

## **Weekly Questionnaires**

## Date:

## Session number:

## Goal progress chart

Goal 1:

<b>Today I would rate my progress to this goal?</b> Please mark (e.g. bold or highlight) the appropriate number below									
1	2	3	4	5	6	7	8	9	10

Goal 2:

<b>Today I would rate my progress to this goal?</b> Please mark (e.g. bold or highlight) the appropriate number below									
1	2	3	4	5	6	7	8	9	10

Goal 3:

<b>Today I would rate my progress to this goal?</b> Please mark (e.g. bold or highlight) the appropriate number below								
1 2 3 4 5 6 7 8 9 10								

### How are things

Please mark (e.g. bold or highlight) the appropriate answers below with reference to the past week

		0	1	2	3
1	My child worries when he/she thinks he/she has done poorly at something	Never	Sometimes	Often	Always
2	My child feels scared when taking a test	Never	Sometimes	Often	Always
3	<i>My child worries when he/she thinks someone is angry with him/her</i>	Never	Sometimes	Often	Always
4	My child worries about doing badly at school work	Never	Sometimes	Often	Always
5	My child worries about looking foolish	Never	Sometimes	Often	Always
6	My child worries about making mistakes	Never	Sometimes	Often	Always
7	My child worries about what other people think of him/her	Never	Sometimes	Often	Always
8	My child feels afraid if he/she has to talk in front of the class	Never	Sometimes	Often	Always
9	My child feels afraid that he/she will make a fool of him/herself in front of people	Never	Sometimes	Often	Always

## Brief Parental Self Efficacy Scales

# The following are a number of statements about you and your child. Please mark how much you agree or disagree with each one.

	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
<ol> <li>Even though I may not always manage it, I know what I need to do with my child</li> </ol>					
2. I am able to do the things that will improve my child's behaviour					
3. I can make an important difference to my child					
<ol> <li>In most situations, I know what I should do to ensure that my child behaves</li> </ol>					
5. The things I do make a difference to my child's behaviour					

## How is your child doing?

### Thinking about the past week:

How much of an impact have my child's seizures had on my child's life?

No impact								Sig ne ir	nificant egative npact
1	2	3	4	5	6	7	8	9	10

Comments if any:

### Thinking about the recent past:

Since the last phone call, are my child's mental health difficulties:

Much worse	A bit worse	About the same	A bit better	Much better

How much have my child's mental health difficulties been upsetting or distressing him/her?

Not at all	A little	A medium amount	A great deal

How much have my child's mental health difficulties been interfering with his/her everyday life in the following areas?

	Not at all	A little	A medium amount	A great deal
Home life				
Friendships				
Ability to learn or work				
Leisure activities				

#### Thinking about the future:

How much better do you think he/she will be in one month's time?

No better, maybe worse	Only a little better	Quite a lot better	A great deal better