

Ability to collaboratively engage the client in an intervention plan

An ability to engage the client in a collaborative discussion of the treatment options open to them, informed by the information gleaned through assessment, the formulation emerging from the assessment, and the client's aims and goals

An ability to convey information about treatment options in a manner that is tailored to the client's capacities and that encourages them to raise and discuss queries and/or concerns

An ability to provide the client with sufficient information about the treatment and intervention options open to them, so that they are:

aware of the options available to them

in a position to make an informed choice from among these options

An ability to ensure that clients have a clear understanding of the approach being offered to them (e.g. its broad content and the way it usually progresses)

While maintaining a positive stance, an ability to convey to the client (and significant others) a realistic sense of:

the effectiveness and scope of the intervention if the client engages fully with it

the limitations of the intervention (i.e. what may change, and what is unlikely to change as a consequence of the intervention)

any challenges associated with the intervention

An ability to use clinical judgement to determine whether the client's agreement to pursue an intervention is based on a collaborative choice (rather than being a passive agreement, or an agreement that they experience as imposed on them), and:

an ability to identify when the client's understanding of their condition is at odds with the proposed intervention model, and to maintain a collaborative discussion in order to reach agreement over how to proceed