

MRC

Centre for
Neuromuscular Diseases



CMT CENTRAL LONDON GROUP
Charcot-Marie-Tooth Disease
Patient Day

Saturday 27 September 2014

Wolfson Lecture Theatre, National Hospital for Neurology and
Neurosurgery, Queen Square, London WC1N 3BG

Hosted by the MRC Centre for Neuromuscular Diseases

PROGRAMME

09.45 – 10.00	Registration
10.00 – 10.15	Welcome John Barton, Central London CMT group
10.15 – 10.45	Introduction to CMT Professor Mary Reilly MRC Centre for Neuromuscular Diseases
10.45 – 11.15	Management of CMT Dr Matilde Laurá MRC Centre for Neuromuscular Diseases
11.15 – 11.45	Therapy in CMT Dr Gita Ramdharry MRC Centre for Neuromuscular Diseases
11.45 – 12.15	Nursing in CMT Karen Bull MRC Centre for Neuromuscular Diseases
12.15 – 12.45	Psychology of CMT John Barton, Central London CMT group
12.45	LUNCH and networking

Presenters

Professor Mary Reilly



Professor Mary M. Reilly studied medicine at University College Dublin. After doing two years of Neurology in Dublin, she did her MD thesis on Familial Amyloid Polyneuropathy in the Institute of Neurology, Queen Square, London. She then completed her Clinical Neurological training subspecialising in peripheral nerve diseases in the National Hospital for Neurology and Neurosurgery, the Royal Free Hospital and Guy's Hospital. Since 1998, she has been a Consultant Neurologist in the National Hospital for Neurology and Neurosurgery with a clinical and research interest in inherited peripheral nerve disorders, especially CMT.

Dr Matilde Laurá



Dr Matilde Laurá is a Consultant Neurologist at the National Hospital for Neurology and Neurosurgery. She graduated from the University of Messina, Italy, in 1995 and completed the specialist training in Neurology in the same university in 2000. She obtained a PhD in Neuromuscular Diseases in 2003 and worked from 2004 to 2006 at the National Neurological Institute C. Besta in Milan, Italy. In 2006 she started working as clinical research fellow under Prof. Reilly at the Institute of Neurology, UCL, where she gained extensive relevant experience in the field of inherited neuropathies and completed a two-year clinical trial in CMT.

Dr Gita Ramdharry



Dr Gita Ramdharry completed a BSc in Physiotherapy at the University of East London in 1995, after which she worked as a clinical physiotherapist in various London teaching hospitals, specialising in neurology in 1997. She completed an MSc in Physiotherapy at the University of Brighton in 2004 and went on to pursue a PhD in Neurological Studies at University College London that same year. She completed her thesis entitled "Compensatory Strategies While Walking In People With Charcot-Marie-Tooth Disease: Impact And Intervention" in 2008. She is one of the professional advisors to the CMTUK patient support group, speaking regularly at conferences and meetings.

Karen Bull



Karen Bull joined the Centre for Neuromuscular Diseases as a Clinical Nurse Specialist for neuromuscular disorders in 2006. In this time she has developed a specialist interest in the care of the peripheral nerve patients, offering support education and monitoring of the client group. Prior to joining the team she has had a varied career which has included general medical and paediatric experience. She developed an interest in neurology, and prior to joining the team spent 14 years in general neurology, the last six of which were spent as the ward manager for neuro-medical patients and stroke rehabilitation.

John Barton



John Barton has had a career as a journalist and is now additionally a qualified counsellor in private practice. He has voluntary experience at the Samaritans, Westminster Mind, within the NHS and various other counselling services. He earned a BSc in Psychology and Zoology from the University of Bristol, an MSc in Development Studies from the University of London, and has completed four years of a five-year professional doctorate in Counselling Psychology and Psychotherapy at the Metanoia Institute/Middlesex University London. His doctoral research project is on the experiences of people living with CMT. He started the CMT Central London support group in 2013.

Getting to Queen Square

Arriving by national rail:

Buses leave from the following mainline train stations to Russell Square:
Euston – 68, 168, 59, 91; **King's Cross** – 59, 91; **Waterloo** – 59, 168, 188;
Charing Cross – 91; **Paddington** - 7

Arriving by car:

Parking is available at the NCP Brunswick Square car park on Marchmont Street, London WC1N 1AF, which is a five-minute walk to Guildford Street. The cost is £15.50 for 24 hours. <http://www.ncp.co.uk/find-a-car-park.htm>

Arriving by tube:

The nearest tube stations are Russell Square, Euston and King's Cross.

On arrival at Queen Square:

Head for the Wolfson Lecture Theatre, situated on the ground floor of the National Hospital for Neurology and Neurosurgery. From entrance: 1) Turn right at staircase; 2) Turn left past picture of Princess Diana; 3) Turn right before the stairs and lift; 4) Go through swing doors and follow corridor round.

