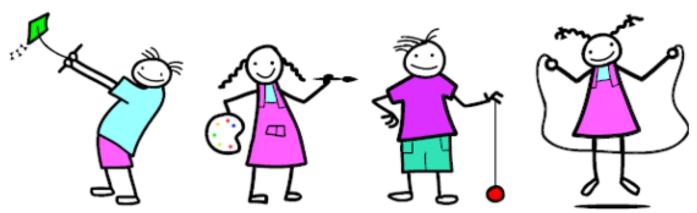


## Ten Things I Can Do to Feel Good!



1	
1.	 
2.	 
3.	 
••.	 
5.	 
7.	 
8.	 
9.	
1 ^	