

Optimising engagement and outcomes for patients with Functional/Medically Unexplained Symptoms

11th September 2020 • This conference will be delivered on Zoom

This is the 2nd London International One Day Conference on clinical aspects of functional symptom disorders – following the success of our 1st conference in 2018.

In 2020 we want to focus especially on aspects of communication and engagement which contribute to successful outcomes, and on the current evidence-base for effective intervention.

Aimed at clinicians from a range of disciplines (including child and adolescent mental health, general practice and paediatrics)

You will learn strategies to facilitate engagement and reflect on how to design services with patients at the centre

Topics include:

- Updates from the current evidence base
- Service design and care pathways
- Working across disciplines with schools
- Case example and treatment challenges
- Up to date knowledge and insights into mind and body clinical services and research
- Hear from world-experts on service organisation and policy for functional symptom disorders.
- International principle investigators report emerging evidence from the most recent clinical trials for functional symptom treatment in children and adults.
- Detailed, interactive skills-based workshop on 'what to say' and 'what not to say' to patients with functional symptoms – video sessions
- Meet young people and their families – video and live discussions with the families that use our services for functional symptom disorders

Course Director:

Professor Isobel Heyman

Consultant Child and Adolescent Psychiatrist and Honorary Professor Psychological Medicine Team Great Ormond Street Hospital for Children

Contact:

ICH Events

UCL Great Ormond Street Institute of Child Health
30 Guilford Street, London WC1N 1EH
E-mail: ich.events@ucl.ac.uk

Fees

Early Bird (book before 31/07/2020): **£80**

Standard: **£100**

We are delighted that in order to promote awareness in GPs Health Education England have agreed to fund places for the first 50 GPs to register. So please book your free place!

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| 08:30 – 09:00 | Registration |
| 09:00 – 09:10 | Welcome Professor Isobel Heyman |
| 09:10 – 09:30 | Integrated mental & physical care, dream or reality? Professor Michael Sharpe |
| 09:30 – 09:50 | What does good treatment look like? Cool Kid Health Trial Professor Maria Kangas |
| 09:50 – 10:10 | Lessons learnt about treatment of somatic symptoms from recent randomised controlled trials Professor Trudie Chalder |
| 10:10 – 10:20 | Break |
| 10:20 – 11:40 | Interactive session – Engaging – communication is key! Professor Judith Rosmalen |
| 11:40 – 11:50 | Break |
| 11:50 – 12:10 | How are we doing – education, understanding and model services Professor Mark Edwards |
| 12:10 – 13:45 | Designing services with patients at the centre-hearing from families Dr Eve McAllister and Dr Maria Hadji-Michael |
| 12:10 – 12:15 | Introductions from the facilitators |
| 12:15 – 12:45 | Videos from the families |
| 12:45 – 13:00 | Break and opportunity to post questions |
| 13:00 – 13:45 | Child and family panel |
| 13:45 – 13:50 | Closing remarks |

All times stated British Summer Time