**Cover Sheet for CBT Pathway Recording for Moderation**

Trainee ID number (as used for course case reports):

Date submitted:

Session number:

Brief description of client’s presenting problems and demographics (gender, age, any other demographics that may be relevant to help the listener make sense of the recording, e.g. living situation, occupation):

Main aims going into the session:

What did you think was done well?

What did you think needed improvement?

N.B. It is very important that all information is anonymised. Please do not use a recording in which the client is identifiable from the content that is discussed.

You are responsible for making sure that transporting the recording on your encrypted memory stick conforms with the service and Trust/organisational policy and requirements.

*Checklist:*

*Please ensure you have submitted all of the following and that all information is anonymised:*

1. *This completed Cover Sheet.*
2. *The recording of the session, which must be rated as a pass on either the UCL CBT Scale or the CTS-R.*
3. *A copy of the supervisor completed rating scale with any other written feedback from your supervisor.*