

## Ability to work in a reflexive manner

An ability for the therapist to work in a reflexive manner by :

using client feedback and discussion with colleagues to reflect on their own values, prejudices, thoughts and emotions and to consider the effects of these on the therapeutic process

using knowledge gained from the impact of the work on themselves to modify their behaviour and interventions

making the effects of the therapy on themselves explicit to the client(s) in ways that promote therapeutic change

using knowledge gained from the impact of the work on themselves to support and maintain engagement throughout the course of the intervention