

Supervision of an overall caseload

This section describes the knowledge and skills needed for supervision of a clinical caseload. It is not a 'stand-alone' description of competences, and should be read:

1) As part of the supervision competence framework. Effective caseload supervision depends on the integration of specific caseload supervision competences with the knowledge and skills set out in the other domains of the supervision competence framework.

2) With reference to the CBT competence framework, which describes the generic, basic, specific and problem-specific competences which contribute to the effective delivery of CBT

Ability to support the supervisee's ability to manage their caseload

An ability to assimilate and integrate information presented by the supervisee on their overall case load (e.g. clinical histories, process and outcome data)
An ability to support and develop the supervisee's capacity to use outcome data to effectively manage the caseload
An ability to support and develop the supervisee's capacity to identify and manage risks to or from clients on the caseload
An ability to recognise and help resolve problems of caseload management, including time management, overall workload and relationships with referrers
An ability to assess the supervisee's current capacity to actively and appropriately manage a caseload
An ability to adjust the nature and style of supervision in light of the volume of cases to be discussed (e.g. the ability to support supervisees with high volume, low-intensity interventions)
An ability to use both electronic and paper based information systems for information gathering and review during supervision (in particular when supervising high volume, low-intensity interventions)

Ability to detect personal and professional issues which could impact on supervisee's capacities

An ability to monitor and if necessary adjust the supervisee's caseload (e.g. number of clients, case mix and balance of type of work) in order to ensure that they are able to function optimally
An ability to identify indications of "staff burnout", and to take appropriate action to respond or to manage this