



University College London Doctoral Course in Clinical Psychology

Client consent form for taping of clinical sessions

Information for clients

Your therapist is a trainee Clinical Psychologist. They are based in the NHS and also registered with University College London (UCL), undertaking a Doctorate in Clinical Psychology.

As you know, your psychologist's work with you is being supervised by an experienced NHS Clinical Psychologist. One way of improving the quality of this supervision is to tape-record sessions. Listening to a tape gives supervisors a much more accurate idea of what is happening, and in this way helps your psychologist to help you.

Unless your psychologist explicitly indicates otherwise:

- tapes of your session will only be listened to by your psychologist's supervisor
- tapes will only be used for the educational purpose of supervision
- recordings will be deleted once their educational purpose has been completed

Some clients find it very helpful to listen to a recording of their sessions. You may wish to have a copy of the tape for yourself. If you would like a copy, discuss this with your psychologist.

On occasion trainees may wish to use tape recordings to help them write clinical reports. If this is the case this will be discussed with you, and you will be asked to complete a separate consent form.

	Please tick
I understand that I am not obliged to give consent, and that if I do not want to this will not affect my treatment	
I agree to the tape recording of my sessions	
I understand that the tape recording will be used for the purposes of supervision and education	
I understand that the tape recording will be deleted once its educational purpose has been completed	
I understand that I can ask for a copy of the tape	

Name and signature of trainee psychologist:

Name and signature of client:

Date: