

This paper has the same format as the 2022 paper - but with an important difference: in 2021 students had a 24-hour period to complete the paper, but in 2022 there is a time limit of 4 hours

UNIV

## EXAMINATION FOR INTERNAL STUDENTS

MODULE CODE : **PSYC0184**

ASSESSMENT : **PSYC0184B8PC**  
PATTERN

MODULE NAME : **PSYC0184 - Theory and Application of Clinical Psychology Methods**

LEVEL: : **Postgraduate**

DATE : **26/05/2021**

TIME : **10:00**

This paper is suitable for candidates who attended classes for this module in the following academic year(s):

**Year  
2020/21**

<b>Additional material</b>	
<b>Special instructions</b>	
<b>Exam paper word count</b>	3,000 words

**TURN OVER**

# DOCTORATE IN CLINICAL PSYCHOLOGY

## Paper 1: Theory and application of clinical psychology methods

### *Instructions*

- You will have a 24-hour time frame to complete the exam and upload it to AssessmentUCL, as instructed. The exam deadline is **10:00 27<sup>th</sup> May 2021**.
- Please write a short essay on one topic from each of sections A, B, C and D. You should, therefore, write short essays on FOUR topics in total (one from each section).
- You should write no more than 3000 words in total across the four questions. Each question should therefore be allocated up to 750 words. All written answers beyond the 3000-word limit will not be marked.

### **Section A**

#### **Please choose *one* topic**

1. What are the key aims of psychological formulation when working with adults struggling with anxiety?
2. What are the main considerations in the assessment and formulation of memory impairments in individuals with dementia?

### **Section B**

#### **Please choose *one* topic**

1. How does psychodynamic therapy conceptualise the internal world differently from cognitive behavioural therapy?
2. How is transference and countertransference used clinically in psychodynamic therapy?

### **Section C**

#### **Please choose *one* topic**

1. How and why is CBT adapted for older adults with depression?
2. What are the principles underlying behavioural experiments for panic disorder?
3. How might cultural differences between the client and therapist impact on the outcome of CBT?
4. What role do safety behaviours play in maintaining PTSD?

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## **Section D**

**Please choose *one* topic**

1. What are the main characteristics of the biopsychosocial model of alcohol addiction?
2. How could clinicians demonstrate culturally competent practice when working with an individual with personality disorder and their family?
3. How can clinical psychologists help people who are struggling with a mood disorder?
4. What should be assessed when someone with psychosis presents with persistent sleep problems?

**End of Paper**