

# BMJ Best Practice

BMJ Best Practice is a point of care tool which aims to assist health professionals in making decisions about treatment and diagnosis. It uses an evidence-based, patient-focused approach.

BMJ Best Practice can be used to:

- Get a second opinion about prevention, diagnosis, treatment or prognosis
- Identify UK or international guidelines
- Identify evidence-based synopses
- Develop professionally – notes and links can be saved to a personal portfolio
- Identify images or procedural videos to be used for educational purposes

## How to access BMJ Best Practice

BMJ Best Practice is at [bestpractice.bmj.com](https://bestpractice.bmj.com).

**UCL staff and students** can access BMJ Best Practice **onsite** without entering a username and password. For offsite access:

- Go to [ucl.ac.uk/child-health/support-services/library/databases](https://ucl.ac.uk/child-health/support-services/library/databases).
- Click on **Best Practice**.
- Click on the **UCL logo**.
- You will be prompted to sign in with a **UCL computer username and password**

**GOSH staff** can access BMJ Best Practice from the walk-in 'UCL Explore' computers located in the GOS-ICH Library. Please bring a non-encrypted USB stick with you if you wish to download information.

## Searching Best Practice

To conduct a search in Best Practice you can:

- Search by typing in keywords.
- Browse by conditions by **Recent updates** or by **Specialties**.

Search results are sorted by relevance and categorised by type of content. If available, a summary of information relating to the condition will appear to the right of the search results.

The screenshot shows search results for 'febrile seizure'. At the top, there are language options: English, Português, Español, and Русский. Below this, there are tabs for 'ALL' and 'IMAGES AND VIDEO'. The main results list includes:
 

- Febrile seizure: Summary · History and exam · Investigations · Differentials · Treatment algorithm
- Febrile seizures - Patient leaflet (with a document icon)
- Generalised seizures in children: Summary · History and exam · Investigations · Differentials · Treatment algorithm
- Generalised seizures: Summary · History and exam · Investigations · Differentials · Treatment algorithm
- Overview of seizure disorder

 On the right side, there is a summary panel for 'Febrile seizure' with sections:
 

- Differentials**: Acute bacterial meningitis, Viral meningitis, Viral encephalitis. A 'Full details' link is present.
- Tests to order**: diagnosis is clinical: seizures associated with fever. A 'Full details' link is present.
- Management**

**Overview Monographs** provide a general synopsis of a group of conditions.

The screenshot shows the 'Overview of seizure disorder' monograph. It has a blue header with the title and a 'View PDF' icon. Below the header, there are two columns: 'OVERVIEW' and 'RESOURCES'. Under 'OVERVIEW', there is a link for 'Summary'. Under 'RESOURCES', there are links for 'References' and 'Patient leaflets'.

**Condition Monographs** are more detailed and provide information on the complete management of a patient with this disease.

Febrile seizure						 View PDF
OVERVIEW	THEORY	DIAGNOSIS	MANAGEMENT	FOLLOW UP	RESOURCES	
<a href="#">Summary</a>	<a href="#">Epidemiology</a>	<a href="#">Approach</a>	<a href="#">Approach</a>	<a href="#">Monitoring</a>	<a href="#">Guidelines</a>	
	<a href="#">Aetiology</a>	<a href="#">History and exam</a>	<a href="#">Treatment algorithm</a>	<a href="#">Complications</a>	<a href="#">Images and videos</a>	
	<a href="#">Case history</a>	<a href="#">Investigations</a>	<a href="#">Prevention</a>	<a href="#">Prognosis</a>	<a href="#">References</a>	
		<a href="#">Differentials</a>	<a href="#">Patient discussions</a>		<a href="#">Patient leaflets</a>	
					<a href="#">Evidence</a>	

## Best Practice links out to other information resources:

- References are linked to PubMed records, from which you can access the full-text if it is available through either UCL or NHS Athens.
- Information about drugs and drug dosages is linked to the British National Formulary (BNF).
- There are also links to national and international guidelines and patient information leaflets.

## Mobile Access to BMJ Best Practice

Best Practice app is available for Android or iOS. To download it, you need to create a personal account with BMJ Best Practice. You will need to use this login to download the new app from the App Store or Google Play.

## Further Information

For further information or support in using Best Practice, please contact the [GOS ICH Library](#) at [ich.library@ucl.ac.uk](mailto:ich.library@ucl.ac.uk).

*Last update: January 2020*

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[ich.library@ucl.ac.uk](mailto:ich.library@ucl.ac.uk)

[www.ucl.ac.uk/child-health/support-services/library](http://www.ucl.ac.uk/child-health/support-services/library)