

HMED_3014: History of Asian Medicine

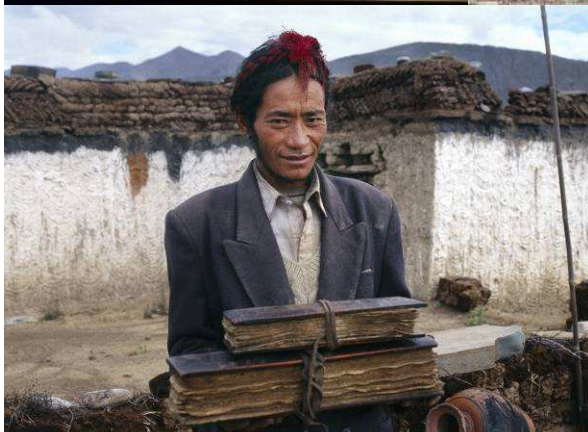
Intercalated BSc in the History of Medicine 2011-2012
The UCL Centre for the History of Medicine

Term 2 (9 January 2012 - 19 March 2012)
Mondays 1400-1600

Lecturers:

Dr Leon Rocha (University of Cambridge)

Dr Theresia Hofer (University of Oslo)



May 2011



Wellcome Images

Course Description

This course aims to provide knowledge of the background and development of key concepts and practices in the history of Chinese medicine, with a secondary focus on the history of Tibetan medicine. It will describe the transmissions of these Asian medical systems and traditions to Europe and the practice of traditional medicine in the modern world. The course will give a broad historical perspective, whilst at the same time focussing on the social, cultural and political contexts of key times of medical innovation. (1/2 Unit)

Practical Details

There will be **11** sessions, held on Mondays between 1400 and 1600. The lecturers for the course are **Dr Leon Rocha** (Department of History and Philosophy of Science, University of Cambridge) and **Dr Theresia Hofer** (Section for Medical Anthropology and Medical History, University of Oslo).

Contact details: Leon Rocha – LAR29@cam.ac.uk
 Theresia Hofer – resi.hofer@gmail.com

You are very welcome to contact us by email or arrange an appointment whenever questions arise, when you wish to discuss your assignments and examinations, and so forth. Please contact Dr Rocha for questions relating to the China material and Dr Hofer for the Tibet modules.

In total, students are expected to read all “Essential Readings” (marked by an *) and spend at least three hours a week reading. Extra and in-depth reading is recommended and is a requirement for the two essays (50%) and for exam preparation (50%).

Background Reading for China

Easy illustrated readings for a general understanding of Chinese history and culture. Concentrate on the late Warring States and early Empires, as well as the nineteenth and twentieth centuries. For the second half of the term, read the sections on Religion.

Shaughnessy, Edward (2000) *China: Land of the Heavenly Dragon*. London: Duncan Baird.
Ebrey, Patricia (2010) *The Cambridge Illustrated History of China*. Second Edition. Cambridge: Cambridge University Press.

For Modern China:

Mitter, Rana (2008) *Modern China: A Very Short Introduction*. Oxford: Oxford University Press.

Reference Works for China

Quick and easy reference:

Wintle, Justin (2002) *The Rough Guide History of China*. London: Penguin.

More specialist:

Wilkinson, Endymion (2000) *Chinese History: A Manual*. Cambridge, MA: Harvard University Press.

Pregadio, Fabrizio (ed.) (2008) *The Encyclopaedia of Taoism*. London: Routledge.

General Readings for Chinese Medicine

Bray, Francesca (1997) "Chinese Medicine" in W.F. Bynum and Roy Porter (eds.) *Companion Encyclopaedia of the History of Medicine*. Volume 1. London: Routledge, pp.728-754.

Harper, Donald (1998) *Early Chinese Medical Literature: The Mawangdui Medical Manuscripts*. London: Kegan Paul International. Excellent translations of the Mawangdui texts.

Hsu, Elisabeth (ed.) (2001) *Innovation in Chinese Medicine*. Needham Research Institute Series. Cambridge: Cambridge University Press. Paperback Edition 2011.

Lo, Vivienne (2007) "Chinese Medicine" in W.F. Bynum and Helen Bynum (eds.) *Dictionary of Medical Biography*. Volume 1. Westport, CT: Greenwood Press, pp.33-50.

Lo, Vivienne and Christopher Cullen (eds.) (2005) *Mediaeval Chinese Medicine: The Dunhuang Medical Manuscripts*. Needham Research Institute Series. London: Routledge.

Sivin, Nathan (1987) *Traditional Medicine in Contemporary China*. Ann Arbor: Centre for Chinese Studies, University of Michigan, pp.43-171.

Unschuld, Paul (1985) *Medicine in China: A History of Ideas*. Berkeley: University of California Press.

Unschuld, Paul (1998) *Chinese Medicine*. Taos, NM: Paradigm Publications.

indicate general, introductory articles

Background Reading for Tibet

Barnett, Robert (2006) *Lhasa – Streets with Memories*. New York: Columbia University Press.

Barnett, Robert (1999) "Essay" in Steve Lehman, *The Tibetans: A Struggle to Survive*. London: Virgin, pp.178-196.

Barnett, Robert (ed.) (2008) *Tibetan Modernities: Notes from the Field on Cultural and Social Change*. Leiden: Brill.

Kapstein, Matthew (2006) *The Tibetans*. Oxford: Blackwell Publishers.

Kapstein, Matthew (2009) *Buddhism Between Tibet and China: Studies in Indian and Tibetan Buddhism*. Somerville, MA: Wisdom.

Shakya, Tsering (1999) *The Dragon in the Land of Snows*. Pimlico: London.

Stein, R. A. (1972) *Tibetan Civilisation*. Stanford: Stanford University Press.

Lixiong, Wang and Tsering Shakya (2009). *The Struggle for Tibet*. London, Verso.

Lopez, Donald (1998) *Prisoners of Shangri-La: Tibetan Buddhism and the West*. Chicago: University of Chicago Press.

Samuel, Geoffrey (1993) *Civilised Shamans*. Washington: Smithsonian Institution Press.

General Readings for Tibetan Medicine

- Adams, Vincanne, Mona Schrempf and Sienna Craig** (eds.) (2011) *Medicine Between Science and Religion - Explorations on Tibetan Grounds*. Epistemologies of Healing Volume 10. Oxford: Berghahn.
- Clark, Barry** (1995) *The Quintessence Tantras of Tibetan Medicine*. Ithaca, NY: Snow Lion.
- Meyer, Fernand** (1995) "Theory and Practice of Tibetan Medicine" in Jan van Alphen and Anthony Aris (eds.) *Oriental Medicine – An Illustrated Guide to the Asian Arts of Healing* London: Serindia, pp. 109-141.
- Meyer, Fernand** (1992) "Introduction – The Tibetan Medical Paintings of Tibet" in Yuri Parfionovich, Fernand Meyer and Gyurme Dorje (eds.) *Tibetan Medical Paintings. Illustrations to the Blue Beryl Treatise of Sangye Gyamtso (1653-1705)*. London: Serindia.
- Meyer, Fernand** (1981) *Gso-Ba-Rig-Pa, Le Système Médical Tibétain*. Paris: Presses du CNRS.
- Parfionovich, Yuri, Fernand Meyer and Gyurme Dorje** (eds.) (1992) *Tibetan Medical Paintings. Illustrations to the Blue Beryl Treatise of Sangye Gyamtso (1653-1705)*. London: Serindia.
- Pordié, Laurent** (ed.) (2008). *Tibetan Medicine in the Contemporary World - Global Practices of Medical Knowledge and Practice*. Needham Research Institute Series. London: Routledge.
- Schrempf, Mona** (ed.) (2007) *Soundings in Tibetan Medicine: Historical and Anthropological Perspectives*. Leiden: Brill.
- Williamson, Leila and Serenity Young** (2009) *Body and Spirit: Tibetan Medical Paintings*. Seattle: American Museum of Natural History, New York (in association with University of Washington Press). See in particular Prof. Janet Gyatso's Introduction, pp. 3–13.

Lecture 1 The Chinese Body and Cosmology

(Week 1, 9 Jan 2012)

- Allan, Sarah** (1997) *The Way of Water and Sprouts of Virtue*. Albany, NY: SUNY Press. Segment on "Breath", "Vapour", "Vital Energy" (*Qi* 氣), pp.87-93.
- Cua, Antonio S.** (2003) *Encyclopaedia of Chinese Philosophy*. London: Routledge. See sections on *Qi, Shen, Yinyang* on pp.616-617, 701-703, 846-847.
- * **Kuriyama, Shigehisa** (2002) *The Expressiveness of the Body and the Divergence of Greek and Chinese Medicine*. New York: Zone Books. Part Two, "Styles of Seeing", pp.111-192.
- Lo, Vivienne** (1998) "The Influence of *Yangsheng* Culture on Early Chinese Medical Theory". Unpublished PhD thesis, School of Oriental and African Studies, Section 1.3.
- * **Sivin, Nathan** (1987) *Traditional Medicine in Contemporary China*. Ann Arbor: Centre for Chinese Studies, University of Michigan, pp.43-65.
- Sivin, Nathan** (1995) "State, Cosmos, and Body in the Last Three Centuries B.C." in *Harvard Journal of Asiatic Studies*, 55, 1, pp.5-37. URL: <http://www.jstor.org/stable/2719419>
- * **Unschuld, Paul** (1985) *Medicine in China: A History of Ideas*. Berkeley: University of California Press. Section 3, "Unification of Empire, Confucianism, and the Medicine of Systematic Correspondence", pp.51-100.

For reference:

- Dillon, Michael** (1998) *China: A Cultural and Historical Dictionary*. London: Curzon.
- Graham, A.C.** (1989) *Disputers of the Tao: Philosophical Arguments in Ancient China*. Chicago: Open Court, pp.314-370. Difficult but rewarding.

Ebrey, Patricia (2010) *The Cambridge Illustrated History of China*. Second Edition. Cambridge: Cambridge University Press.

Harper, Donald (1998) *Early Chinese Medical Literature: The Mawangdui Medical Manuscripts*. London: Kegan Paul International.

Lecture 2 **Diagnosis and Treatment in Chinese Medicine** (Week 2, 16 Jan 2012)

Despeux, Catherine (2005) "From Prognosis to Diagnosis of Illness in Tang China: Comparison of the Dunhuang Manuscript P.3390 and Medical Sources" in Vivienne Lo and Christopher Cullen (eds.) (2005) *Mediaeval Chinese Medicine: The Dunhuang Medical Manuscripts*. Needham Research Institute. London: Routledge, pp.176-206.

Harper, Donald (1998) *Early Chinese Medical Literature: The Mawangdui Medical Manuscripts*. London: Kegan Paul International, pp.68-109. Early ideas about the body and techniques.

Harper, Donald (2001) "Iatromancy, Diagnosis, and Prognosis in Early Chinese Medicine" in Elisabeth Hsu (ed.) *Innovation in Chinese Medicine*. Needham Research Institute Series. Cambridge: Cambridge University Press, pp.99-120.

* **Kuriyama, Shigehisa** (2002) *The Expressiveness of the Body and the Divergence of Greek and Chinese Medicine*. New York: Zone Books. Chapter I, pp.17-60.

Lo, Vivienne (2002) "Spirit of Stone: Technical Considerations in the Treatment of the Jade Body" in *Bulletin of SOAS*, 65, 1, pp.99-127. On stone surgical instruments, fine needles.

* **Sivin, Nathan** (1987) *Traditional Medicine in Contemporary China*. Ann Arbor: Centre for Chinese Studies, University of Michigan, pp.291-327. Translation of modern textbook.

* **Unschuld, Paul** (1985) *Medicine in China: A History of Ideas*. Berkeley: University of California Press. Sections on diagnostic principles and classic acupuncture, pp.83-100.

Lecture 3 **The Origins of Tibetan Medicine and Sowa Rigpa's** **Historical Developments – 12th to early 20th century** (Week 3, 23 Jan 2012)

Beckwith, Christopher (1979) "The Introduction of Greek Medicine into Tibet in the Seventh and Eight Centuries" in *Journal of the American Oriental Society*, 99, 2, pp.297-313.

* **Gyatso, Janet** (2009) "Introduction" in Leila Williamson and Serenity Young (eds.) *Body and Spirit: Tibetan Medical Paintings*. Seattle: American Museum of Natural History, New York (in association with University of Washington Press), pp. 3-13.

Gyatso, Janet (2004) "The Authority of Empiricism and the Empiricism of Authority: Medicine & Buddhism in Tibet on the Eve of Modernity" in *Comparative Studies of South Asia, Africa and the Middle East*, 24, 2, pp.83-96.

* **Hofer, Theresia** *The Inheritance of Change – Transmission and Practice of Tibetan Medicine in Ngamring*. Wiener Studien zur Tibetologie und Buddhismuskunde, University of Vienna. (Introduction and Chapter 1).

Hofer, Theresia (2007) "Preliminary Investigations into New Oral and Textual Sources on Byang Lugs – The 'Northern School' of Tibetan Medicine" in Mona Schrempf (ed.) *Soundings in Tibetan Medicine – Historical and Anthropological Explorations*. Leiden: Brill, pp. 373-410.

- Meyer, Fernand** (1995) "Theory and Practice of Tibetan Medicine" in Jan van Alphen and Anthony Aris (eds.) *Oriental Medicine – An Illustrated Guide to the Asian Arts of Healing* London: Serindia, pp. 109-141.
- Parfionovich, Yuri, Fernand Meyer and Gyurme Dorje** (eds.) (1992) *Tibetan Medical Paintings. Illustrations to the Blue Beryl Treatise of Sangye Gyamtso (1653-1705)*. London: Serindia (Introduction pp.2-13; text accompanying paintings 1-4, pp.17-23).
- Karmay, Samten** (1989) "Vairocana and the Rgyud bzhi" in *Tibetan Medicine*, 12, pp.19-31.
- Schaeffer, K. R.** (2003) "Textual Scholarship, Medical Tradition, and Mahayana Buddhist Ideals in Tibet" in *Journal of Indian Philosophy*, 31, pp.621-641.

Lecture 4 **The Tibetan Medical Body: Diagnosis and Treatment** (Week 4, 30 Jan 2012)

- Clark, Barry** (1995) *The Quintessence Tantras of Tibetan Medicine*. Ithaca: Snow Lion, pp.19–41.
- Garrett, Frances, Vincanne Adams et al.** (2008) "The Three Channels in Tibetan Medicine: with a Translation of Tsultrim Galtzen's 'A Clear Explanation of the Principal Structure and Location of the Circulatory Channels as Illustrated in the Medical Paintings'" in Peter Das (ed.) *Traditional South Asian Medicine*, 8, pp.86–114.
- Gyatso, Yontan** (2005/2006) "Nyes pa: A Brief Review of its English Translation" in *Tibet Journal*, 4, pp.109–18.
- * **Garrett, Frances** (2008) "The Fetal Body, Gender and the Normal" in Frances Garrett, *Religion, Medicine and the Human Embryo in Tibet*. London: Routledge, pp.57-84.
- Meyer, Fernand** (1990) "Theorie et pratique de l'examen des pouls dans un chapitre du rGyud-bzhi" in Tadeusz Skorupski (ed.) *Papers in Honour of Professor David. L. Snellgrove's Contributions to Indo-Tibetan Studies*. Tring: The Institute of Buddhist Studies.
- Parfionovich, Yuri, Fernand Meyer and Gyurme Dorje** (eds.) (1992) *Tibetan Medical Paintings. Illustrations to the Blue Beryl Treatise of Sangye Gyamtso (1653-1705)*. London: Serindia (Look at Thankas and read accompanying text to Medical Paintings No. 2-4 and 5–16, pp.19-50).
- Reichle, Franz** (1995) *The Knowledge of Healing (Das Wissen vom Heilen)*. Documentary Film, 93 min. Zürich: T&C Film.

Lecture 5a **Self-Cultivation in Chinese Traditions** (Week 5, 6 Feb 2012)

- Farquhar, Judith** (1996) "Market Magic: Getting Rich and Getting Personal in Medicine after Mao" in *American Ethnologist*, 23, 2, pp.239-257.
- Farquhar, Judith** (2005) "Biopolitical Beijing: Pleasure, Sovereignty, and Self-Cultivation in China's Capital" in *Cultural Anthropology*, 20, 3, pp.303-327.
- * **Harper, Donald** (1998) *Early Chinese Medical Literature: The Mawangdui Medical Manuscripts*. London: Kegan Paul International. Section 4.
- Hsu, Elisabeth** (1999) *The Transmission of Chinese Medicine*. Cambridge: Cambridge University Press. For instance, Chapter 1 "The Secret Transmission of Knowledge and Practice" and Chapter 2 "Qigong and the Concept of qi".

- * **Lo, Vivienne** (2001) "The Influence of Nurturing Life Culture on the Development of Western Han Acumoxa Therapy" in Elisabeth Hsu (ed.) (2001) *Innovation in Chinese Medicine*. Needham Research Institute Series. Cambridge: Cambridge University Press, pp.19-50.
- Penny, Benjamin** (2001) "The Past, Present and Future of Falun Gong". Lecture at the National Library of Australia, Canberra. <http://www.nla.gov.au/grants/haroldwhite/papers/bpenny.html>
- Penny, Benjamin** (2002) "Falun Gong, Prophecy and Apocalypse" in *East Asian History*, 23, June. Institute for Advanced Studies, Australian National University.
- * **Wile, Douglas** (1992) *Art of the Bedchamber: The Chinese Sexual Yoga Classics including Women's Solo Meditation Texts*. Albany, NY: SUNY Press. Try Part One, pp.3-73.
- Wile, Douglas** (1996) *The Lost T'ai-Chi Classics from the Late Ch'ing Dynasty*. Albany, NY: SUNY Press. Part I, "Social and Historical Background of T'ai-Chi Ch'uan in the Nineteenth Century", pp.1-30.

Some other good texts on Qigong and Falun Gong include:

- Ownby, David** (2008) *Falun Gong and the Future of China*. Oxford: Oxford University Press.
- Palmer, David** (2007) *Qigong Fever: Body, Science, and Utopia in China*. New York: Columbia University Press.

Lecture 5b Medical Plurality in China

(Week 5, 6 Feb 2012)

- * **Berg, Daria** (2002) *Carnival in China: A Reading of the Xingshi Yinyuan Zhuan*. Leiden: Brill. Section on "Images of the Healer", pp.61-161.
- Cullen, Christopher** (1993) "Patients and Healers in Late Imperial China: Evidence from the *Jingpingmei*" in *History of Science*, xxxi, pp.99-150, especially pp.126-132.
- Furth, Charlotte** (1999) *A Flourishing Yin: Gender in China's Medical History, 960-1665*. Berkeley: University of California Press. Chapter 8 on Ming Women, pp.266-300.
- Marta Hanson** (1995) "Merchants of Medicine: Huizhou Mercantile Consciousness, Morality and Medical Patronage in Seventeenth-Century China" in Hashimoto Keizo, Catherine Jami and Lowell Skar (eds.) *East Asian Science: Tradition and Beyond*. Osaka: Kansai University Press, pp. 207-214.
- * **Harper, Donald** (1998) *Early Chinese Medical Literature: The Mawangdui Medical Manuscripts*. London: Kegan Paul International. Section 4, especially pp.42-67 and pp.148-172.
- Hymes, Robert**(1987) "Not Quite Gentleman? Doctors in Sung and Yuan" in *Chinese Science*, 8, pp.9-76.
- Raphals, Lisa** (1998) "Notes on the Baoshan Medical Manuscripts". Unpublished paper, pp.1-4.
- von Falkenhausen, Lothar** (1995) "Reflections on the Political Role of Spirit Mediums in Early China: The *Wu* Officials in the *Zhou Li*" in *Early China*, 20, pp.279-300.

READING WEEK

(Week 6, 13 Feb 2012)

Lecture 6a Alchemy, Religion, and Chinese Medicine

(Week 7, 20 Feb 2012)

- Bokenkamp, Stephen** (1997) *Early Daoist Scriptures*. Berkeley: University of California Press.
- Ho, Peng Yoke** (2007) *Explorations in Daoism: Medicine and Alchemy in Literature*. Needham Research Institute Series. John P.C. Moffett and Cho Sungwu (eds.), T.H. Barrett (foreword). London: Routledge.
- Kaltenmark, Max** (1979) "The Ideology of the T'ai-p'ing ching" in Holmes Welch and Anna Seidel (eds.) New Haven: Yale University Press, pp.19-45.
- Kohn, Livia** (ed.) (1989) *Taoist Meditation and Longevity Techniques*. Ann Arbor: Centre for Chinese Studies, University of Michigan.
- * **Kohn, Livia** (ed.) (2000) *The Daoism Handbook*. Leiden: Brill. See articles by Fabrizio Pregadio ("Elixirs and Alchemy", pp.165-195), Lowell Skar and Fabrizio Pregadio ("Inner Alchemy (*Neidan*)", pp.464-497 especially pp.464-465 and pp.481-491),
- * **Levi, Jean** (1989) "The Body: The Daoists' Coat of Arms" in Michel Feher et. al. (eds.) *Fragments for a History of the Human Body, Part One*. New York: Zone, pp.105-127.
- Miller, James** (2003) *Daoism: A Short Introduction*. London: Oneworld Publications.
- Needham, Joseph, with Ho Peng Yoke** (1970 [1959]) "Elixir Poisoning in Mediaeval China" in *Clerks and Craftsmen in China and the West: Lectures and Addresses on the History of Science and Technology*. Cambridge: Cambridge University Press, pp.316-339.
- * **Pregadio, Fabrizio**, "The Golden Elixir" website, <http://www.goldenelixir.com/index.html>
- Robinet, Isabelle** (1997) *Taoism: Growth of a Religion*. Stanford: Stanford University Press.
- * **Schipper, Kristofer** (1993) *The Taoist Body*. Karen C. Duval (trans.) Berkeley: University of California Press. For instance, Chapter 9 on "The Immortals", pp.160-182.
- Sivin, Nathan** (1995) "Research on the History of Chinese Alchemy" in *Medicine, Philosophy and Religion in Ancient China: Researches and Reflections*. Aldershot: Variorum.
- Strickmann, Michel** (1979) "On the Alchemy of Tao Hung-Ching" in Holmes Welch and Anna Seidel (eds.) New Haven: Yale University Press, pp.123-192.

Lecture 6b Pharmacology and Food in China

(Week 7, 20 Feb 2012)

- * **Anderson, Eugene** (1990) *The Food of China*. New Haven: Yale University Press, Chapter 11 "Traditional Medical Values of Food", pp.229-243.
- Buell, Paul and Eugene Anderson** (2010) *A Soup for the Qan: Chinese Dietary Medicine of the Mongol Era*. Second Edition. Leiden: Brill, pp.81-158.
- Farquhar, Judith** (2002) *Appetites: Food and Sex in Postsocialist China*. Durham, NC: Duke University Press. Try Part I "Eating: A Politics of the Senses", pp.37-163.
- * **Harper, Donald** (1998) *Early Chinese Medical Literature: The Mawangdui Medical Manuscripts*. London: Kegan Paul International, especially pp.98-110.
- Lu, Gwei-Djen** (1966) "China's Greatest Naturalist: A Brief Biography of Li Shih-Chen" in *Physis*, 8, 4, pp.383-392.
- Métailié, Georges** (2001) "The *Bencao gangmu* of Li Shizhen: An Innovation in Natural History?" in Elisabeth Hsu (ed.) (2001) *Innovation in Chinese Medicine*. Needham Research Institute Series. Cambridge: Cambridge University Press, pp.221-261.

- ***Sabban, Françoise** (2000) "China" in Kenneth F. Kiple and Kriemhild Conèe Ornelas (eds.) *The Cambridge World History of Food*. Cambridge: Cambridge University Press, pp.1165-1175.
- * **Unschuld, Paul** (1986) *Medicine in China: A History of Pharmaceuticals*. Berkeley: University of California Press, Section D1 "Pen-ts'ao Works on Dietetics", pp.205-228.
- Unschuld, Paul** (2003) *Huang Di Nei Jing Su Wen: Nature, Knowledge, Imagery in an Ancient Chinese Medical Text*. Berkeley: University of California Press, section entitled "Drug Qualities and Dietary Therapy", pp.294-301.

Lecture 7 Joint Session: The Receptions of Western Medicine and Biomedicine in China and Tibet

(Week 8, 27 Feb 2012)

China Readings

- * **Andrews, Bridie** (1997) "Tuberculosis and the Assimilation of Germ Theory in China, 1895-1937" in *Journal for the History of Medicine and Allied Sciences*, 52, 1, pp.114-157
- Andrews, Bridie** (2001) "From Case Records to Case Histories: The Modernisation of a Chinese Medical Genre, 1912-49" in Elisabeth Hsu (ed.) *Innovation in Chinese Medicine*. Needham Research Institute. Cambridge: Cambridge University Press, pp.324-336.
- Cunningham, Andrew and Bridie Andrews** (1997) *Western Medicine as Contested Knowledge*. Manchester: Manchester University Press. Especially "Introduction", pp.1-23.
- * **Lei, Sean Hsiang-lin** (2000) "When Chinese Medicine Encountered the State, 1928-1937". Unpublished paper, <http://www.ihp.sinica.edu.tw/~medicine/active/years/hl.PDF>.
- Lei, Sean Hsiang-lin** (2002) "How Did Chinese Medicine Become Experiential? The Political Epistemology of *Jingyan*" in *positions: east asia cultures critique*, 10, 2, pp.333-364.
- Lei, Sean Hsiang-lin** (2010) "Sovereignty and the Microscope: Constituting Notifiable Infectious Disease and Containing the Manchurian Plague (1910-11)" in Angela Ki Che Leung and Charlotte Furth (eds.) *Health and Hygiene in Chinese East Asia: Policies and Publics in the Long Twentieth Century*. Durham, NC: Duke University Press, pp.73-106.
- * **Summers, William** (2002) "Manchurian Plague: Medicine and Politics, East and West" in *Harvard Asia-Pacific Review*, 6, 2, pp.10-13.

On Wu Lien-teh (1879-1960) and the Manchurian Plague:

- Flohr, Carsten** (1996) "The Plague Fighter: Wu Lien-teh and the Beginning of the Chinese Public Health System" in *Annals of Science*, 53, pp.361-380.
- Gamsa, Mark** (2006) "The Epidemic of Pneumonic Plague in Manchuria 1910-1911" in *Past and Present*, 190, pp.147-183.
- Wong, K. Chimin and Wu Lien-teh** (1936) *The History of Chinese Medicine*. Shanghai: National Quarantine Service, Volume 2, Chapter XII, pp.589-655.
- Wu, Lien-teh** (1959) *Plague Fighter: The Autobiography of a Modern Chinese Physician*. Cambridge: W. Heffer & Sons Ltd.

Tibet Readings

- ***Hofer, Theresia** (2011) "Changing Representations of the Female Tibetan Medical Doctor Khandro Yangkar (1907–1973)" in Alex McKay and Anna Balicki-Dengjongpa (eds.) *Buddhist Himalayas*. Delhi: Motilal Banarsidas.
- ***McKay, Alex** (2007) *Their Footprints Remain. Biomedical Beginnings Across the Indo-Tibetan Frontier*. Amsterdam: Amsterdam University Press. See **Introduction**, pp.19–54, and **Chapter Three** "Biomedicine and Buddhist Medicine in Tibet", pp.115-142 and **Chapter Four** "Medical Myths and Trends", pp.143-172.
- Morgan, William Stanley** *Amchi Sahib – A British Doctor in Tibet 1936-37*. Privately Printed, Acme Bookbinding, Charlestown, MA (available at SOAS Library).
- * **Wissing, Douglas A.** (2004) *Pioneer in Tibet – The Life and Perils of Dr. Albert Shelton*. New York: Palgrave Macmillan. **Chapter Seven**, "Doctor in Kham, 1908-1909", pp. 96-104.

Lecture 8 "TCM" – The Reinvention of Traditions

(Week 9, 5 Mar 2012)

- * **Andrews, Bridie** (1994) "Tailoring Tradition: The Impact of Modern Medicine on Traditional Chinese Medicine, 1887-1937" in Viviane Alleton and Alexei Volkov (eds.) *Notions et perceptions du changement en Chine*. Paris: Collège de France, pp.149-166.
- * **Andrews, Bridie** (1995) "Traditional Chinese Medicine as Invented Tradition" in *Bulletin of the British Association for Chinese Studies*, 6, pp.6–15
- Hsu, Elisabeth** (1999) *The Transmission of Chinese Medicine*. Cambridge: Cambridge University Press. Chapter 5, "The Standardised Transmission of Knowledge", pp.128-167.
- * **Taylor, Kim** (2005) *Chinese Medicine in Early Communist China, 1945-1963: A Medicine of Revolution*. London: RoutledgeCruzon. Chapter 3, pp.63-108 and Chapter 4, pp.109-150.
- * **Scheid, Volker** (2002) *Chinese Medicine in Contemporary China: Plurality and Synthesis*. Durham, NC: Duke University Press. See Chapter 3, pp.65-106.

Lecture 9 Tibetan Medicine, Communist Reforms and the Revitalisation of "Tradition"

(Week 10, 12 Mar 2012)

- Adams, Vincanne** (2001) "The Sacred in the Scientific: Ambiguous Practices of Science in Tibetan Medicine" in *Cultural Anthropology*, 16, 4, pp.542-575.
- Adams, Vincanne** (2001) "Particularizing Modernity: Tibetan Medical Theorizing of Women's Health in Lhasa, Tibet" in Linda Connor and Geoffrey Samuel (eds.) *Healing Powers and Modernity - Traditional Medicine Shamanism and Science in Asian Societies*. Westport CT : Bergin & Harvey, pp.222-246.
- Adams, Vincanne** (2007) "Integrating Abstraction: Modernising Medicine at Lhasa's Mentsikhang" in Mona Schrempf (ed.) *Soundings in Tibetan Medicine – Anthropological and Historical Perspectives*. Leiden: Brill, pp.29-43.
- Adams, Vincanne et. al.** (2005) "The Challenge of Cross-Cultural Clinical Trials Research: Case report from the Tibetan Autonomous Region, People's Republic of China" in *Medical Anthropology Quarterly*, 19, 2, pp. 267–289.

- Cai, Jing- Feng** (1995) "Traditional Medicine in China Today" in Jan van Alphen and Anthony Aris (eds.) *Oriental Medicine – An Illustrated Guide to the Asian Arts of Healing* London: Serindia.
- Choedrak, Tenzin** (2000) *The Rainbow Palace*. (A Memoir of a senior Tibetan Doctor)
- Craig, Sienna** (2007) "A Crisis in Confidence: A Comparison between Shifts in Tibetan Medical Education in Nepal and Tibet" in Mona Schrempf (ed.) *Soundings in Tibetan Medicine - Anthropological and Historical Perspectives*. Leiden: Brill, pp.127-154.
- Hofer, Theresia** (2008) "Socio-Economic Dimensions of Tibetan Medicine in the Tibet Autonomous Region, China – Part One" in *Asian Medicine: Tradition and Modernity*, 4, 1, pp.174-200.
- * **Janes, Craig R.** (1995) "The Transformation of Tibetan Medicine" in *Medical Anthropology Quarterly*, 9, 1, pp.6-39.
- Janes, Craig R.** (1999) "The Health Transition, Global Modernity and the Crisis of Traditional Medicine: The Tibetan Case" in *Social Science and Medicine*, 48, pp.1803-1820.
- Janes, Craig R.** (2001) "Tibetan Medicine at the Crossroads: Radical Modernity and the social Organisation of Traditional Medicine in the Tibet Autonomous Region, China" in Linda Connor and Geoffrey Samuel (eds.) *Healing Powers and Modernity - Traditional Medicine Shamanism and Science in Asian Societies*. Westport CT : Bergin & Harvey, pp.197-221.
- McKay, Alex** (2007) *Their Footprints remain. Biomedical Beginnings Across the Indo-Tibetan Frontier*. Amsterdam: Amsterdam University Press.
- Schrempf, Mona** (2007) "Bon Lineage Doctors and the Local Transmission of Knowing Medical Practice in Nagchu" in Mona Schrempf (ed.) *Soundings in Tibetan Medicine – Anthropological and Historical Perspectives*. Leiden: Brill, pp.91-126.
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