

UCL Careers



FIND *your* FUTURE

UCL Careers

Guide **2023/24**

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162

The number of countries
students come from to
study at UCL

How can we help?

Our team of experienced careers professionals are dedicated to helping you find the right path to ensure success in your future career. We have regular contact with employers and gather labour market information so that we can give you the best and most up to date advice, no matter what your starting point or ambition. We are here, not just to help you find graduate jobs or further study positions, but to advise you on the opportunities you have now – during your time at UCL.

We will help you to develop employability skills and to undertake work experience or internships. We also help you consider your options through our:

- > **Events**
- > **Workshops**
- > **One-to-one guidance services**

We are here to help you find *your* future.

738

Number of employers
who attended UCL
Careers events In 2022/23



Online resources

The UCL Careers website will direct you to a wide range of curated resources related to your career planning, such as the Careers Discovery Feed, helping you quickly identify key starting points for the areas you are researching.

ucl.ac.uk/careers/resources/information

Employer connections

We are connected to thousands of employers in the UK and around the world. Recruiters and employers engage with us throughout the year, to participate in a range of careers events and activities as well as providing job opportunities for UCL students.

ucl.ac.uk/careers/resources/directory

£32,000

The median starting salary for UCL undergraduates

Dedicated careers consultants

Contact us and talk to a careers professional about your options. We can help you with the application process and guide you on how to build a portfolio of experience, so that you're in a better position to access opportunities in your chosen field.

ucl.ac.uk/careers/about-us/get-one-one-advice



Connect with us

myUCLCareers is your online portal where you can:

- > Book an appointment
- > View our events calendar
- > Access our vacancy board
- > Sign up to our Careers Newsletter

Set your personal preferences for news and communications.

ucl.ac.uk/careers/myuclcareers

Careers newsletter

Sign up to receive our newsletter and stay informed of our upcoming opportunities, events and features from employers and staff.

Sign up to the UCL Careers Newsletter!

Follow us on social media:

 Facebook

 Instagram

 Twitter

 Website

 YouTube

 LinkedIn



Careers extra

UCL Careers Extra is a programme of enhanced careers support for UCL undergraduates from underrepresented groups. The programme includes:

- > Paid internships
- > Bursary scheme to support students in gaining career useful experience
- > Alumni mentoring scheme
- > 'Buddy' scheme pairing first years with other Careers Extra students
- > One-to-one appointments with the Careers Extra team to discuss career ideas, work on applications and prepare for interviews
- > Priority booking for select UCL Careers activities
- > Dedicated Moodle resources, including other Careers Extra students' career stories

Students who sign up to UCL Careers Extra will be added to a circulation list for events and programmes that may be of interest.

ucl.ac.uk/careers/extra





Are you eligible to join careers extra?

You need to be a UK (home fee status) undergraduate student at UCL and belong to one or more of the following groups:

- > Neither parent went to university, and you went to a UK state school
- > Care experienced or estranged student
- > Carer
- > Disabled or you have a long-term health condition
- > Household income below £25,000 (as declared to Student Finance England)
- > Black British African, Black British Caribbean, Black British Other, Black British Mixed
- > Received an Access UCL Offer

Students on the Engineering Foundation Year at UCL East are also eligible to join.

Staff profile

questions



Victoria Abbott
Recruitment & Selection Advisor

Describe your responsibilities at UCL Careers, and your role in helping students

Find their Future.

I provide personalised one-to-one advice, lead small group employability sessions and deliver research into the graduate labour market.

Furthermore, I contribute to the Sustainability Sector Insight programme of events.

What is your careers background?

I worked in HR for Local Government. I'm also an ICF trained career coach, and an Associate Fellow of the Higher Education Academy (AFHEA).

I also advocate for the promotion of gender equality within the workplace and contribute to various professional networks.

What does a typical day of work look like for you at UCL Careers?

My day often starts with checking my emails and scheduling for the day ahead; my first online appointment starts at 8:30am. Afternoons are varied.

Additionally, I support the Careers team to flourish and work at their best, promoting wellbeing initiatives.

What are your personal interests?

Personal development, wellbeing and self-resilience are important interests for me. I'm just about to complete my Mindfulness & Compassion Teacher training.

Furthermore, I love yoga, wild swimming, foraging and getting outside. I'm currently fostering an eclectic mix of wildlife in my garden!

What's your main motivation behind helping students find their future?

It brings me a huge sense of satisfaction when students find confidence, clarity and understanding in how to navigate the recruitment process.

What do you enjoy most about your job?

I especially enjoy helping students to find new ways to articulate their own unique skills, passions and purpose.

What do you think are the biggest challenges that students currently face when looking for a job?

I think the biggest challenge that most students experience when job searching relates to their own confidence levels and feelings of self-doubt or inadequacy.

Facing rejection and disappointment when job searching; the concept of failure during the application process can also add to feelings of self-doubt.

Top tips for current students:

- 01** Remember to speak to your professors and academic staff about their career journeys
- 02** Make the most of the societies and extra-curricular activities on offer across UCL
- 03** You don't have to know all of the answers right now!

Explore your options

Where to start?

Some people know exactly what they want to do from an early age. Others have no idea!

Whether you know what sort of career you're looking for, or don't know where to start, you may find it useful to think more deeply about the sort of person you are, and therefore what sort of work would suit you best. Booking for a short guidance appointment with a careers consultant will help you with this first step.

ucl.ac.uk/careers/advice

The next step is to look at the options that are available to you, by exploring the jobs and career paths that exist in different sectors and industries. By understanding your strengths, skills, and researching your options, you will be in a better position to find your future.

Finally, you will need to learn more about the job application process, and how to succeed when applying for opportunities. Don't forget, UCL Careers is here to help you at each stage along the way.

ucl.ac.uk/careers/options

296

Number of employer-led
events in 2022/23



One-to-one advice

Whether you're starting out with general queries, exploring options, writing applications or want support with preparing for specific interviews, our range of different appointment types will provide tailored one-to-one support.

We offer in-person and remote appointments:

ucl.ac.uk/careers/advice

Self awareness

You can get a better idea of your strengths and weaknesses from our personality profiling workshops.

Understanding your personality – and how you relate to other people – will give you an insight into the types of work, and working environments, that suit you best.

15,000+

Number of
vacancies posted on
myUCLCareers 2022/23

Explore options

Most students find that connecting with people in various roles helps to explore the range of career options available. This can be a key step toward finding the best fit for your skills, preferences, values, and personality.

To give you some ideas of how to start exploring your options, UCL Careers suggests you consider the following top tips:

- > Connect with people in the jobs and sectors that interest you, so that you can find out what their work is really like – to assist you with this, you might find it useful to attend one of our LinkedIn workshops
- > Learn more about different areas of work – you might even surprise yourself
- > Work out what you do not want to do and think about the reasons why – this can help you refine your choices
- > Think about the skills and qualifications you need to be successful in a particular role or sector and consider what you need to do to ensure you have the right experience

ucl.ac.uk/careers/ucl.ac.uk/careers/explore
ucl.ac.uk/careers/occupations

Find opportunities

Once you have a better idea of the direction you'd like to go in, you should start exploring opportunities – internships, part-time opportunities and volunteering – that might help you on your way.



Looking for work with myUCLCareers

myUCLCareers is regularly updated with amazing local, national and international opportunities from different sectors and employers – including some who are specifically looking for UCL candidates. You can:

- > Search from thousands of vacancies in the UK and abroad and apply for them online
- > View a variety of vacancies where recruitment is managed by either UCL Careers or directly with employers
- > Find all opportunities by using the filters on the left-hand side when viewing vacancies
- > Set your preferences to include the sectors you're interested in. Your own personal dashboard will highlight the vacancies that match your preferences. You can also sign up for daily or weekly vacancies emails. These will alert you to all the latest opportunities that might interest you

www.ucl.ac.uk/careers/myUCLCareers-jobs

Internships and jobs

Internships and work experiences

At UCL Careers we know that students gain a variety of skills and career-boosting experience through internships, such as:

- > Internships that take place during university vacation periods
- > An internship taken after your degree programme has finished
- > A year in industry where you have interrupted your degree

You can browse internships and work experience opportunities on the myUCLCareers jobs board. Make sure you've had a look through the advice on our website on sourcing and making the most of internships. You can also make use of our Internships Toolkit and our application and CV advice resources.

UCL Careers also runs managed schemes to help connect you to exciting opportunities, locally and internationally. Alongside internship schemes focusing on London, and even with UCL, you can apply for funding to help you with the costs of undertaking an internship abroad via the Turing Scheme.

For up-to-date information about the internship schemes currently run by UCL Careers, please keep an eye on our website:

ucl.ac.uk/careers/opportunities/jobs/internships



Simulated work experience

Get an insight into what it would be like to work in specific sectors and companies – completely virtually. UCL Careers have partnered with Bright Network and Forage to enable you to try out bite-sized virtual work experiences in a variety of organisations. You might like to apply to take part in one of Bright Network’s annual four-day online programmes, taking place in the summer term, to offer simulated work experience. Choose from between a range of sectors, delivered by leading employers and industry experts, and contribute to a project that simulates real-life graduate work. You can also access Forage’s virtual work experience programmes at any time and at your own pace. These programmes let you sample “lifelike” tasks that provide a better understanding of what it might be like to be a junior employee at a leading company. Taking about 5-6 hours to complete in total, you can enrol and start your choice of programme whenever you wish.

To read more and access these programmes, please visit our website.

ucl.ac.uk/careers/simulated-work-experience

UCL Unitemps

UCL Unitemps manages the recruitment of student ambassadors and other paid roles on campus that are often undertaken by UCL students. You could even undertake roles that support UCL Careers, such as working as a Find our Future Ambassador, a student journalist or a steward at one of our events, gaining useful experience in the process.

ucl.ac.uk/human-resources/working-ucl/unitemps

Students’ Union UCL Jobshop

If you’re looking for work to fit around your studies, you might want to browse casual temporary, part-time and seasonal vacancies from the Students’ Union UCL Jobshop. You will need to log in with your UCL ID and password.

studentsunionucl.org/jobshop

Jobs at UCL

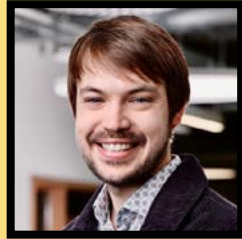
You can browse current vacancies at UCL – both academic and administrative – on the UCL Human Resources page. The search facility allows you to filter results according to your interests, apply for roles online and sign up for email alerts.

ucl.ac.uk/careers/jobsites



Staff profile

questions



Barnaby Mollett
Careers Team Leader, UCL East

Describe your responsibilities at UCL Careers, and your role in helping students

Find their Future.

I am overseeing the delivery of and strategy for careers support at UCL East! I also co-lead a module at the new campus, called *Find your Future*.

What is your careers background?

I have been a career coach, professional skills trainer and project manager. These roles have allowed me to deliver a cross-university series of careers events in Asia, establish career mentoring schemes and coordinated internships initiatives, as well as give me the foundation to run my own coaching business.

What does a typical day of work look like for you at UCL Careers?

I'll have some balance of planning careers workshops and talks,

meeting students for one-to-ones, collaborating with others at UCL East and generally being quite creative at coming up with solutions and ideas to build a careers community at the campus.

What are your personal interests?

I go to a lot of live music (usually with guitars), do quite a lot of DIY (usually with paintbrushes), and also occasionally review theatre productions as a bit-part amateur critic (not under my own name!).

What's your main motivation behind helping students find their future?

Having conversations and sharing guidance with students entering a far more varied and often volatile world of work to be a little more strategic and have a better-informed sense of self than me is definitely a motivation!

What do you enjoy most about your job?

The mantra to empower and enable people to plan their career next steps resonates with me.

What do you think are the biggest challenges that students currently face when looking for a job?

Huge swathes of potential choices when searching job boards and an increasingly digital recruitment process without human direction.

Top tips for current students:

- 01** Start the year by dedicating a recurring amount of time to 'career planning'
- 02** Find yourself 3-5 websites that you can revisit as you explore your career – for information gathering, making potentially connections, and searching for jobs.
- 03** Be career curious – UCL has so many events, societies and opportunities that could be valuable to your career

Staff profile

questions



Glyn Jones
Careers Consultant

Describe your responsibilities at UCL Careers, and your role in helping students

Find their Future.

I support a variety of students through my role, delivering one-to-one appointments, group sessions and online seminars. I also support students from the Faculty of Medical Sciences & provide support for underrepresented students through our Careers Extra programme.

What is your careers background?

I joined UCL Careers over four years ago. I had worked as a secondary school teaching assistant and within higher education administrative support. Following these experiences, I worked as an Education and Careers Officer for a scientific society.

What does a typical day of work look like for you at UCL Careers?

A typical day might involve catching up with emails before running some 20-minute one-to-one appointments with students. I might be delivering an online seminar on developing career ideas or running a one-to-one practice interview with a student. For the final couple of hours of the day I may spend some time analysing career destination data or researching sectors of interest.

What are your personal interests?

I enjoy running and regularly make sure I get out to do a few laps of the local park.

What's your main motivation behind helping students find their future?

I really enjoy working in a higher education setting and supporting students at a time that is very exciting for them.

Top tips for current students:

- 01** Find the people doing what you're interested in and speak with them
- 02** Make the most of the opportunities available to you whilst you're at UCL. Talks, events, socials and experiences all have the potential to broaden your horizons in terms of the options you have available to you
- 03** Don't put too much pressure on yourself about the decisions you make now

Working abroad

If you're thinking of working or studying abroad – either during or after your time at UCL – our events and online resources will be helpful to you.

You will find links to resources such as our digital careers library – an online careers library that you can search for more detailed information about working and studying in a specific country.

You can even use your UCL login and password to access GoinGlobal, with advice for more than 30 countries, covering everything from adapting your CV to cultural awareness.

You can also search for internships and other global vacancies on myUCLCareers, by filtering your search by country or region. See more information on our website:

ucl.ac.uk/careers/work-abroad

We also provide funding for students who have self-sourced an internship opportunity abroad to help with the additional costs involved.

For more information:

bit.ly/funding-internships-abroad

UCL Study Abroad also offers a range of global opportunities for current undergraduate students. Please visit their page for more information:

ucl.ac.uk/students/go-abroad



Volunteering

Volunteering is a fantastic way to develop your skills, connect with other people from across London whilst giving something back to the local community. Whichever sector you're thinking of for your career, employers really value volunteering experience – it shows commitment, flexibility and gives an insight into your personal values.

As a UCL student, you've got access to a fantastic range of volunteering roles. The Volunteering Service – based in Students' Union UCL – is one of the biggest departments of its kind in the UK, helping you find volunteering opportunities that are just right for you.

studentsunionucl.org/volunteering

Further study

Some people embark on further or postgraduate study after their degree to help them progress in their career. Others love their subject and want to study it in greater depth, to further their academic interest. If you are considering further or postgraduate study, the following links and services will help you find the right course.

Explore:

ucl.ac.uk/careers/find-opportunities/further-study

For more information and advice on funding, take a look at the UCL Financial Assistance page, which has links to information on doctoral fellowships, scholarships and prizes, as well as the Financial Assistance Fund.

ucl.ac.uk/careers/funding

Competitions and business challenges

Think you could beat other students from across the UK and around the world to win great prizes, and even paid work experience with top companies? Get involved with one of the many competitions and business challenges running across industries such as Marketing, Journalism, Financial Trading, Project Management and more!

ucl.ac.uk/careers/competitions



Staff profile

questions



Rachel Garman
Information and Research Officer

Describe your responsibilities at UCL Careers, and your role in helping students *Find their Future.*

I research and write the articles on our information platform, the Careers Discovery Feed. I also answer some student enquiries, write blogs, coordinate the Sector Insight Programme for Media careers, source alumni case studies, and support my Careers colleagues with information they may need. You might even find me at the reception desk from time to time!

What is your careers background?

I come from a background in museums and libraries (including 10 years at The British Library, working with sound collections). When I was ready for something new, I looked to move to a university library for a different challenge and found that working in careers information uses a lot of the same skills as I used as a librarian (research skills, communication, collaborative working) and decided to give it a try. Seven years later, I'm still here!

What does a typical day of work look like for you at UCL Careers?

After checking my emails, I might start researching a new article. I might have some meetings to catch up with my team or other working groups I'm on. Then I might spend the afternoon watching a webinar about trends in early career recruitment or write a blog article.

What are your personal interests?

Days out with my husband and 3-year-old. Cooking. Reading. Music.

What's your main motivation behind helping students find their future?

I loved university but left not knowing what I wanted to do. I want to help students feel less intimidated to contact us and access useful information that leaves them inspired.

Top tips for current students:

- 01** Utilise UCL Careers (you can use it from day one and for three years after you graduate) for advice and support
- 02** Don't be afraid to give something a try. It doesn't have to be a lifelong commitment, but you might find something you love. And if you don't, well, you've given it a good chance and learnt something
- 03** Show enthusiasm. Doors open at the sight of real passion

Events

Start exploring your ideas in more depth at one of our many employer events. Meet employers and UCL alumni, on-campus and online, to hear them talk about career paths and recruitment processes in a wide range of different sectors, and the skills and attributes you need to be successful.

2,4932

Student footfall at UCL
Careers events



Careers fairs

Would you like to talk, one-to-one, with employers who might be interested in hiring you? We run sector specific Careers Fairs, to give you the opportunity to meet graduate recruiters who are looking to hire UCL graduates. By talking to representatives from a range of recruiting organisations, you will get a better idea of what it's like to work in a particular sector or company, and whether it's right for you. We also regularly run "Prepare for the Fair" talks in the autumn term to help you make the most of these events.

ucl.ac.uk/careers/fairs

As a UCL student or recent graduate, you're welcome to attend all UCL Careers Fairs, no matter which course you are studying.

Please refer to our website for booking arrangements and you can also sign up for the UCL Careers newsletter for news of when bookings open.

Dates of sector-specific Careers Fairs

Management Consultancy,
Wednesday 11 October 4–7pm

Life & Health Sciences,
Monday 16 October
4.30–7.30pm

Banking & Finance Day 1,
Wednesday 18 October 4–7pm

**Banking, Finance &
Economics Day 2,**
Thursday 19 October 4–7pm
(Specific zone for Economics
students)

Law,
Monday 23 October 4–7pm

IT & Technology Day 1,
Wednesday 25 October 4–7pm

IT & Technology Day 2,
Thursday 26 October 4–7pm

**Engineering & The Built
Environment,**
Monday 30 October 4–7pm

*All sector-specific fairs will take place on campus apart from the Life & Health Sciences Fair

2,746

Attendance
at Careers
fairs 2022-23

Jobs Market

The Jobs Market is your last chance in the academic year to meet employers recruiting for internships and graduate roles starting soon. Keep up to date about the Jobs Market held at the end of the summer term.

ucl.ac.uk/careers/fairs



Sector insight events

Throughout term time, we run events bringing in recruiters, alumni, and industry experts from a range of sectors to meet UCL students. We regularly hold panel events, presentations, networking events, and even skills masterclasses to give you opportunities to learn more about particular sectors and what you need to succeed in them, as well as crucial insights into the day-to-day tasks of popular graduate occupations. Sectors covered include:

- > International Development and Charities & NGOs
- > Government & Policy
- > Museums, Arts, & Cultural Heritage
- > Sustainability
- > Media

1,065

Attendance at Sector
Insight events

Work-related learning events

The Work-Related Learning Team deliver programmes of industry-led and experiential activities, ranging from industry insights, careers tasters to insight days and projects, to help you prepare for the world of work. These programmes of support are discipline specific across faculties / departments.

Keep an eye on our events feed for featured upcoming events

ucl.ac.uk/careers/about-us/upcoming-events

and visit your myUCLCareers profile for the full calendar, booking options, and to subscribe to receive updates on what's coming up.

You can also browse some of our past sector-focused resources on our website.

ucl.ac.uk/careers/resources/themed-weeks-archive

371

alumni involved
in careers events
in 2022/23



Staff profile

questions



Ella Mossop
Employer Engagement and Events Officer
(for Researchers)

Describe your responsibilities at UCL Careers, and your role in helping researchers

Find their Future.

I am responsible for delivering the researchers' employer-led events programme. This involves keeping up to date on a broad range of industries, sourcing exciting employers/panelists and planning sessions that give researchers the opportunity to connect with employers/industry professionals.

career journey to share with researchers

- Outreaching through LinkedIn. Establishing relationships with companies to deliver unique workshop and tasters for researchers at UCL
- Moderating the UCL Researcher Careers Twitter account and promoting our upcoming events and services through our newsletters

university and know how useful opportunities to network with professionals and employers are in this process.

What do you enjoy most about your job?

The team; everyone at UCL Careers is so kind and supportive which makes it a great environment to learn and develop.

Meeting people from all walks of life, getting the opportunity to meet professionals and employers and learn from them is fascinating.

What is your careers background?

I worked in both hospitality and as an Intern Transport Consultant before embarking on my role at UCL Careers.

What does a typical day of work look like for you at UCL Careers?

After checking my emails, I might

- Researching industries and the variety of roles within it
- Scouting panellists on Google and LinkedIn who have an interesting

What are your personal interests?

I have a passion for fashion, travel, belly dancing, baking and for trying anything I haven't tried before! I try to make the most out of living in London, so I spend my spare time acting like a tourist.

What's your main motivation behind helping students find their future?

I empathise with the difficulty of the process of finding a job outside

Top tips for current students:

- 01** Seize any opportunities that come your way. Whether this be attending an event or a leadership program, say "yes" and try stuff out
- 02** Having a strong LinkedIn profile is key to finding opportunities. Whilst you're surrounded by researchers, students and lecturers now is your best time to start bumping up those connections!
- 03** Network is a great way to find opportunities or just get a better insight to an industry you're interested in

Prepare to apply

Whatever you apply for, there's support available for the whole process; from writing applications to completing aptitude tests or preparing for interviews and assessment centres.

If you're preparing for an interview (whether via online or in-person), we can help by offering you a practice interview session that includes:

- > A mock interview with feedback on your performance, covering your general interview technique as well as the quality of your answers
- > Advice and tips on how to improve
- > Time for you to ask questions and raise any concerns you may have

£32,000

The median starting salary for UCL taught postgraduates





Employer-led skills programme

Do you want support in developing the skills, strengths, and qualities employers are typically looking for? Our employer-led skills programme helps you to identify and develop key employability skills, via employer-led panel discussions, workshops, one-to-one coaching and mock assessment centres. These interactive sessions help you to upskill and develop your knowledge in areas such as teamwork, leadership, application forms, interviews and assessment centres. We work with a diverse range of organisations, graduate recruiters, career professionals and alumni on our events to demystify graduate recruitment processes and provide insights and practical support for progressing in your graduate career.

Career Essentials

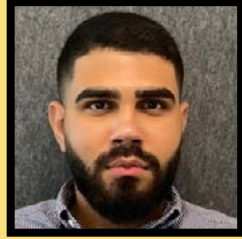
A series of Careers Consultant-led lunchtime talks and workshops, covering topics such as writing your CV or cover letter, job hunting, networking, career planning and preparing for interviews and assessment centres. Career Essentials gives you the chance to engage with all aspects of careers management, no matter where you are in your careers thinking. You can view featured events here:

ucl.ac.uk/careers/about-us/upcoming-events

Panel discussions

Panel discussions are great for providing insight into how different sectors view and look for skills. Gain expert advice on how to improve your skills from up to five employers across different sectors who share their thoughts on what you can do to stand out from the crowd, how to make the best of your application forms, CVs, and covering letters, success at interviews, and more. Each panel discussion also offers you the chance to ask the questions that matter to you.

Student profile questions



Ali Issa

Electronic and Electrical Engineering with a year in industry

At what point in your studies did you first engage with UCL Careers?

Second month of my first year.

How has UCL Careers helped you to discover what you'd like to do in the future?

UCL Careers played a pivotal role in shaping my career path. Through its diverse range of networking and career events, I was exposed to a plethora of inspiring options, which was instrumental given the versatility of my degree. In particular, an event discussing the 'Year in Industry' struck a chord with me. UCL Careers' resources have been invaluable, and I am thrilled to have recently embarked on my Year in Industry at Microsoft as a Cloud Architect in Data & AI. The support from UCL Careers was indispensable in navigating through the myriad of possibilities and steering me towards a path that resonated with my aspirations.

How has UCL Careers supported you towards achieving your career aspirations?

UCL Careers has supported me by consistently sending diverse opportunities, providing CV and interview assistance, and offering a free subscription for instant CV feedback.

How does your time at UCL prepare you for professional life beyond studies?

At UCL, my engagement in academic and extracurricular activities has been instrumental in shaping my professional readiness. The rigor of my degree program, coupled with practical projects, cultivated leadership skills and enhanced my ability to critically evaluate my performance. Involvement in a research project fostered the development of technical expertise and soft skills such as collaboration

and communication. Additionally, through UCL's career-focused programs like networking events and insight days, I have been able to bridge the gap between academia and the professional world. These experiences have collectively contributed to a holistic personal and professional growth, equipping me with the competencies needed to thrive in the dynamic professional landscape.

Top tips for current students:

- 01** Prioritise building your network
- 02** Keep an open mind and actively participate in insight days
- 03** Tap into UCL's career resources



Workshops

Employability skills are crucial to success in any career – and you can learn them directly from employers at one of our interactive workshops. Topics include problem solving, critical thinking, digital skills and more.

1970

Attendees at Careers
Essentials workshops

Coaching

One-to-one coaching from an employer will help you get your CV up to scratch or provide valuable feedback on an application. You can also practice your interview to you.

Mock assessment centres

An interactive workshop designed to give you practical experience of typical assessment centre exercises. Sessions will be led by a variety of graduate recruiters who will assess your performance in each activity and provide feedback.

Graduate recruiters often use a wide range of selection tests, (aptitude / psychometric tests), to assess specific skills as part of their recruitment process and we can help you to prepare for these. UCL Careers we partner with two major test providers to save you from purchasing tests which give access to additional questions and more detailed feedback.

ucl.ac.uk/careers/skills

Specialist support

Guidance from UCL graduates: UCL Connect

Tap into the professional expertise of the UCL alumni community through UCL Connect, our award-winning professional development programme of events, resources, and networking opportunities. Aimed at students and new graduates, UCL Connect is here to help you develop the knowledge and skills you need to thrive in your career.

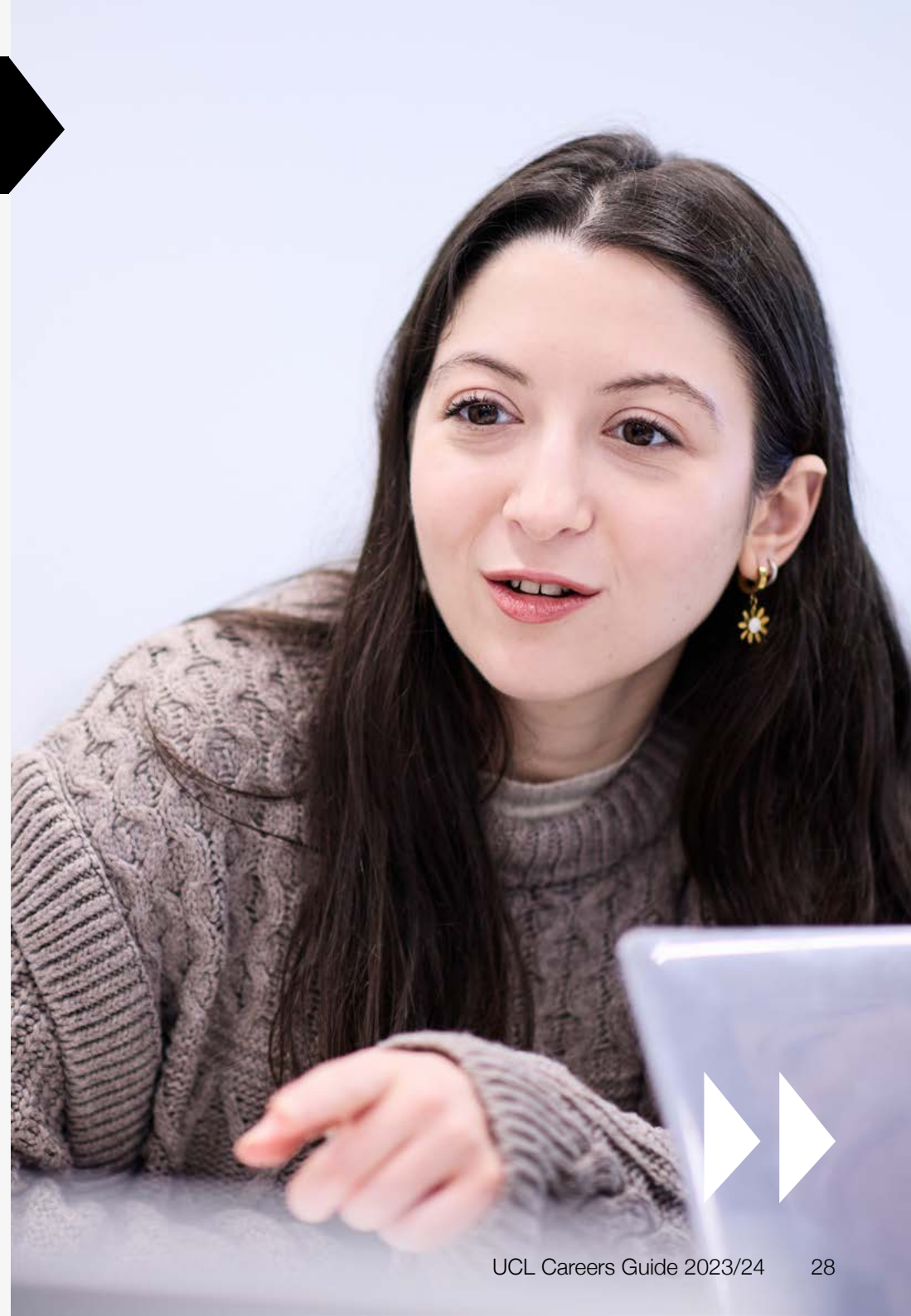
ucl.ac.uk/alumni/lifelong-learning/professional-development-ucl

International students

Whether you're thinking about working in the UK or planning to return home after your time at UCL, our talks and workshops will help you find your future. We host regular talks from the UCL Visa and Immigration Team on visa options for working in the UK after your studies and organise a selection of additional events each year. Typical events include the opportunity to talk to UCL international graduates currently working in the UK in a panel event and a workshop to help you build cross cultural knowledge. See the events calendar on myUCLCareers for more information and don't forget to set your preferences to receive event updates.

49.8%

The proportion of the student body that are international



UCL Innovation & Enterprise

Make the most of your time at UCL and beyond by developing entrepreneurial skills and thinking. UCL Innovation & Enterprise can help you:

- > Gain a competitive edge and equip yourself with transferable life and business skills that can be useful in any market, industry or sector
- > Start your own business or social enterprise with the safety net of UCL behind you. Get expert, practical and confidential advice to help kick start and accelerate your own venture. You'll also have access to free dynamic office space that's available for UCL student and graduate startups
- > Take advantage of our dedicated doctoral student entrepreneurship programme (SPERO). You'll boost your career outlook by learning how to identify and seize opportunities and have an impact on the world. You will find out why researchers make great entrepreneurs and receive support in setting up your own start-up venture.

ucl.ac.uk/enterprise

350,000+

Former students in
the global alumni
community

Develop skills through Students' Union UCL

Leading a club or society, or even just joining one and being an active member, will give you opportunities to develop skills that employers really value. Skills like leading a group, managing a budget, fundraising and pitching, communication and events coordination are all part of everyday life for students in clubs and societies. On top of this, joining clubs and societies gives you access to training and development opportunities to really help you set yourself apart. Anyone can join, at any time of the year. Start your journey here.

studentsunionucl.org/clubs-societies

Other opportunities through Students' Union UCL include being a Student Representative, in these roles you'll develop skills like communication and negotiation, as well as have access to training and development programmes

studentsunionucl.org/academic-reps



Students with disabilities/long-term health conditions

If you are disabled or have a long-term health condition, we can discuss with you how best to approach job hunting, do your best in recruitment processes and also whether, when or how to discuss your disability or health condition with employers.

We are committed to ensuring all our careers activities are accessible to you - please email careers.disability@ucl.ac.uk to discuss any adjustments we might need to make for you. You can also use that email address to request a longer one-to-one appointment with a Careers Consultant, to ensure you have enough time to talk through your situation.

Staff profile

questions



Mary Ojo
Work Related Learning Officer

Describe your responsibilities at UCL Careers, and your role in helping students

Find their Future.

I work with employers and alumni to organise interactive events, providing students with opportunities to learn about what life is like in industry and how to develop skills.

What is your careers background?

I studied Human Sciences at UCL and graduated in 2022. As a student, I worked as a Careers Extra Champion, a Netball Umpire, and a waitress. Shortly after completing my degree, I completed an internship with the NHS Talent team.

What does a typical day of work look like for you at UCL Careers?

Typically, I'll be organising conversations with employers and planning for event delivery. Currently, I am undertaking

Labour Market Research to inform the event structure for the careers events programme for next term.

What are your personal interests?

I am interested in Christianity, I also enjoy playing sports, my favourite being netball, and I like spending time watching crime dramas and cheesy romance movies.

What's your main motivation behind helping students find their future?

To show students what it's really like to work in various industries, so they can figure out their preferences and dislikes sooner rather than later.

What do you enjoy most about your job?

I enjoy speaking to students and hearing about their experiences and how the events that we offer positively shape their lives.

What do you think are the biggest challenges that students currently face when looking for a job?

Rejection can be a huge challenge to overcome. Many students find it challenging to market themselves to employers.

Another challenge that students may face is the element of the unknown that comes with a job search.

Try and learn from all of your experiences; an appointment with a Careers Consultant can help you to understand your feedback and support you with planning your next steps.

Top tips for current students:

- 01** LinkedIn is your best friend. If you spot an alum working in a field or company you're interested in, don't hesitate to reach out; the worst they can say is "no" or nothing at all
- 02** Use the Careers service. There is support available for all types of students (not just those who know what they want to do)
- 03** Volunteer! It's perfect for time-starved students who want to develop skills that will parachute them into their sector of interest

Researchers

Are you a PhD student or member of research staff?

UCL Careers is here for you at every stage of finding your future. We recognise that, as a researcher, you need specialist advice about how to use your qualification and expertise.

You may want to stay in academia or move to a new career. Perhaps you need to learn more about your options.

Whatever stage you're at, UCL Careers has a dedicated team to support you.

One-to-one advice

You can book a one-to-one appointment with one of our specialist careers consultants for researchers throughout the year. Appointments last up to 30 minutes and are an opportunity for you to seek guidance on your career path and ask questions or get feedback on an application. If you're preparing for an interview, we can also help by offering you a practice interview session. We can support you whether you are looking to progress in academia or beyond.

ucl.ac.uk/careers/researchers



Events and workshops for researchers

UCL Careers provides an extensive programme of employer and alumni-led careers events for UCL's researcher community, (Research Assistants, Research Students (MRes & PhD) and Postdoctoral Research Staff). Events include forums, networking sessions, Q&As, workshops, practical skills sessions and career tasters, all led by employers specifically engaged with researchers, as well as PhD level career professionals and alumni. This programme is aimed at all researchers looking to explore their career options beyond academia.

Our specialist careers consultants also deliver workshops on career planning, application and interview skills for academic and non-academic careers.

ucl.ac.uk/careers/events-and-workshops-researchers



Information & vacancy provision

Research students also have access to our myUCLCareers database of internships and fulltime job opportunities. This includes opportunities where research skills or a research qualification may be essential or desirable, and some of these opportunities are exclusive to UCL students and staff.

uclcareers.targetconnect.net/leap/jobs

Online resources

Our growing researcher career case study collection provides inspiration and tips drawn from the career journeys of past PhD graduates:

ucl.ac.uk/careers/resources/case-studies/researchers

We also offer a range of online resources to help you with your applications, including online interview software for practicing your technique before the real thing, and an automated CV-checking programme:

ucl.ac.uk/careers/applying/interviews

766

Number of student and staff research events

Staff profile

questions



Katy Coyte
Data Analyst

Describe your responsibilities at UCL Careers, and your role in helping students *Find their Future*.

I coordinate the destinations survey, Graduate Outcomes, that tells us what recent graduates go on to do.
I develop data dashboards and report on destinations of students with UCL Careers.

What is your careers background?

I took an English Literature degree and worked as a Careers Adviser in schools via Marketing roles, then retrained in a Data Science Masters conversion course in my 40s.

What does a typical day of work look like for you at UCL Careers?

I might be cleaning and modelling data, refreshing and maintaining existing reports and dashboards or gathering requirements for new projects. I meet with data colleagues to share good practice and speak at conferences from time to time.

What are your personal interests?

I enjoy cycling and running; and like to go out to see live music.

What's your main motivation behind helping students find their future?

I relate to the challenge students face in making career choices.

What do you enjoy most about your job?

I enjoy interacting with my colleagues, solving problems when working with data and bringing a data product to publication stage; that is satisfying.

What do you think are the biggest challenges that students currently face when looking for a job?

I think that remote working has increased the size of talent pools, so competition is greater. Differentiating yourself in applications in the ChatGPT age is also a challenge.

Top tips for current students:

- 01** Be kind to yourself and adopt healthy habits that nurture your wellbeing (e.g., exercise, sleep, healthy eating) as it'll improve your life across the board
- 02** Be an advocate for yourself and others and remember you have something unique to offer in your career
- 03** Use a diary/time management tool!

Graduates

About to finish your degree course at UCL?

Your time at UCL may be nearly over but we're still here to help you *find your future* for three years after you leave.

One-to-one advice

You'll have continued access to one-to-one support through a range of different appointment types, online or in-person, just as you did when you were a student.

Events

You are still welcome to join us at all of our events, including Careers Fairs and employer presentations, where you will have the opportunity to meet employers and graduate recruiters who are looking to hire.

ucl.ac.uk/careers/events-list





Jobs

You will find UK-based and global graduate job opportunities on myUCLCareers. Find out more at:

ucl.ac.uk/careers/myuclcareers

15,000+

UCL Alumni
LinkedIn group
members

Alumni

UCL's global alumni community is here to support you - not only as you take the next step in your career journey, but for life.

- > All UCL alumni are invited to join the official UCL Alumni group on LinkedIn: this is your space to stay connected, support professional development, and empower your remarkable global community.

linkedin.com/groups/57385/

- > Access your alumni benefits which include free access to a fantastic range of academic e-journals, an alumni benefits card and an email account for life.

ucl.ac.uk/alumni/services

- > UCL Connect will help you develop the knowledge and skills you need to thrive in your career long after graduation too. This dedicated programme brings professional development skill and expertise directly to alumni and students across the global UCL community. If you're considering your options post-graduation, you're established in your career, or moving into a new industry, the UCL Connect series has something for everyone.

ucl.ac.uk/alumni/lifelong-learning/professional-development-ucl

Alumni profile

questions



Cameron Fairrie

BA History 2019

Second Lieutenant, The Royal Regiment of Artillery, British Army, Portsmouth, UK

Please share a brief introduction to your career path, from graduation to where you are now.

I started applying for jobs in London and was hired at a marketing company called MVF Global. After working there for 18 months I decided to leave and join the Army. I then had to complete 48 weeks of training at The Royal Military Academy Sandhurst before I commissioned as an officer.

Provide a brief summary of your core duties and describe what skills are important to your role?

As an Air Defence Troop Commander, my tactical role involves liaising with senior commanders to brief them on what capability our air defence assets can provide them on the ground.

It is a job that requires soft skills as well as the ability to endure difficult situations.

How did your time at UCL prepare you for the workplace?

I only had about 6-8 hours of contact time a week, so the vast majority of my work I had to do on my own. This made me more independent and self-motivated, something which is useful in any career path in life.

Were there any challenges in your job hunt? How did you overcome these?

I initially applied to go to Sandhurst in my final year but was rejected on medical grounds. Luckily, I was able to appeal the decision, but it took years due to Covid. Once I had graduated, I started applying to jobs straight away. I had no idea what to do because I had always planned on joining the Army, so I spoke to my friends and one of them recommended that I apply to MVF. After I applied, they offered me an interview and hired me.

Top tips for current students:

- 01** You don't have to take the first job you're offered, and you are better off waiting to find the job that is right for you
- 02** Think carefully about what motivates you
- 03** Don't be afraid to take risks to get where you want to be in life

Alumni profile

questions



Masamba Senghore

BSc Economics 2020

Investment Associate, London

Please share a brief introduction to your career path

I spent time at university meeting investors in the Venture Capital industry, through a few initiatives on campus – I was offered experience at a fund.

Whilst there, I met one of the investors who worked at my current fund on a group call targeted at aspiring VCs. When he was hiring for an investment analyst, he gave me a heads up and I threw my hat in the ring. I joined MMC Ventures 2.5 years ago.

Provide a brief summary of your core duties and describe what skills are important to your role?

As an Associate on the Investment team, my core duties include sourcing new companies to invest in; meeting founders; market research; deal execution (i.e. due diligence on companies); supporting our portfolio companies at a board level alongside our Partners.

How did your time at UCL prepare you for the workplace?

I was lucky enough to spend time studying Entrepreneurship and Management for a summer in China, Zhejiang University. This gave me a taste for business building in one of China's most entrepreneurial cities.

I caught the bug here and was keen to spend time in London's entrepreneurial ecosystem. Instrumental in this was the UCL Entrepreneurs Society.

This opened the door to me getting involved in an actual Venture Capital fund ran by students, called the Creator Fund.

Internships in other industries along the way also gave me some insight into what I enjoyed and what I didn't.

In terms of central resources, I made a lot of use of UCL Careers resources, from CV templates and feedback sessions to the lunchtime careers talks, as well as the jobs board.

How did you overcome any challenges in your job hunt?

It took a few months of looking and interviewing (and some stubbornness to stick to this idea of working in Venture Capital) to find something that I wanted to do and have success in the recruitment process.

Top tips for current students:

- 01** Try many different things!
- 02** Get involved on campus
- 03** People want to help students, they have sympathy/empathy for them and want to pass on their knowledge. Use this as your license to ask a lot of questions and learn from people in industry

Alumni profile

questions



Alisha Ciaffone

International Public Policy, 2019

Crisis Management Officer, Washington DC, USA

Please share a brief introduction to your career path

Upon my return to the US from my program, I reached out to my professional network for leads on hiring vacancies. My previous job experiences helped me land my current role, but it was more the soft skills I absorbed from those experiences rather than things I learned directly at work that were more useful. Specifically, my previous experiences taught me to manage my time between full-time coursework and a day job, as well as the organizational skills needed for me to balance time between both responsibilities.

Provide a brief summary of your core duties and describe what skills are important to your role?

My role in the State Department involves outlining and drafting diplomatic goals and policy in our most dangerous posts/countries. For this role it's important to have strong writing skills, performance/composure under pressure, and working well in large teams.

How did your time at UCL prepare you for the workplace?

From my program, I found economic sanctions policy fascinating and dedicated my dissertation to it. Ultimately, I was able to pull the subject-matter expertise I developed in my dissertation and put it to use during job interviews.

Were there any challenges in your job hunt? How did you overcome these?

In 2019, the U.S. federal government was still experiencing aftershocks from the previous year's hiring freeze. Jobs in Washington DC were limited and very competitive. However, I did not rush to accept my first job offer; rather I chose to wait and see so that I could select an opportunity that would give me the most challenging experience as a young professional. My first job after my MSc in IPP was to manage a State Department counternarcotics project in Afghanistan in partnership with the UN.

Top tips for current students:

- 01** Mentorship is the most important thing!
- 02** Seek mentors early in your career. I've found that having mentors in other aspects of my life have helped me immeasurably.
- 03** UCL has a wide variety of optional modules – use these to your advantage to discover your academic and professional interests

Alumni profile

questions



Ria Ismail

Comparative Literature BA with Hungarian and Spanish 2021

Civil Service Fast Stream, London

Please share a brief introduction to your career path

I graduated in June 2021 and started almost right away on the Fast Stream in October of that year. While my degree has no direct application to my work, the skills I picked up, in particular around communication and planning, definitely helped me secure a spot on the Fast Stream.

Provide a brief summary of your core duties and describe what skills are important to your role?

I have needed to be above all resilient and flexible. The scheme moves you around regularly to different postings in new organisations, and sometimes I have needed to advocate for myself to ensure I am getting the right stretch and experience. Doing a degree at UCL prepared me for the focus and organisation I needed to thrive on the scheme.

How did your time at UCL prepare you for the workplace?

I managed my academic career as though it were a project. It was that laser-focus on deadlines and deliverables that enabled me to outperform my peers and even land myself on the Dean's List.

I was a regular at UCL Careers events – and I found out about the Fast Stream through one of these! I attended a few events where Fast Streamers spoke in my first year, and from the first one, I was sold.

Were there any challenges in your job hunt? How did you overcome these?

Applying to graduate schemes was completely new to me, and it was a steep learning curve with all the psychometric, numerical and verbal reasoning tests. Having UCL Careers and Careers Extra to learn from, whether in group sessions or one-to-one with a Careers Consultant, was invaluable.

Top tips for current students:

- 01** Be yourself; but be the best, most professional version of you
- 02** If applying to the Fast Stream, don't hyper-fixate on one particular scheme
- 03** Build your network in your industry – LinkedIn is your best friend!

£43,000

The median starting salary for UCL doctoral graduates

Alumni profile

questions



Jeffrey Chiu

MSc International Real Estate and Planning, 2019

Project Manager, London

Please share a brief introduction to your career path

I knew job searching was not going to be easy in the COVID environment so I applied and interviewed to as many companies as I could find.

While I was applying to real estate roles, I landed a market research and business development role at a US firm. I was sent to Hong Kong and back to UK to help grow key accounts.

Provide a brief summary of your core duties and describe what skills are important to your role?

I am part of a consultant providing project management service to Network Rail and previously to Battersea Power Station Development Company. I work throughout the construction lifecycle developing the initial business case, procurement, undertaking design management and then on

construction management. Problem solving and time management skills are paramount.

How did your time at UCL prepare you for the workplace?

My time at UCL and the Bartlett school gave me solid foundation on academic and practical knowledge based on the MSc curriculum. Panel interviews, site visits and industry events organised by UCL Careers and the Bartlett School helped me gain key industry knowledge, including the exploration of interesting and complex case studies, such as King's Cross and other work sites in City, as well as flying to Berlin to learn about their urban planning success and failure.

Were there any challenges in your job hunt? How did you overcome these?

It was a tough time for the real estate industry during COVID. It was the same case applying for a job when companies were reducing head count

and pausing recruiting campaigns.

It was important to realise the strengths and weaknesses in my CV, after multiple rejections, I picked up on areas which I lacked on based on the feedback and made sure I worked on it.

Top tips for current students:

- 01** View rejections as an opportunity to grow
- 02** I cannot emphasise the importance of internships and work experiences. Start doing them early on and it does not matter what you do, as the transferable skills are key
- 03** Work hard and be persistent

Alumni profile

questions



Sabelle Adjagboni

MSc Urban Development Planning 2021

Planning Officer, London

Please share a brief introduction to your career path

While I was doing my masters, I started networking a lot on LinkedIn. Through this network, I found my first role as a planning administrator. After about six months, I got promoted to Assistant Planner. After a year, I wanted to progress but the planning team being a small one, it meant there was not much of an opportunity to do so. Hence, I started looking in the public sector.

Provide a brief summary of your core duties and describe what skills are important to your role?

I essentially handle planning applications that come through the council. It can range from small sites such as single residential houses, to bigger sites like apartment buildings or commercial units! It's exciting because I get to work on a wide range of projects.

In order to work as a planning officer a good understanding of the UK planning system and policy documents is required. An ability to work a high workload and meet deadlines is also needed. Additionally, good communication skills are extremely important.

How did your time at UCL prepare you for the workplace?

Before coming to UCL, I was quite shy and really didn't like public speaking. But I soon learned that there is nowhere to hide at UCL. You're really encouraged to put yourself out there.

While at UCL I was also a Course Rep and a student ambassador.

Lastly, I have to recognise the incredible team at UCL Careers, whom I made full use of. I had multiple meetings to discuss my CV and plan of actions to apply for jobs and secure interviews.

Were there any challenges in your job hunt? How did you overcome these?

The biggest challenge was the COVID-19 pandemic and the fact that recruitment was generally slower than usual. The best way to overcome that was by being very pro-active and networking.

Top tips for current students:

- 01** Be passionate, curious, and interested.
- 02** Network, network, network!
- 03** Be a knowledge sponge! Yes, knowledge is power

UCL Careers
40 Bernard Street
London
WC1N 1LE


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