**University College London Doctorate in Clinical Psychology**

**British Association of Behavioural and Cognitive Psychotherapy (BABCP)**

**Contract checklist for placements offering training experience**

**contributing to the BABCP-Accredited CBT Pathway**

This checklist is intended for placements offering CBT experience that contributes to the CBT pathway.

The checklist should be read in conjunction with the guidance document “Information for supervisors of trainees on the CBT pathway”. This gives specific information about the application of BABCP accreditation standards to trainees on placement.

At the start of the placement supervisors and trainees should identify what areas of CBT experience will be undertaken, the ways in which this will be supervised, and the ways in which this will be monitored. These arrangements can then be noted in the placement contract. In particular the contact needs to identify:

* The number and range of CBT training cases, and their expected duration
* The arrangements for supervising these cases (bearing in mind the criteria for ‘closely supervised’ exemplar cases)
* The arrangements for recording clinical sessions and the ways in which these recordings will be incorporated into supervision (including arrangements for formative and summative appraisals)
* The arrangements for recording the range of CBT competences being acquired as the placement progresses (usually using the UCL monitoring tool), and for using this tool to review placement content
* The arrangements for logging clinical activity and supervision hours (using the UCL BABCP Pathway Portfolio).