

## Service User / Carer Consultation in Research

The UCL Doctorate in Clinical Psychology encourages trainees to seek meaningful involvement from service users and carers in shaping their major research project. Consultation with service users can take many forms and be sought at various stages of the research process.

Patient and public involvement is increasingly promoted and is becoming an essential aspect of application for research funding (e.g. <https://www.nihr.ac.uk/about-us/how-we-are-managed/managing-centres/nihr-evaluation-trials-and-studies-coordinating-centre/patient-and-public-involvement-in-research/>).

Consultation with service users/ carers can not only help in shaping your research but can be incorporated into your ethic application (<http://www.invo.org.uk/posttypepublication/public-involvement-in-research-and-research-ethics-committee-review/>).

### **Type of consultation**

- Consultation on research question/ design
- Feedback on information sheets, consent forms, measures in relation to user-friendliness, ethical dilemmas
- Feedback could be sought individually or in a focus group format
- Involvement in data analysis (e.g. qualitative study coding)
- Commenting on findings and their implications