

Ellen M Henderson, BA, HDip, MSc, MBPsS, PhD

Short Biographical Statement

Senior Research Associate, the Louis Dundas Centre for Children's Palliative Care, UCL Institute of Child Health; Honorary Research Associate, Great Ormond Street Hospital for children NHS Foundation Trust.

Ellen joined the Louis Dundas Centre for Children's Palliative Care at The UCL Great Ormond Street Institute of Child Health in February 2014 as the Senior Research Associate. An experienced researcher, the majority of her research has been in pain management for chronic or acute pain or into improving clinical and research practice in the management of pain and other symptoms. Ellen graduated in 2013 with a PhD from the University of Bath in the Psychology of Child Pain. Ellen takes an interest in decision making for the management of pain and symptoms in children with chronic, life-threatening, life-limiting conditions and in the ethics of online research with patients.

Projects:

1. Understanding Decision Making for Children with High Risk Brain Tumours: A Prospective, Longitudinal Study of Parents, Children and Clinicians to Provide Guidance for Clinical Consultations.
2. Optimizing parenteral analgesia in children and young people with life limiting conditions: The experience of families and health care professionals service
3. Toward a model of assessment and formulation of pain in paediatric palliative medicine: A synthesis of evidence to inform clinical practice delivered by non-specialist clinicians
4. A feasibility and pilot study for tactile perception testing in children with non-malignant, life limiting conditions, cared for at home

Supervision:

1. Secondary supervisor: Miss Johanna Kempe [MPhil] How do young people with cancer use the internet?

Teaching:

1. Course co-ordinator for the Louis Dundas Centre Research Grand rounds for Great Ormond Street Children's Hospital. February 2014-present. Format of the Rounds are 30% skills training, 30% updates from research activities of the LDC and 30% external speakers. I teach approximately a third of these sessions.

Publications:

1. Bluebond-Langner, M., Hargrave, D., **Henderson, E. M.**, & Langner, R. (in press). 'I have to live with the decisions I make': laying a foundation for decision making for children with life-limiting conditions and life-threatening illnesses. *Arch Dis Child*. doi: 10.1136/archdischild-2015-310345
2. McGuire, B. E., **Henderson, E. M.**, & McGrath, P. J. (2017). Translating e-pain research into patient care. *Pain*, 158(2), 190-193. doi: 10.1097/j.pain.0000000000000686
3. Beckett, K., **Henderson, E. M.**, Parry, S., Stoddart, P., & Fletcher, M. (2016). A mixed-method study of pain management practice in a UK children's hospital: identification of barriers and developing strategies to maintain effective in-patient paediatric pain management. *Nursing Open*, 3(1), 19-29. doi: 10.1002/nop2.33

4. Craig, F., **Henderson, E.M.**, Bluebond-Langner, M. (2015). Management of respiratory symptoms in paediatric palliative care. *Current Opinion in Supportive and Palliative Care*, 9 (3), 217-226. Doi: 10.1097/SPC.0000000000000154
5. **Henderson, E. M.**, & Fletcher, M. (2014). Nursing culture: An enemy of evidence-based practice? A focus group exploration. *Journal of Child Health Care*, 19(4), 550-557. doi: 10.1177/1367493514530956
6. **Henderson, E. M.**, & Eccleston, C. (2013). An online adolescent message board discussion about the internet. *Journal of Child Health Care*, 19(3), 412-418. doi: 10.1177/1367493513509420
7. **Henderson, E. M.**, Keogh, E., & Eccleston, C. (2013). Why go online when you have pain? A qualitative analysis of teenagers' use of the internet for pain management advice. *Child Care Health and Development*, 40(4), 572-579. Doi: 10.1111/cch.12072
8. **Henderson, E. M.**, Keogh, E., Rosser, B. A., & Eccleston, C. (2013). Searching the Internet for help with pain: Adolescent search, coping, and medication behaviour. *British Journal of Health Psychology*, 18(1), 218-232. doi: 10.1111/bjhp.12005
9. **Henderson, E. M.**, Law, E. F., Palermo, T. M., & Eccleston, C. (2012). Ethical guidance for pediatric e-health research using examples from pain research with adolescents. *Journal of Pediatric Psychology*, 37, 1116-1126. doi: 10.1093/jpepsy/jss085
10. **Henderson, E. M.**, Rosser, B. A., Keogh, E., & Eccleston, C. (2012). Internet sites offering adolescents help with headache, abdominal pain, and dysmenorrhoea: a description of content, quality, and peer interactions. *Journal of Pediatric Psychology*, 37 (3), 262-271. doi: 10.1093/jpepsy/jsr100

Selected presentations:

1. **Henderson, E. M.** (2016). Suitability, feasibility, utilisation and acceptability of patient controlled analgesia in the community for children with life limiting conditions (oral presentation). *3rd Congress on Paediatric Palliative Care: a Global Gathering (Rome)*.
2. **Henderson, E. M.** (2015). Our history, our present, our future: creating an evidence base for pain management in paediatric palliative care, a story of barriers and clever ways to overcome them: The Louis Dundas Centre Symposium (oral presentation). *7th International Conference in Paediatric Palliative Care (Cardiff)*.
3. **Henderson, E.M.**, McGuire, B., & McGrath, P. (2014). A debate about the ethics of online interventions for pain (oral presentation). *The Canadian Pain Society Meeting (Quebec)*.
4. **Henderson, E. M.**, Keogh, E., & Eccleston, C. (2012). An online message board discussion of pain coping behaviour amongst frequent adolescent users of online pain information: Let's chat pain. *The British Pain Society ASM (Liverpool)*.
5. **Henderson, E. M.**, Keogh, E., & Eccleston, C. (2012). Ethical guidance for paediatric e-health research in the context of pain. *The British Pain Society ASM (Liverpool)*.
6. **Henderson, E. M.**, Keogh, E., & Eccleston, C. (2012). A focus group discussion of the factors inhibiting online information seeking around pain in a group of healthy adolescents. *The British Pain Society ASM (Liverpool)*.
7. **Henderson, E. M.**, & Moore, D. J. (2013). A Developmental Psychology of Paediatric Pain: A topical Review. *9th International Symposium on Pediatric Pain (Stockholm)*.
8. **Henderson, E. M.**, & Eccleston, C. (2013). The hierarchy of online information seeking about pain. *9th International Symposium on Pediatric Pain (Stockholm)*.
9. **Henderson, E. M.**, & Eccleston, C. (2013). The ethics of online research for adolescents in pain: lessons learned. *9th International Symposium on Pediatric Pain (Stockholm)*.

10. Stinson, J., Forgeron, P & **Henderson, E. M.** (2013). The trend to befriend: Peer-to-peer support in paediatric pain patients. (oral presentation). *9th International Symposium on Pediatric Pain*.
11. **Henderson, E. M.**, & Eccleston, C. (2013). Information and support provided online: are we doing the best we can for young patients? *6th Europaediatrics (Glasgow)*.
12. **Henderson, E.M.** (2013). "Promoting use of evidence in everyday care: a focus group exploration of the culture of nursing." (oral presentation) *The Bristol Research and Innovation Annual Symposium (Bristol)*.
13. **Henderson, E. M.**, Keogh, E., & Eccleston, C. (2012). A comparison of discourse and conversation in online focus groups compared to face-to-face interactions about pain. *International Association for the Study of Pain 14th World Congress on Pain (Milan)*.
14. **Henderson, E. M.**, Keogh, E., Rosser, B., & Eccleston, C (2011). Over the counter pain medication use in adolescents: Does the internet influence decision making? *8th International Forum on Pediatric Pain (Nova Scotia)*
15. **Henderson, E. M.**, Keogh, E., Rosser, B., & Eccleston, C. (2011). Attitudes towards the use of technology for information seeking on episodic pain management in adolescents. *Joint ASM of the British Pain Society and the Canadian Pain Society (Edinburgh)*
16. **Henderson, E. M.**, Keogh, E., Rosser, B., & Eccleston, C. (2011). A content and thematic analysis pertaining to teenage episodic dysmenorrhoea, headache and abdominal pain (oral presentation). *International Forum on Health Care and Information Communication Technology (Barcelona)*.