

Working together to promote health and wellbeing

Leisa Gray - Manchester Art Gallery

Gurdeep Thiara - People's History Museum



“I have started writing again after a long period of depression and poor mental health. I have found the course a wonderful opportunity to meet other people with similar interests and to increase my self confidence.” Manchester museum



“It made me think that without relationships, we wouldn’t be who we are.” Manchester Art Gallery

“Coming here lifts me and I feel proud of the things I make, like a twinkly feeling.” Bolton Library and Museums service

Targeted Interventions – in depth projects with fairly small groups of participants, usually devised in partnership

Mainstream Provision – taking a much wider population approach, encouraging people to think of galleries and museums as places that could contribute to their sense of wellbeing

Awareness Campaign – a promotional campaign to raise awareness at a population level of the museum and gallery offer in the City and how accessing it might help people feel better

Targeted Interventions: key principles

- Facilitating connections between people
- Maximising the use of our venues as public spaces to challenge social exclusion
- Giving people transferable life skills through participation in art appreciation or the creative process



“It was nice to be in the gallery and feel normal.”

Young person who participated on community project

“I was really nervous and quiet at the beginning, but as time went on I felt more confident and I’ve enjoyed it a lot.”

“I felt energised by being in good company.”

Participants on community project





“My ability to manipulate art and materials means that I can make things change.”
- Participant on community project

Mainstream Provision at MAG

- Use of community tours as a welcome visit
- Increased promotion of gallery trails
- Consulting those who've been on projects
- Looking again at the programme for adults –
what is our invite?



The People's History Museum







The Left Bank
Cafe

shop

↑ VOTE
HERE

2009 09-15



The People's History Museum explores the world changing events led by the working people of Britain.

We are the national centre for the collection, conservation, interpretation and study of material relating to the history of working people in Britain and their campaign for democracy over the past 200 years.





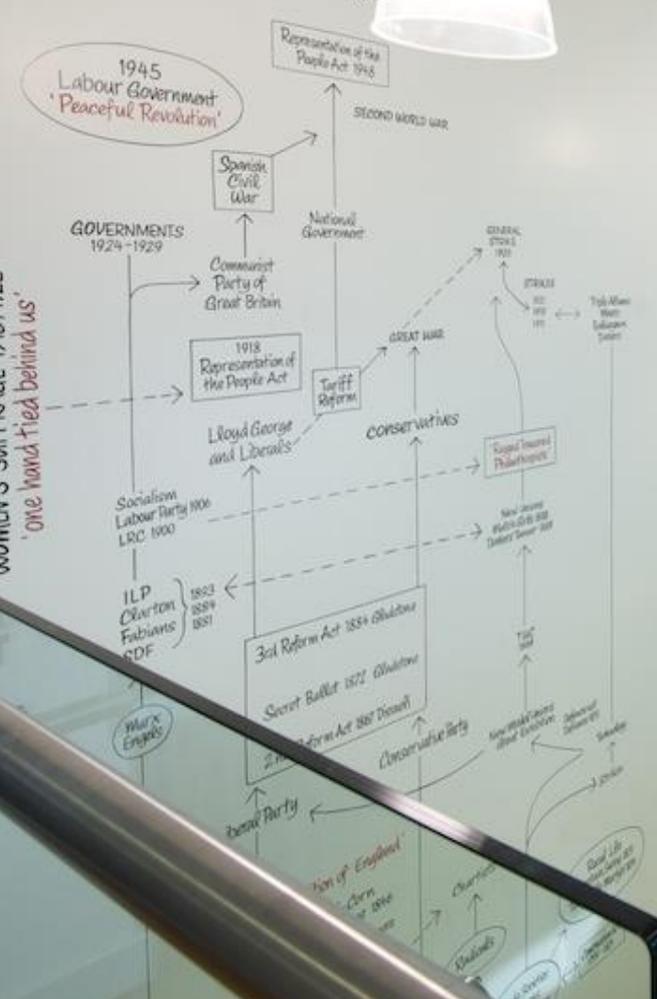
**‘There have always
been ideas worth
fighting for’**

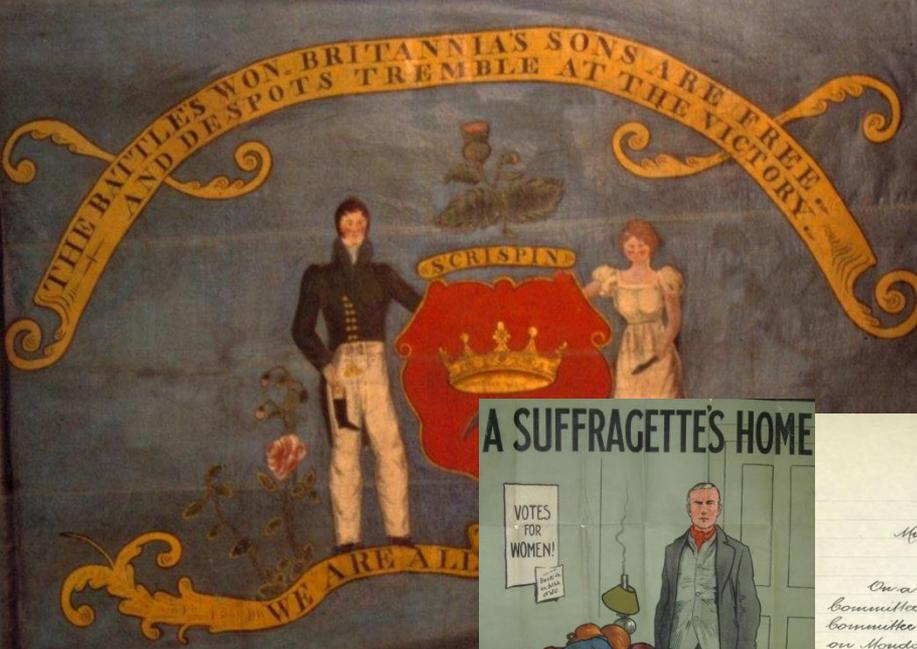


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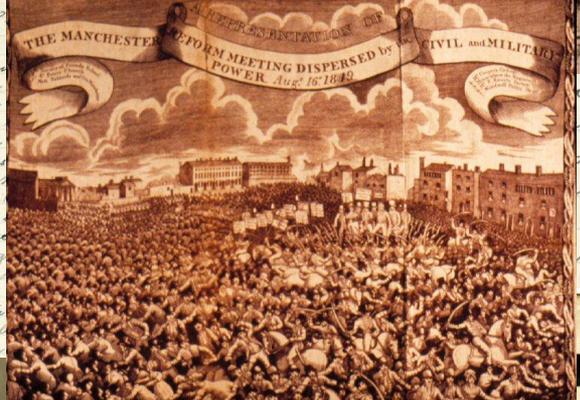
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'one hand tied behind us'

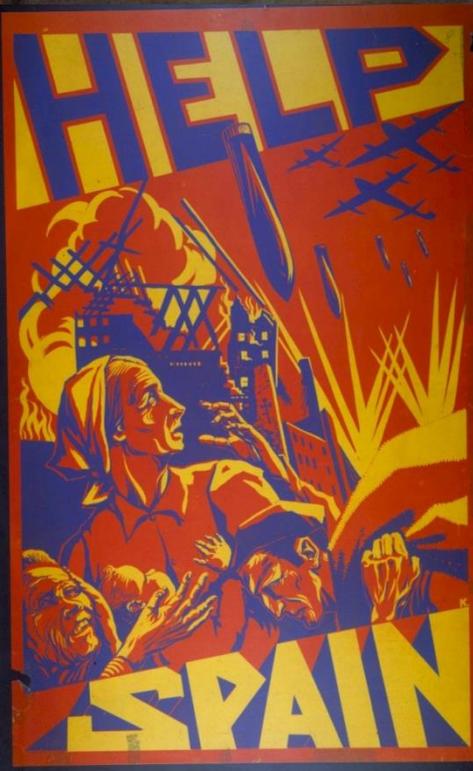




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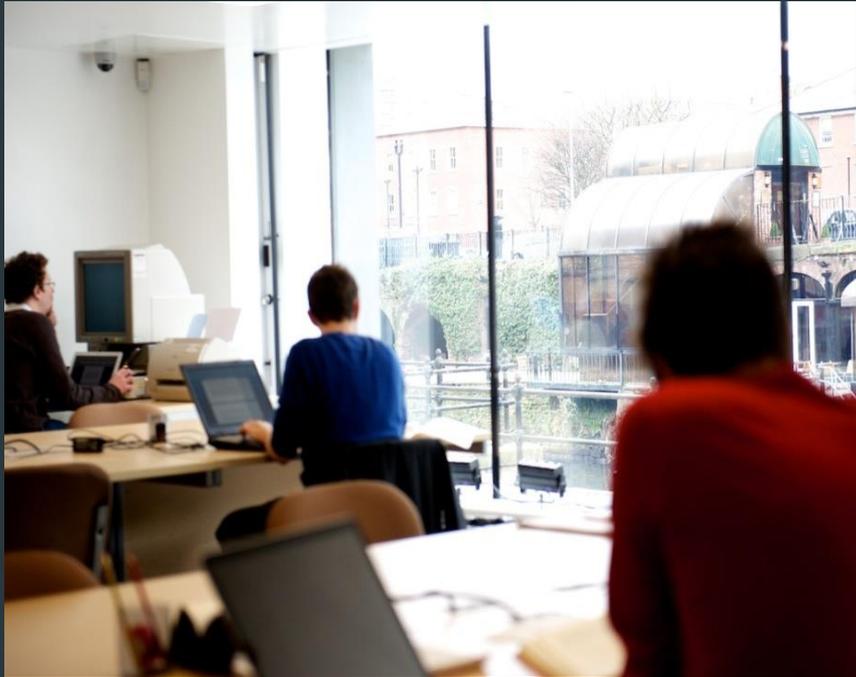
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Henry Vincent in London.
TWO LECTURES
 WILL BE DELIVERED
 On Monday & Tuesday Evenings, Dec. 19 & 20.
 IN THE GREAT ROOM OF THE
SOUTH ISLINGTON BRITISH SCHOOLS,
 DENMARK TERRACE, LIVERPOOL ROAD,
 BY
HENRY VINCENT.
 LECTURE I, MONDAY EVENING next, 19th December.
 ..The Great Exhibition of Industry in Relation to the Progress of the People.
 MR. ALDERMAN CHALLIS, M.P.,
 WILL PRESIDE.
 LECTURE II, TUESDAY EVENING next, 20th December.
 ..Responsibilities Imposed by this Age upon the People of Great Britain.
 MR. ALD. AND SHERIFF WIRE
 WILL PRESIDE.
 The Chair will be taken at a Quarter past 8 o'clock.
 TICKETS SIXPENCE each. Reserved Seats ONE SHILLING.
 May be obtained of the undersigned Gentlemen:-
 Mr. S. T. WILLIAMS, 24, Moorgate Street. Mr. W. D. FRANKLIN, 124, Upper Street, Islington.
 Mr. B. L. GIBBS, Paternoster Row. Mr. C. HARRISON, 5, Barnsbury Place.
 Mr. W. HANMAN, 64, Holborn Viaduct. Mr. W. H. HAYES, Morgan's Place, Liverpool Rd.
 Mr. W. JONES, 66, St. John Street. Mr. W. WATSON, 4, Mount Row, Liverpool Road.
 Mr. J. H. ELLIOTT, 18, York Street, Islington. Mr. W. S. BROWNELL, 3, Brunswick Terrace, Barnsbury Rd.
 Mr. J. B. SCARLETON, 27, Upper Street, Islington. Mr. J. BROWNIE, 3, Finsbury Street, Clerkenwell.
 Mr. R. F. TAYLOR, 125, Upper Street, Islington. Mr. G. CLIFFORD, Clerkenwell Green.
 And at the South Islington Schools, Denmark Terrace, Liverpool Road.
 LADIES ARE RESPECTFULLY INVITED TO ATTEND.
 LONDON: DELIVERED AND SOLD, PROSPER, BUCKINGHAM ALLEY.

Oct 4 1909









Bringing it all together



Museum Collections

- Citizenship
- People's History
- Human rights

Wellbeing themes

- Empowerment
- Cooperation
- Friendship
- Collective
- Vision
- Emotion
- Ambition
- Compassion
- Care



Mainstream Provision: a shared approach

Professional Development Training for health staff and community group leaders....

giving others the skills and confidence
to use our collections and buildings
to benefit the people they are working with



**Museums and Galleries week at Central
Manchester University Hospitals 6-12
February 2012**

“We urge health professionals, whether in the NHS, voluntary, public or private sectors, to make alliances with museums and galleries in order to use the remarkable resources that they can bring to our work”.

**Dr Jane Whittaker Royal Manchester
Children's Hospital**

Contact us...

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