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Psychology services at NHNN

Jatin Pattni



Neuropsychology

- Cognitive assessment
- Planning and monitoring of rehabilitation treatments
- Counselling for patients and relatives
- Aetiology-based group workshops
 - MS
 - Stroke
 - Brain injury
 - Low grade brain tumours



Neuropsychology workshops

- Aim to help patients and their families learn more about their condition
- Give patients and carers an opportunity to explore living with their condition
 - Problem solving
 - Meeting other patients
 - Addressing emotional issues



How to refer

Referral contact address:

- Neuropsychology
Box 37
The National Hospital for Neurology and Neurosurgery
33 Queen Square
London WC1N 3BG
- **Telephone:** 020 3448 4793 or 020 3448 3292
Fax: 020 3448 4761
E-mail: neuropsychology@uclh.nhs.uk
- Tertiary referrals

We accept referrals from anywhere in the UK and from General Practitioners..



Other related services

- Vocational Rehabilitation service
- Pain management
- Neuropsychiatry



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UCLH Play Services Team

Irene O'Donnell Play Services Manager



Preparing children and young people for medical treatment and invasive procedures

WHY WE PREPARE?

To reduce anxiety and stress

Increase understanding

For pain, discomfort, and reactions

Isolation and separation

Rectify misconceptions

To increase compliance and cooperation



HOW WE PREPARE

Play materials familiar to child/YP

Photo books and stories, DVD's/Internet

Rehearsal with medical equipment

Teddies, dolls, hospital play

Age appropriate explanations

Peer support and shared experiences

INDIVIDUALIZED PREPARATION- one size does not fit all!



How to Contact Us:

- If you have a young person that you would like to refer- please contact-
- Irene.O'Donnell@uclh.nhs.uk- Service Lead
- Ex 74626
- Referrals via email : Playservices.team@uclh.nhs.uk
- T11 South Bleep: 2402
- T11 North Bleep: 2096
- T12 South Bleep: 2437
- T12 North Bleep: 6551





Young persons group

- Recent audit highlighted elevated levels of social isolation in young people with illness.
- Young people report concerns with managing social situations, loss of confidence, loss of opportunity, feeling different
- This impacts on participation in school, further education or work



Aim

- To establish a monthly group for young people attending the NHNN to address issues with isolation.
- Based on existing approach in other hospitals (UCLH and Evelina).
- Facilitated by psychologist.