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| **RCADS Please check the box underneath the word that shows how often each of these things happen to your child.**  **There are no right or wrong answers.** |  |  |  |  |
|  | **Never** | **Sometimes** | **Often** | **Always** |
| 1. My child worries about things |  |  |  |  |
| 1. My child feels sad or empty |  |  |  |  |
| 1. When my child has a problem, he/she gets a funny feeling in his/her stomach |  |  |  |  |
| 1. My child worries when he/she thinks he/she has done poorly at something |  |  |  |  |
| 1. My child feels afraid of being alone at home |  |  |  |  |
| 1. Nothing is much fun for my child anymore |  |  |  |  |
| 1. My child feels scared when taking a test |  |  |  |  |
| 1. My child worries when he/she thinks someone is angry with him/her |  |  |  |  |
| 1. My child worries about being away from me |  |  |  |  |
| 1. My child is bothered by bad or silly thoughts or pictures in his/her mind |  |  |  |  |
| 1. My child has trouble sleeping |  |  |  |  |
| 1. My child worries about doing badly at school work |  |  |  |  |
| 1. My child worries that something awful will happen to someone in the family |  |  |  |  |
| 1. My child suddenly feels as if he/she can’t breathe when there is no reason for this |  |  |  |  |
| 1. My child has problems with his/her appetite |  |  |  |  |
| 1. My child has to keep checking that he/she has done things right (like the switch is off, or the door is locked) |  |  |  |  |
| 1. My child feels scared to sleep on his/her own |  |  |  |  |
| 1. My child has trouble going to school in the mornings because of feeling nervous or afraid |  |  |  |  |
| 1. My child has no energy for things |  |  |  |  |
| 1. My child worries about looking foolish |  |  |  |  |
| 1. My child is tired a lot |  |  |  |  |
| 1. My child worries that bad things will happen to him/her |  |  |  |  |
| 1. My child can’t seem to get bad or silly thoughts out of his/her head |  |  |  |  |
| 1. When my child has a problem, his/her heart beats really fast |  |  |  |  |
| 1. My child cannot think clearly |  |  |  |  |
| 1. My child suddenly starts to tremble or shake when there is no reason for this |  |  |  |  |
| 1. My child worries that something bad will happen to him/her |  |  |  |  |
| 1. When my child has a problem, he/she feels shaky |  |  |  |  |
| 1. My child feels worthless |  |  |  |  |
| 1. My child worries about making mistakes |  |  |  |  |
| 1. My child has to think of special thoughts (like numbers or words) to stop bad things from happening |  |  |  |  |
| 1. My child worries what other people think of him/her |  |  |  |  |
| 1. My child is afraid of being in crowded places (like shopping centres, the movies, buses, busy playgrounds) |  |  |  |  |
| 1. All of a sudden my child will feel really scared for no reason at all |  |  |  |  |
| 1. My child worries about what is going to happen |  |  |  |  |
| 1. My child suddenly becomes dizzy or faint when there is no reason for this |  |  |  |  |
| 1. My child thinks about death |  |  |  |  |
| 1. My child feels afraid if he/she has to talk in front of the class |  |  |  |  |
| 1. My child’s heart suddenly starts to beat too quickly for no reason |  |  |  |  |
| 1. My child feels like he/she doesn’t want to move |  |  |  |  |
| 1. My child worries that he/she will suddenly get a scared feeling when there is nothing to be afraid of |  |  |  |  |
| 1. My child has to do some things over and over again (like washing my hands, cleaning or putting things in a certain order) |  |  |  |  |
| 1. My child feels afraid that he/she will make a fool of him/herself in front of people |  |  |  |  |
| 1. My child has to do some things in just the right way to stop bad things from happening |  |  |  |  |
| 1. My child worries when in bed at night |  |  |  |  |
| 1. My child would feel scared if he/she had to stay away from home overnight |  |  |  |  |
| 1. My child feels restless |  |  |  |  |