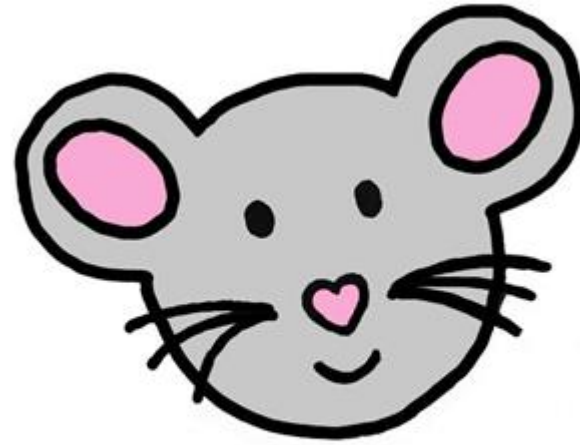
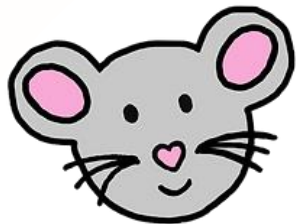
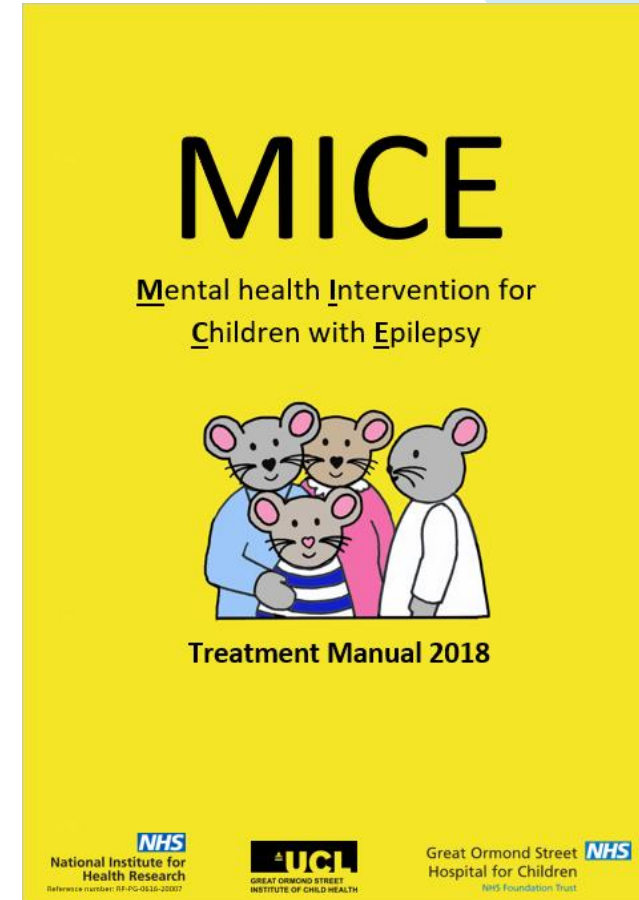
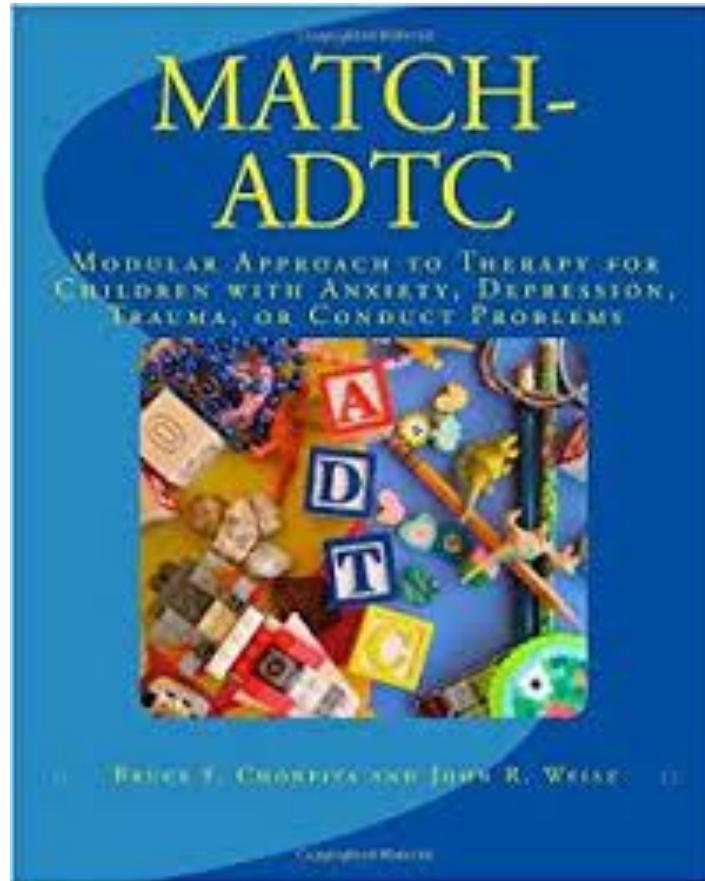


MICE example including benefits of modularity with MATCH- ADTC as an exemplar of modularity



MICE
Mental health Interventions for Children with
Epilepsy

Intervention



Anxiety

- Learning about Anxiety
- Using the Fear Thermometer
- Fear Ladder
- Practising
- Maintenance
- Cognitive STOP
- Wrap Up
- Booster (Anxiety)

Depression

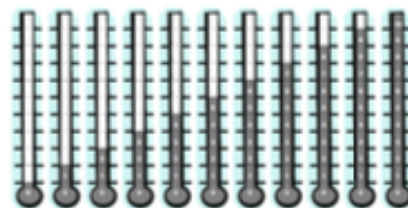
- Getting Acquainted: Depression
- Learning about Depression: Family
- Problem Solving
- Activity Selection
- Learning to Relax
- Quick Calming
- Presenting a Positive Self
- Cognitive: BLUE
- Cognitive: TLC
- Plans for Coping
- Wrap Up
- Booster (Depression)

Behaviour

- One to one time
- Praise
- Active Ignoring
- Instructions
- Rewards
- Time Out
- Making a Plan
- Daily Report Card
- Looking Ahead
- Booster (Conduct)



Fear Ladder (example)



Date: _____

Filled out by:

- ☐ Child
- ☐ Mother
- ☐ Father
- ☐ Other _____

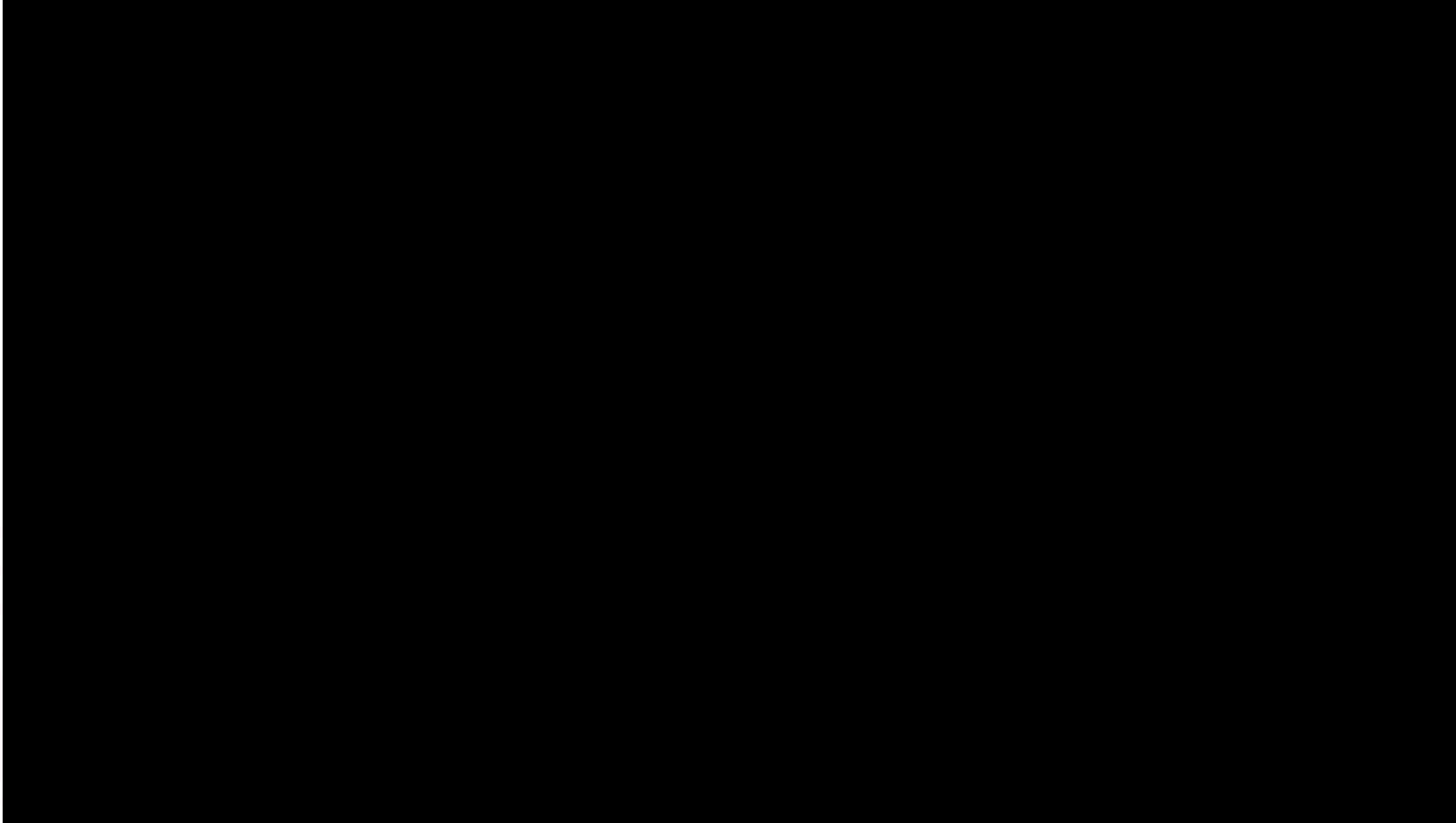
How scary is this item
today? Please give a
rating from 0-10.

ITEM	
Pet a stranger's dog	10
Pet the friend's dog	10
Go to a friend's house with a dog and look at dog while being held in same room	9
Go to the park where dogs are off leads and can see dogs from a long way away	8
Go to the park where dogs are on leads and can see dogs from a long way away	6
Talk about dogs while looking at a picture	4
Talk about dogs	3
Look at a picture of a large dog	2
Look at a picture of a small dog	2
Look at a picture of a puppy	1

Anxiety Module

GoAnimate

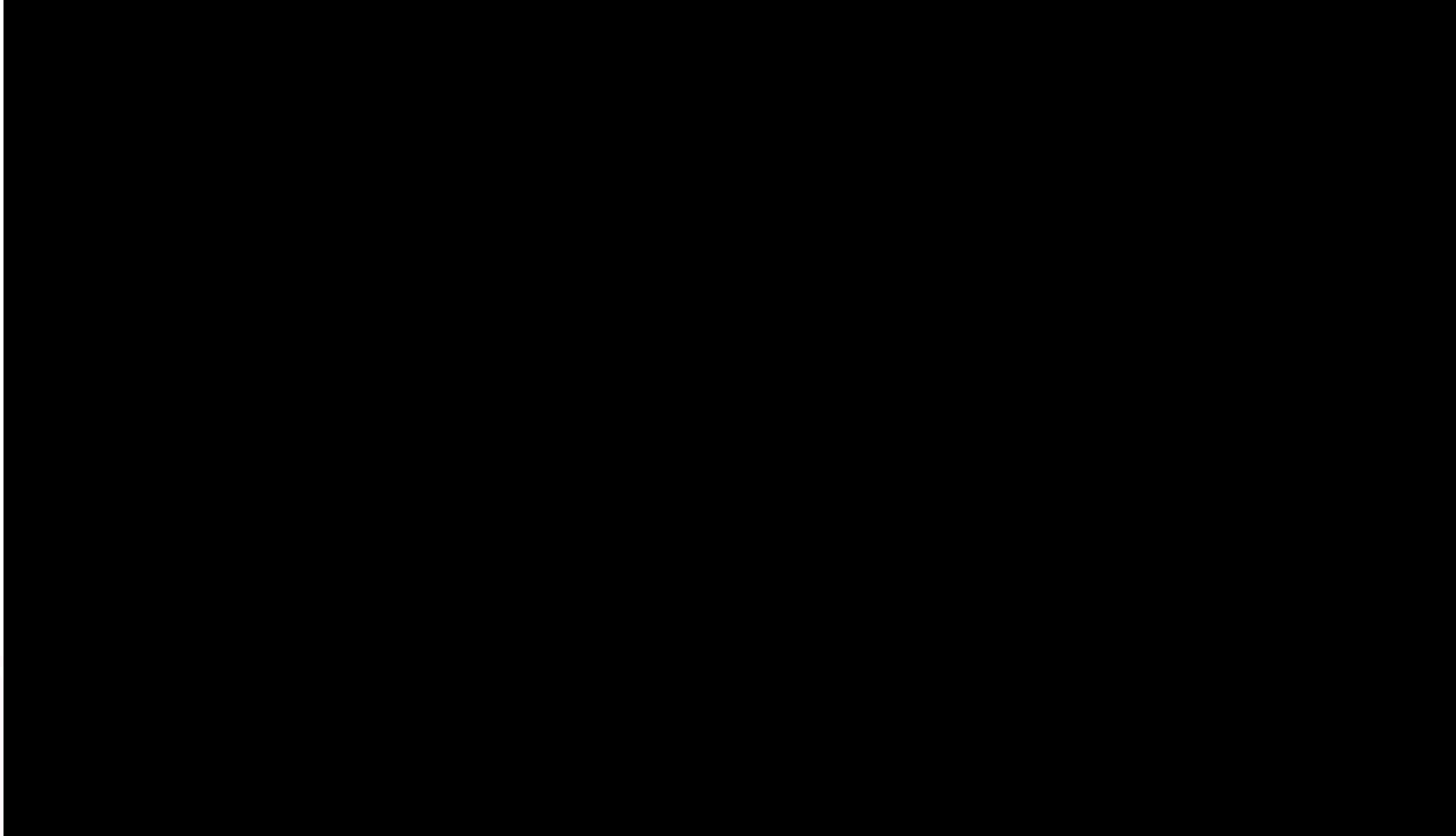
Depression Module



Behaviour Module



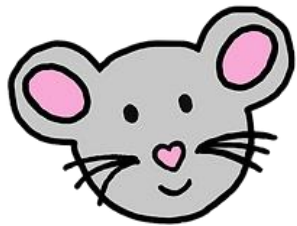
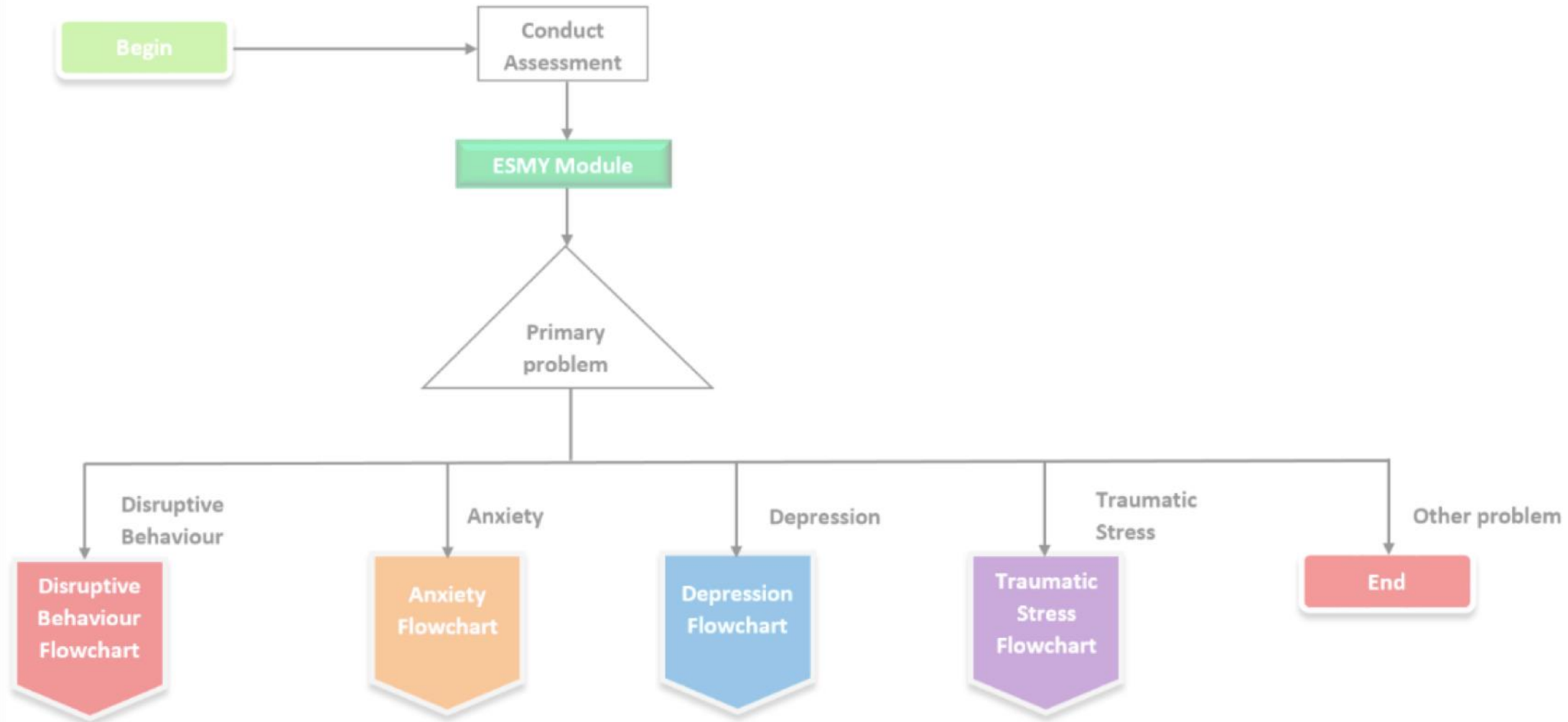
MindEd
elearning to support healthy minds



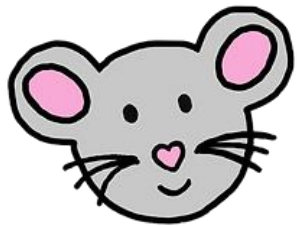
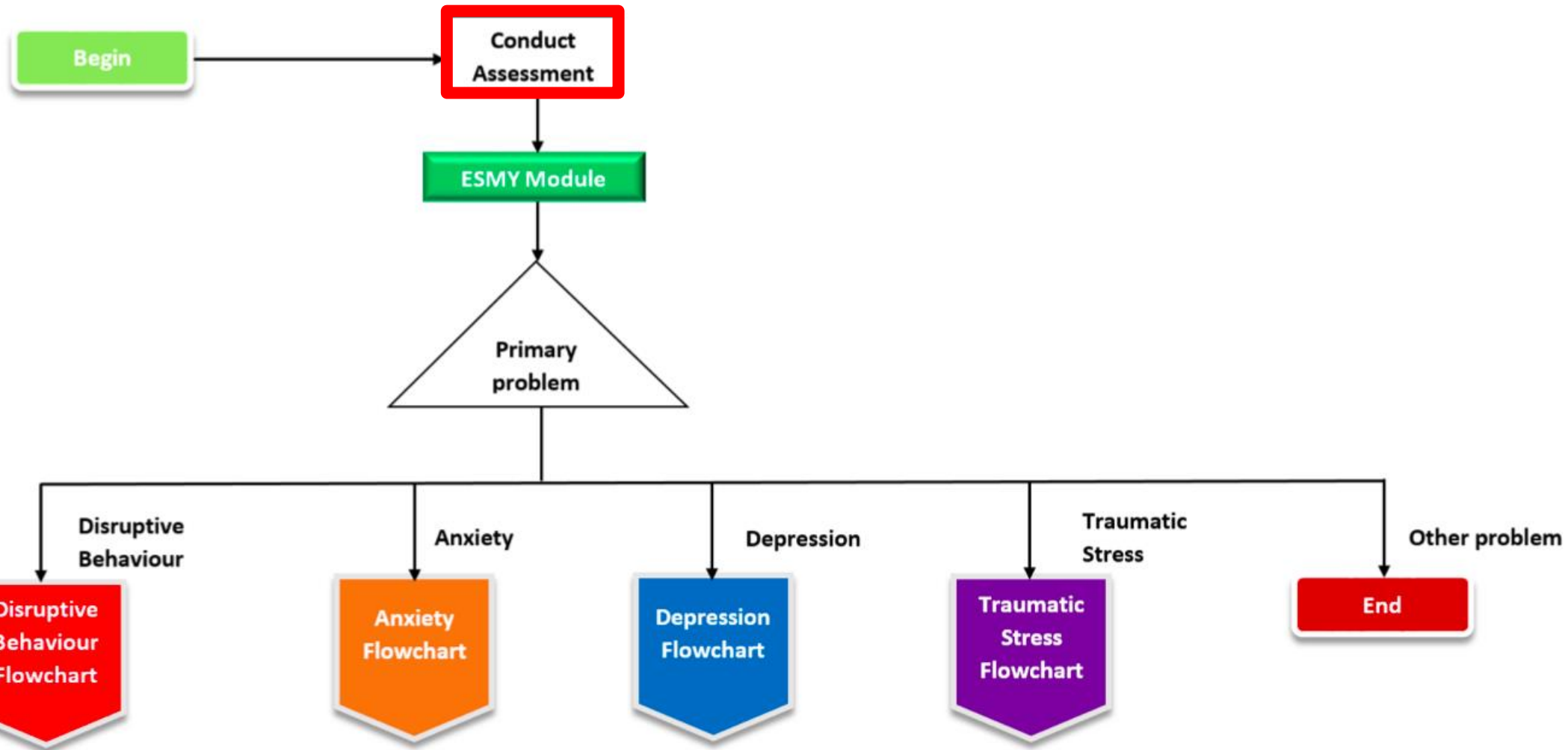
2. Principles underlying Modular Interventions



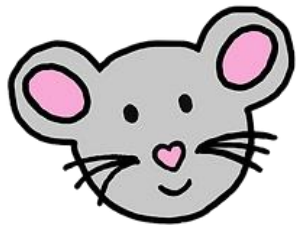
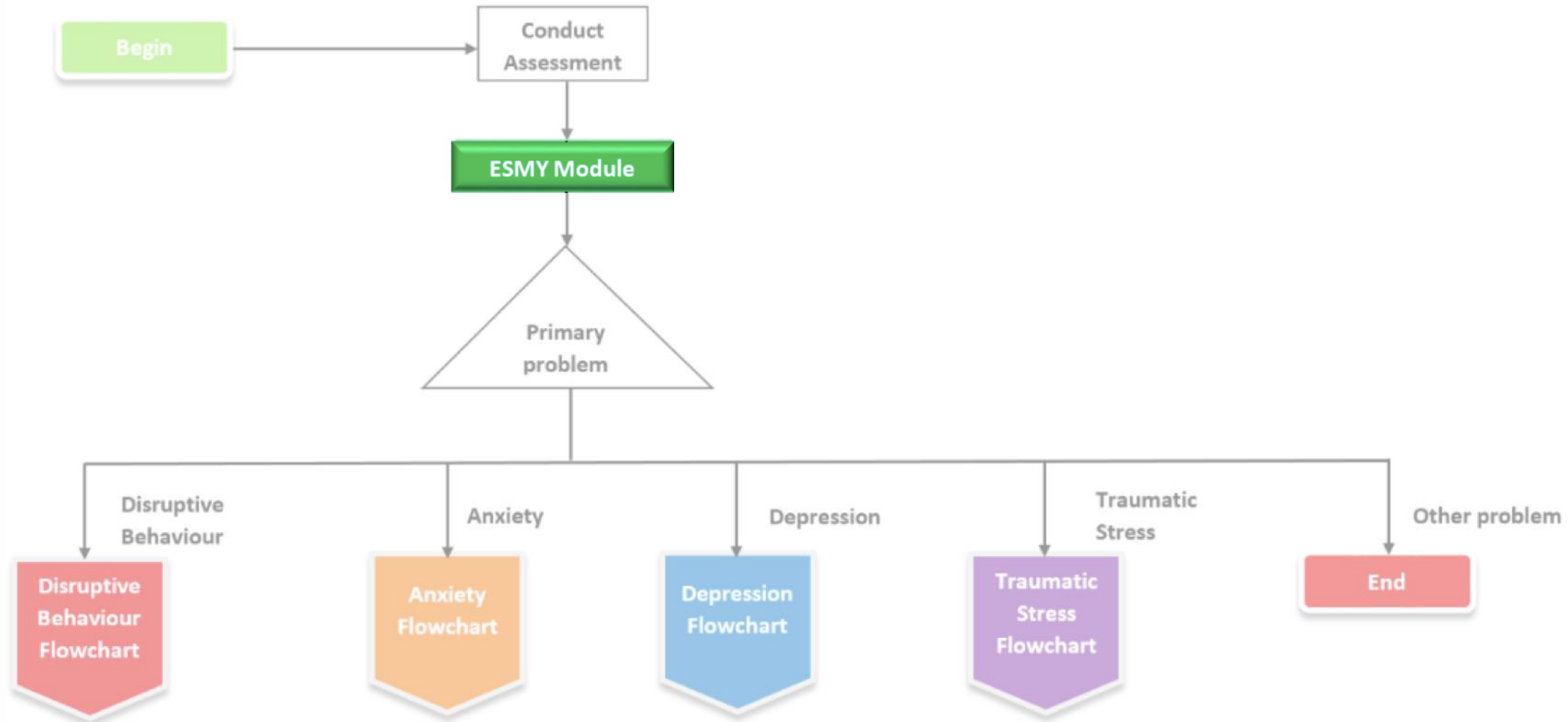
Intervention



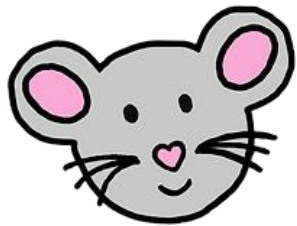
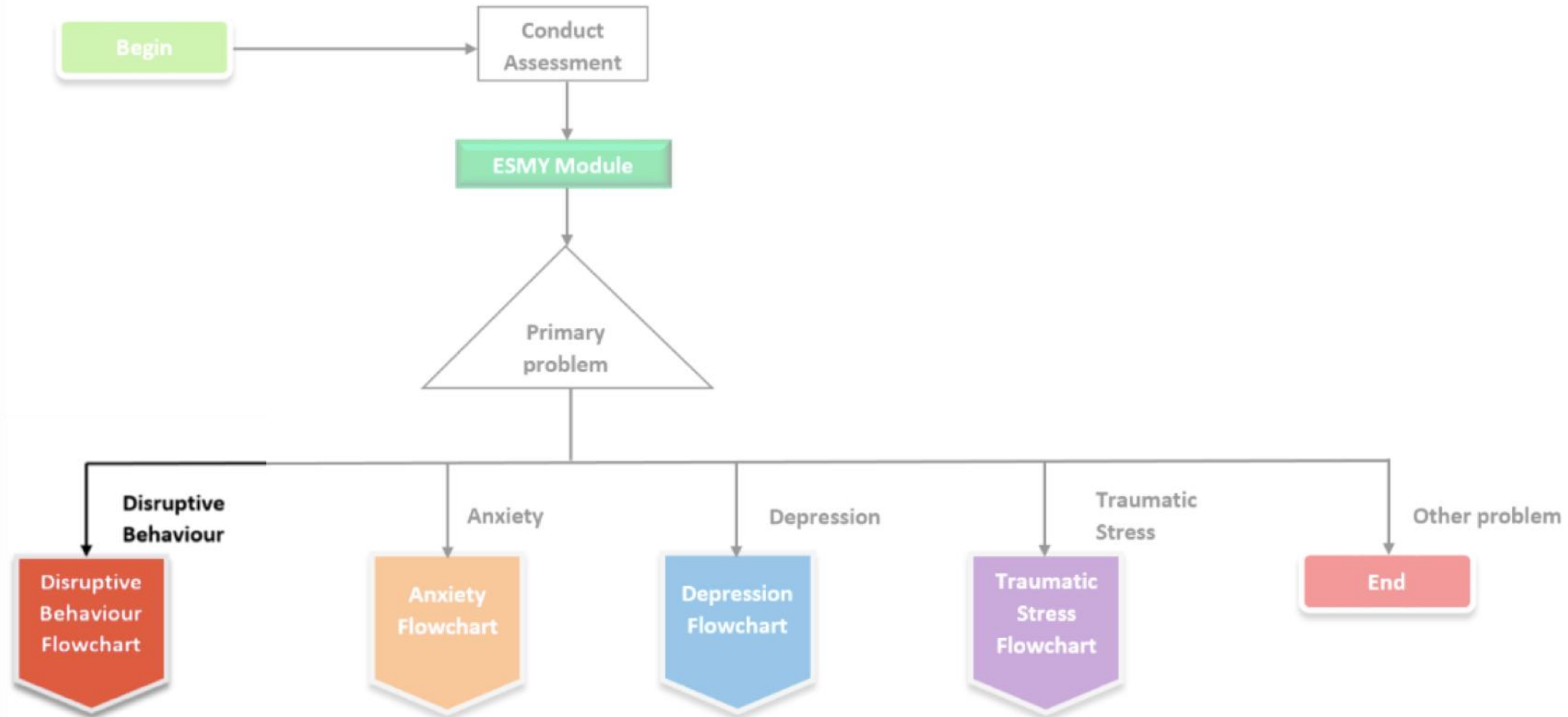
Intervention



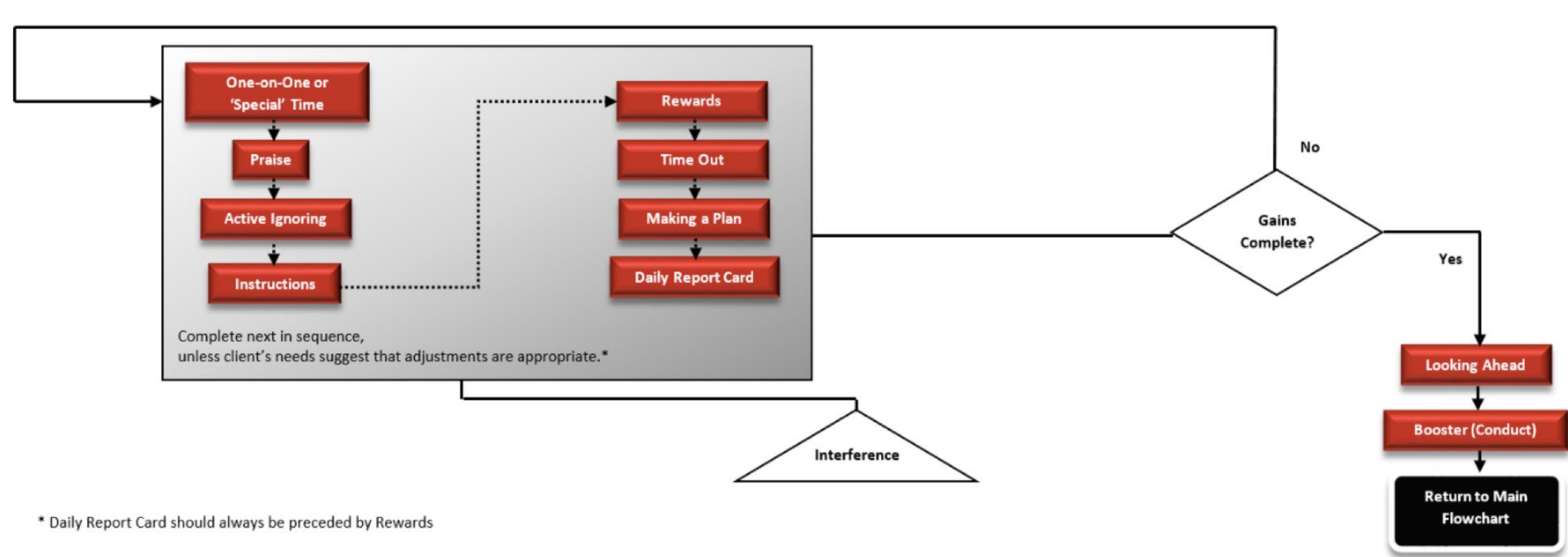
Intervention



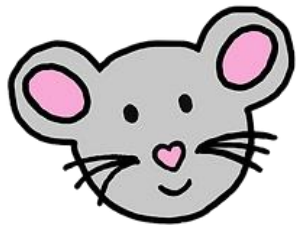
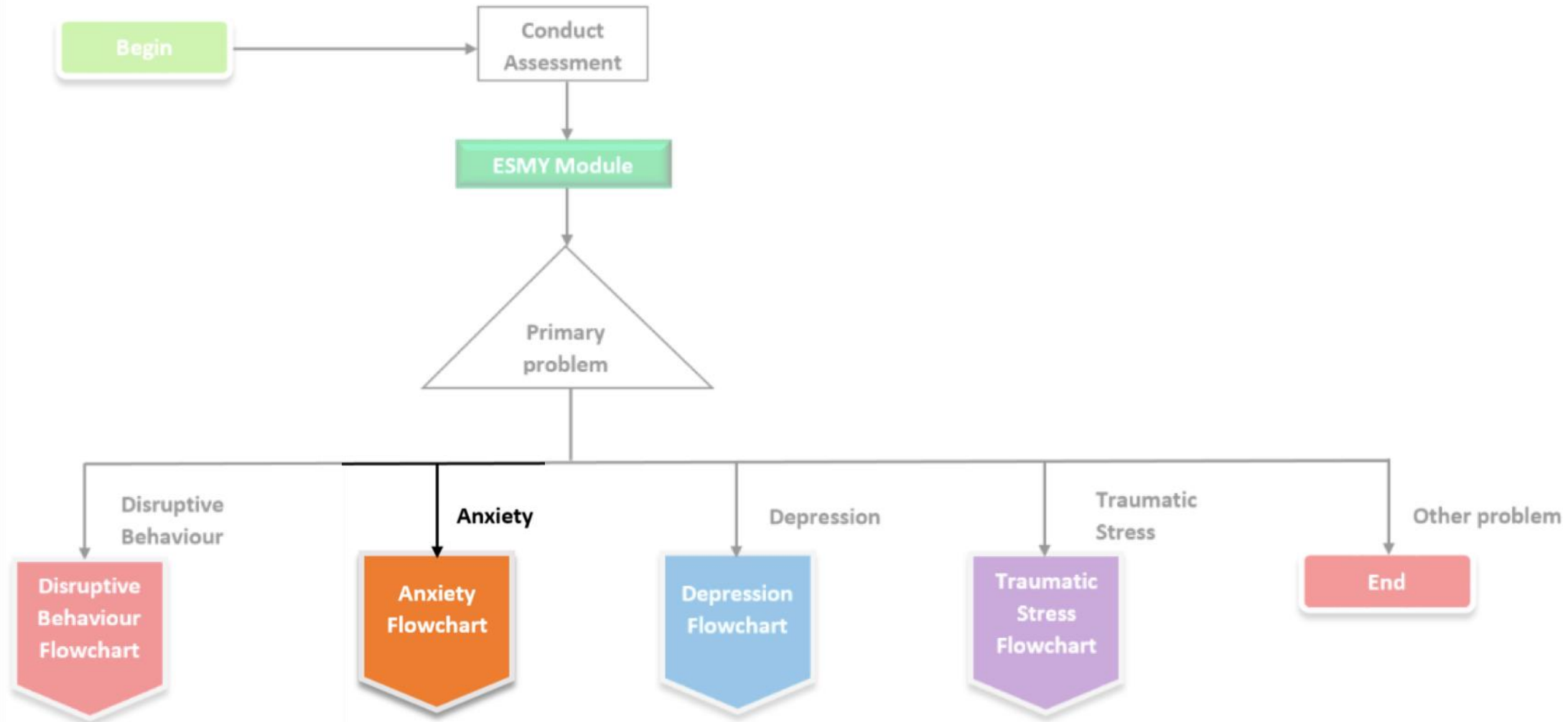
Intervention



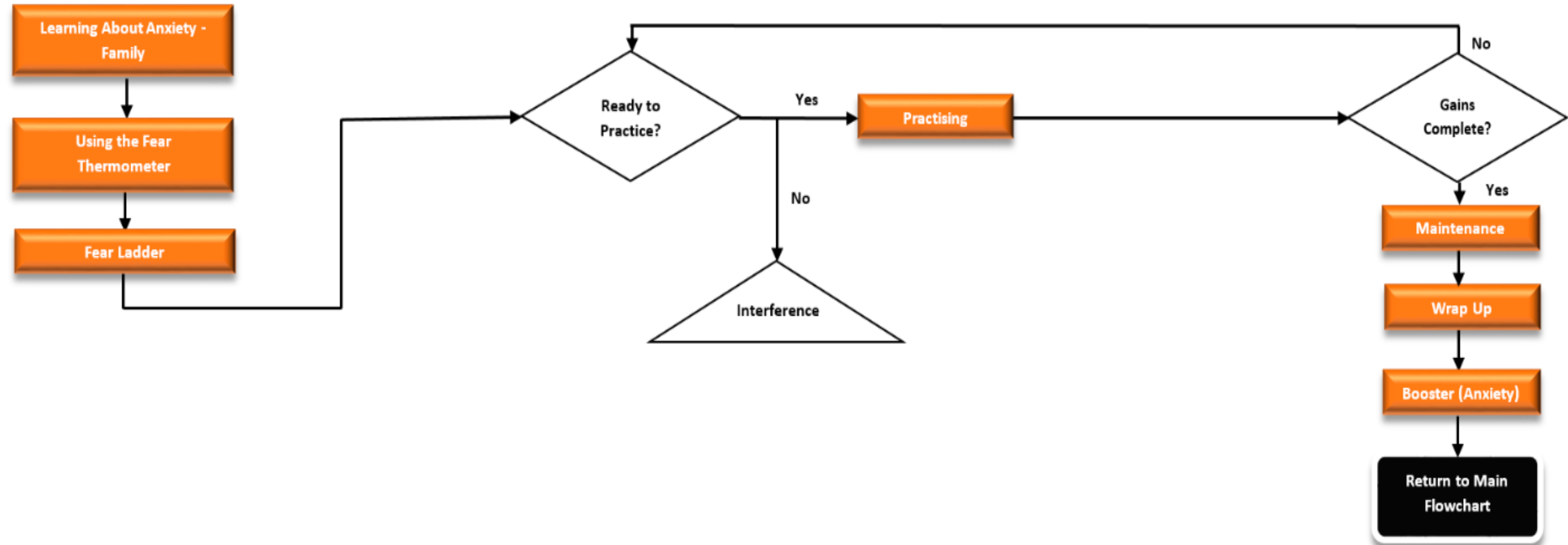
Intervention – Behaviour no interference



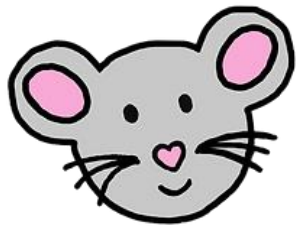
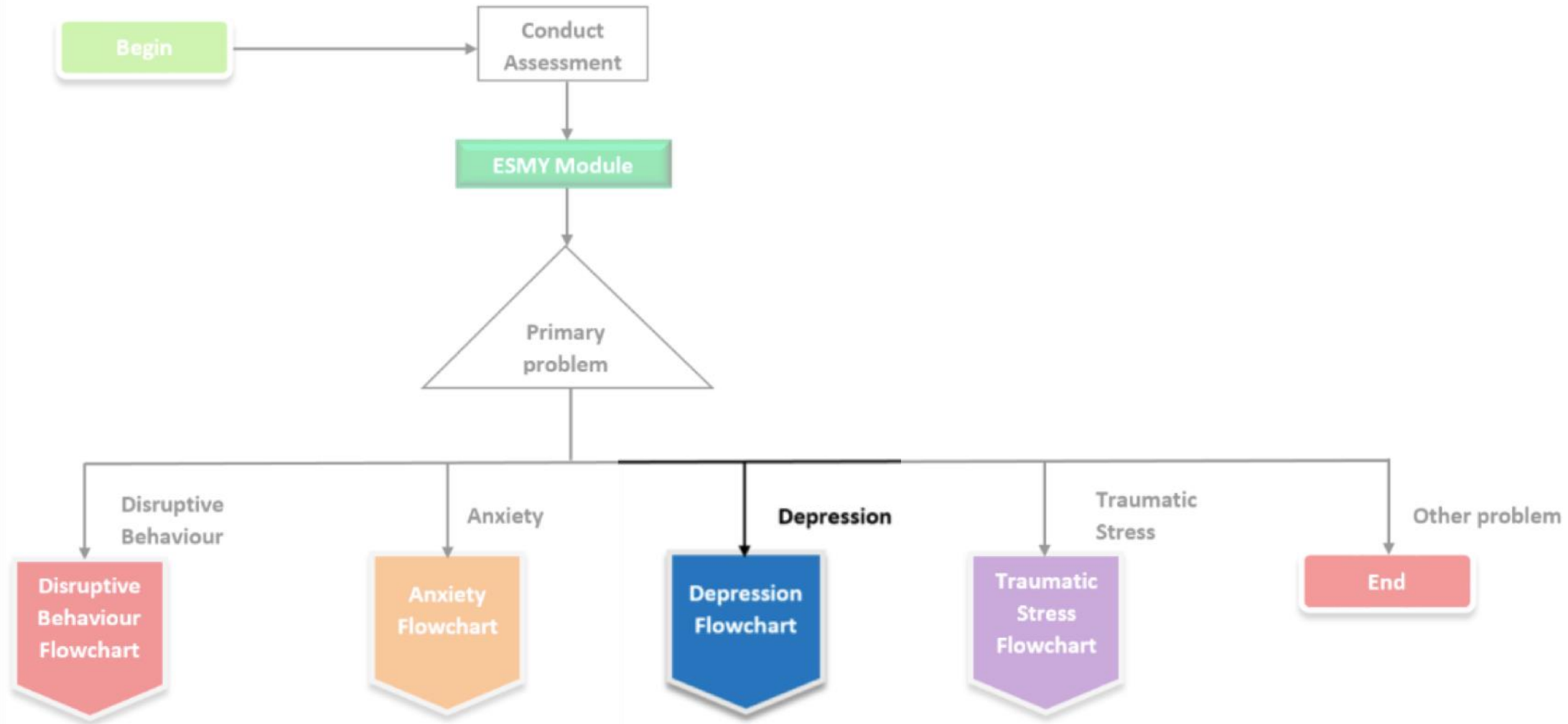
Intervention



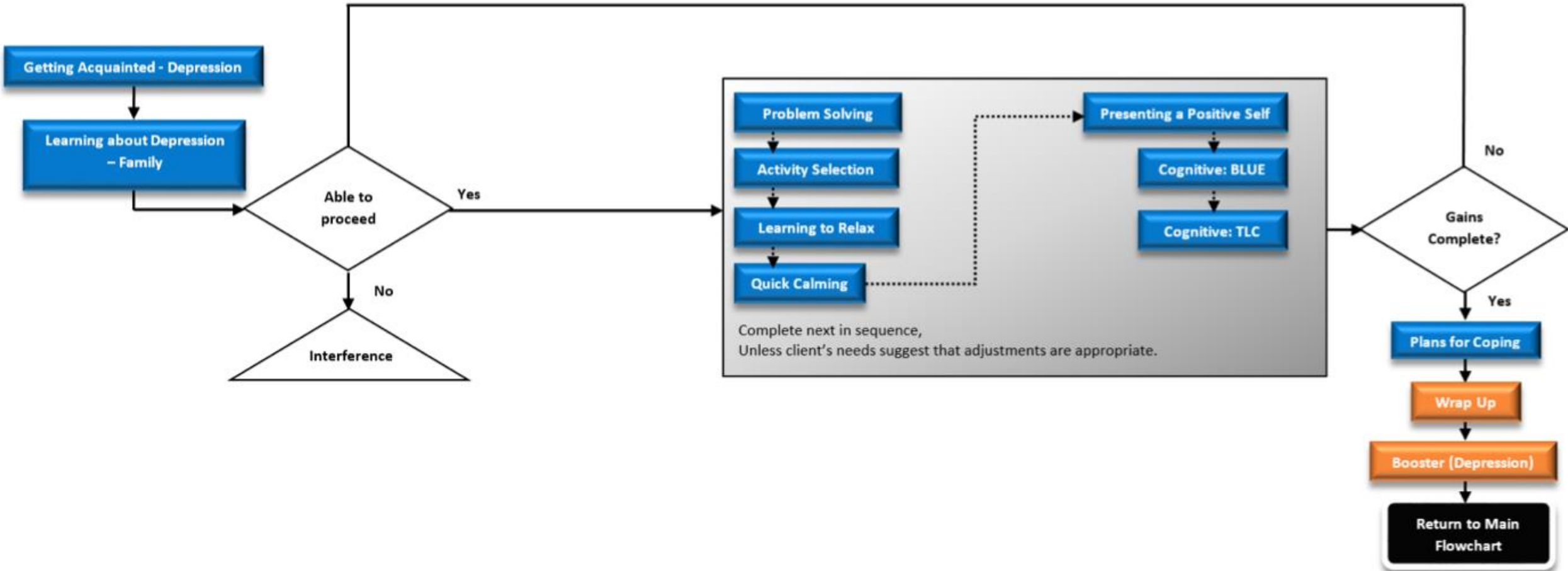
Intervention – Anxiety no interference



Intervention

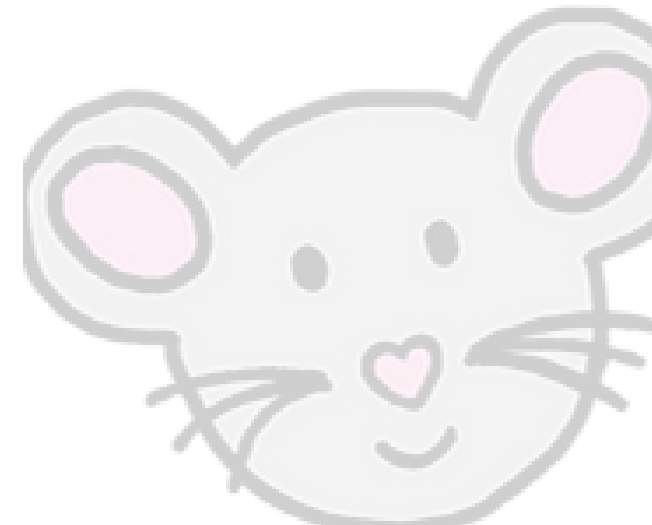


Intervention – Depression no interference





But what if something does
'interfere'?



Intervention – Depression with interference

