowledge that the systemic model assumes that inherent to all systems is the capacity for change:	
	members of the system have, and can make use of, resources that can promote resilience and maintain change
An ability to draw on knowledge that the systemic model assumes that a lack of fit between attempted solutions and the current contexts may lead to the development of psychological problems	
An ability to draw on knowledge that the systemic model assumes that systems can develop repetitive patterns of interaction which:	
	promote psychological problems
	maintain psychological problems
	inhibit positive change