

# **SUPERVISOR WORKSHOP PROGRAMME 2020–2021**

For Supervisors of North Thames' Trainee Clinical Psychologists

**The three North Thames Doctoral Programmes in Clinical Psychology (DClinPsy) – University College London (UCL), Royal Holloway University of London (RHUL) and University of East London (UEL) – run a programme of workshops\* for supervisors of Trainee Clinical Psychologists in the region.**

**Please note these workshops are for supervisors of North Thames DClinPsy trainees only. Priority is given to supervisors who are either currently supervising, or expecting to supervise within the next placement intake.**

**These events are free.**

**To book a place or seek information about a particular workshop, please contact the administrator of the course hosting the workshop.**

## **Course administrator contact details:**

### **RHUL**

Tel: 01784 414388

E-mail: [clinpsyworkshops@rhul.ac.uk](mailto:clinpsyworkshops@rhul.ac.uk)

### **UEL**

Tel: 020 8223 4501

E-mail: [clinpsyworkshops@uel.ac.uk](mailto:clinpsyworkshops@uel.ac.uk)

### **UCL**

Tel: 020 7679 1897

E-mail: [placements-admin@ucl.ac.uk](mailto:placements-admin@ucl.ac.uk)

*\* Supervisor workshops hosted by UCL and RHUL are generally held in central London locations close to Tottenham Court Road. Occasionally RHUL-hosted workshops are held at the RHUL campus in Egham, and where possible this is indicated. Workshops hosted by UEL are generally held at the UEL Stratford Campus.*

*Note – until further notice, workshops will be run online (July,2020)*

# ONLINE RESOURCE

## Developing Service Related Research

Online only  
(approx. 3 hours)

**Host: RHUL – Tel: 01784 414388 | E-mail: [clinpsyworkshops@rhul.ac.uk](mailto:clinpsyworkshops@rhul.ac.uk)**

This workshop is for psychologists and therapists who supervise clinical psychology trainees undertaking small-scale service-related research projects (SRRPs).

### **Workshop content**

This workshop is designed to assist regional supervisors to develop or consolidate their skills in supervising Service Related Research Projects (SRRPs). The workshop will cover:

- A definition of a Service Related Research Project and audit
- The scope and time frame of an SRRP
- How to develop ideas for an SRRP
- Expectations for the supervisor and trainee
- Basic design, methodology, and analysis for SRRPs
- How to assist with writing up (including possible publication)

**This is a pre-recorded workshop that was facilitated by Dr Janet Feigenbaum from UCL. The workshop was filmed at UEL in 2016 and is now available as a lecturecast; it contains audio of attendees' questions and some discussion points.**

**Please contact the RHUL host who will provide you with access to the recording.**

## **Supervision Part 1: Two-day Workshop for New Supervisors**

**Thursday 3rd & Friday 4th September 2020**

**09.30am – 4.30pm (Day 1)**

**10.00am – 4.00pm (Day 2)**

**Host: UCL – Tel: 020 7679 1897 | E-mail: [placements-admin@ucl.ac.uk](mailto:placements-admin@ucl.ac.uk)**

This two-day workshop is for psychologists and therapists who are relatively new to supervising or are about to supervise Trainee Clinical Psychologists in the North Thames region for the first time. It is part 1 of 2 workshops towards eligibility for registration with the BPS Register of Applied Psychology Practice Supervisors (RAPPS).

### **Workshop content:**

- Information about the DClInPsy programmes in North Thames.
- Models of learning and training, and the structure of supervisor sessions.
- Monitoring, assessing and giving feedback to trainees; BPS and DClInPsy programme supervision requirements.



## **BABCP Supervisor Workshop**

**Friday 20th November 2020**

**10.00am – 4.00pm**

**Host: UCL – Tel: 020 7679 1897 | Email: [placements-admin@ucl.ac.uk](mailto:placements-admin@ucl.ac.uk)**

This workshop is for supervisors who are accredited with the BABCP and who are offering a placement to DClInPsy trainees in Autumn 2020 or Spring 2021.

### **Workshop content:**

- The BABCP pathway through DClInPsy training: *What do I need to know and do as a supervisor?*
- Reliable rating of assessment and therapy sessions using the UCL CBT Rating Scale and the CTS-R.

## **Supervision Part 1: Two-day Workshop for New Supervisors**

**Thursday 3rd & Friday 4th December 2020**

**09.30am – 4.30pm (Day 1)**

**10.00am – 4.00pm (Day 2)**

**Host: UEL – Tel: 020 8223 4174 | E-mail: [clinpsyworkshops@uel.ac.uk](mailto:clinpsyworkshops@uel.ac.uk)**

This two-day workshop is for psychologists and therapists who are relatively new to supervising or are about to supervise Trainee Clinical Psychologists in the North Thames region for the first time. It is part 1 of 2 workshops towards eligibility for registration with the BPS Register of Applied Psychology Practice Supervisors (RAPPS).

### **Workshop content:**

- Information about the DClInPsy programmes in North Thames.
- Models of learning and training, and the structure of supervisor sessions.
- Monitoring, assessing and giving feedback to trainees; BPS and DClInPsy programme supervision requirements.



## **Formulation**

**Thursday 14<sup>th</sup> January 2021**

**10.00am – 4.30pm**

**Host: UEL – Tel: 020 8223 4174 | E-mail: [clinpsyworkshops@uel.ac.uk](mailto:clinpsyworkshops@uel.ac.uk)**

This workshop is for psychologists and therapists who already have some experience of supervising DClInPsy trainees.

### **Workshop content:**

- What do we mean by formulation skills?
- How are formulation skills taught?
- Build on your current skills in teaching trainees to formulate.

## **Supervision Part 2 – Advanced Supervisor Workshop**

**Thursday 4<sup>th</sup> February 2021**

**10.00am – 4.30pm**

**Host: UEL – Tel: 020 8223 4174 | E-mail:**

This workshop is for psychologists and therapists who already have some experience of supervising DClInPsy trainees in the North Thames region. It is Part 2 of 2 workshops towards eligibility for registration with the BPS Register of Applied Psychology Practice Supervisors (RAPPS).

We suggest that people enrol on this workshop after a minimum of 12 months after attending the two-day introductory workshop (Part 1). Priority will be given to those currently supervising DClInPsy trainees.

### **Workshop content:**

Revisiting themes from Part 1 in the context of supervisors' experiences with trainees. The content includes:

- Dilemmas in the supervisory relationship.
- Managing power in the supervisory relationship.
- The supervisor's role as both assessor *and* facilitator of learning.
- Evaluation of trainees' clinical competence.
- Working with trainees who may be struggling on placement.



## **CBT Supervision**

**Friday 12<sup>th</sup> February 2021**

**10.00am – 5.00pm**

**Host: UCL – Tel: 020 7679 1897 | Email: [placements-admin@ucl.ac.uk](mailto:placements-admin@ucl.ac.uk)**

This workshop is designed for supervisors who are already regularly using CBT in their clinical practice, and would like to 'fine tune' their approach to using CBT within supervision of DClInPsy trainees. A working knowledge of the theory and practice of CBT will be assumed.

### **Workshop Content:**

- How CBT theory informs good practice within supervision.
- The use of CBT approaches within supervision.
- An overview of the BABCP pathways on the RHUL and UCL DClInPsy programmes.
- Monitoring progress and competency in CBT and giving feedback using the CTS-R and UCL CBT Rating Scale.

## **Leadership in Clinical Psychology**

Thursday 4th March 2021

10.00am – 4.30pm

**Host: RHUL\* – Tel: 01784 414388 | E-mail: [clinpsyworkshops@rhul.ac.uk](mailto:clinpsyworkshops@rhul.ac.uk)**

The aim is to support supervisors in the development of DCLinPsy trainees' leadership competencies.

### **Workshop content:**

- Exploring relevant models of leadership.
- Examining the DCP Clinical Psychology Leadership Development Framework.
- Generating practical ideas for appropriate trainee activities on placement to support the development of leadership competencies.

*\*Hosted at a central London location close to Tottenham Court Road.*

## **Systemic Supervision**

Thursday 18<sup>th</sup> March 2021

10.00am – 4.30 pm

**Host: RHUL\* – Tel: 01784 414388 | E-mail: [clinpsyworkshops@rhul.ac.uk](mailto:clinpsyworkshops@rhul.ac.uk)**

This workshop is for psychologists and therapists who use systemic theory routinely in their clinical practice and would like to develop their skills in supervising DCLinPsy trainees in systemic practice.

### **Workshop Content:**

- Systemic teaching curriculum on the North Thames DCLinPsy programmes.
- Different ways of helping trainees to apply theory to practice.
- Evaluating competency.

*\*Hosted at a central London location close to Tottenham Court Road.*

## **Supervision Part 1: Two-day Workshop for New Supervisors**

**Thursday 8th & Friday 9th April 2021**

**09.30am – 4.30pm (Day 1)**

**10.00am – 4.00pm (Day 2)**

**Host: RHUL\* – Tel: 01784 414388 | E-mail: [clinpsyworkshops@rhul.ac.uk](mailto:clinpsyworkshops@rhul.ac.uk)**

This two-day workshop is for psychologists and therapists who are relatively new to supervising or are about to supervise Trainee Clinical Psychologists in the North Thames region for the first time. It is part 1 of 2 workshops towards eligibility for registration with the BPS Register of Applied Psychology Practice Supervisors (RAPPS).

### **Workshop content:**

- Information about the DClInPsy programmes in North Thames.
- Models of learning and training, and the structure of supervisor sessions.
- Monitoring, assessing and giving feedback to trainees; BPS and DClInPsy programme supervision requirements.



## **Supervision Part 1: Two-day Workshop for New Supervisors**

**Thursday 3rd & Friday 4<sup>th</sup> June 2021**

**09.30am – 4.30pm (Day 1)**

**10.00am – 4.00pm (Day 2)**

**Host: UEL – Tel: 020 8223 4174 | E-mail: [clinpsyworkshops@uel.ac.uk](mailto:clinpsyworkshops@uel.ac.uk)**

This two-day workshop is for psychologists and therapists who are relatively new to supervising or are about to supervise Trainee Clinical Psychologists in the North Thames region for the first time. It is part 1 of 2 workshops towards eligibility for registration with the BPS Register of Applied Psychology Practice Supervisors (RAPPS).

### **Workshop content:**

- Information about the DClInPsy programmes in North Thames.
- Models of learning and training, and the structure of supervisor sessions.
- Monitoring, assessing and giving feedback to trainees; BPS and DClInPsy programme supervision requirements.



## **Supervision Part 2: Advanced Supervisor Workshop**

Thursday 10<sup>th</sup> June 2021  
10.00am – 4.30pm

Host: **UCL** – Tel: 020 7679 1897 | Email: [placements-admin@ucl.ac.uk](mailto:placements-admin@ucl.ac.uk)

This workshop is for psychologists and therapists who already have some experience of supervising DClInPsy trainees in the North Thames region. It is Part 2 of 2 workshops towards eligibility for registration with the BPS Register of Applied Psychology Practice Supervisors (RAPPS).

We suggest that people enrol on this workshop after a minimum of 12 months after attending the two-day introductory workshop (Part 1). Priority will be given to those currently supervising DClInPsy trainees.

### **Workshop content:**

Revisiting themes from Part 1 in the context of supervisors' experiences with trainees. The content includes:

- Dilemmas in the supervisory relationship.
- Managing power in the supervisory relationship.
- The supervisor's role as both assessor *and* facilitator of learning
- Evaluation of trainees' clinical competence.
- Working with trainees who may be struggling on placement.



## **Supervision Part 1: Two-day Workshop for New Supervisors**

Thursday 2nd & Friday 3rd September 2021  
09.30am – 4.30pm (Day 1)  
10.00am – 4.00pm (Day 2)

Host: **UCL** – Tel: 020 7679 1897 | Email: [placements-admin@ucl.ac.uk](mailto:placements-admin@ucl.ac.uk)

This two-day workshop is for psychologists and therapists who are relatively new to supervising or are about to supervise Trainee Clinical Psychologists in the North Thames region for the first time. It is part 1 of 2 workshops towards eligibility for registration with the BPS Register of Applied Psychology Practice Supervisors (RAPPS).

### **Workshop content:**

- Information about the DClInPsy programmes in North Thames.
- Models of learning and training, and the structure of supervisor sessions.
- Monitoring, assessing and giving feedback to trainees; BPS and DClInPsy programme supervision requirements.





