

# NIHR GOSH BRC Vacation Studentship

## PROGRESS FORM - VACATION STUDENTS

<b>Student's name:</b>	Cho Man (Gladys) Hui
<b>Academic Programme:</b>	Population, Policy and Practice
<b>Project title(s):</b>	Investigating efficacy of mental health interventions for children with chronic illness, without chronic illness and neurological disorders using CORC data

### 1. Lay Summary

#### **What are you trying to do in this studentship?**

Firstly, I aim to gain a deeper insight into how large-scale clinical research studies are run and organised. Secondly, I hope to improve my data analysis/quantitative research skills. Lastly, I hope to use the knowledge and experiences gained from this studentship scheme to plan and evaluate my future study and career development.

#### **Why is this research important?**

Psychiatric disorders are four times greater in children with chronic physical illness than in children who are physically well. Therefore, it is important that children with chronic illness are provided both effective physical and mental health treatment. However, it remains unclear whether current psychological interventions for common childhood mental health disorders are appropriate for children with chronic physical illness. Hopefully through answering these questions, the findings will inform mental health services of the most effective ways to support children with physical illness.

### 2. Value of Your Experience

Having no previous research experience prior to this, my summer placement at PPP has been tremendously valuable to my academic, career and personal development. Working under the MICE team not only have I learnt the various stages involved in running a clinical trial, but also the possible obstacles and how to effectively overcome them. I also gained a deeper understanding into the importance of engaging patients from the study through Patient and Public Involvement (PPI) to ensure their expectations are being met and, if not, what needs to be changed.

Furthermore, it was great to be given the chance to attend occasional research seminars to further my knowledge on the cutting-edge research being conducted across ICH. Lastly, it has been incredibly inspiring to have worked within such a prestigious, hard-working and driven team; and there is no doubt the skills I have learnt will be invaluable to my academic and career development.