

**Day 1 - Monday 1 November**

**Stream 1**      **Stream 2**      **Stream 3**

Welcome address - Dr Sylvie Briand  
(13:00-13:10)

Keynote 1 - Prof Molly Byrne  
**'It ain't (just) what you do, it's the way that you do it': Identifying priorities and setting the agenda for improving methods in future behaviour change research**  
(13:10-14:00)

Break (14:00-14:05)

Oral session 1  
**Protecting our planet: behaviour change for a sustainable future**  
(14:05-15:05)

Oral session 2  
**From pharmacy to intensive care: improving clinical practice**  
(14:05-14:35)

Oral session 3  
**Pregnancy and beyond: improving antenatal and neonatal outcomes**  
(14:35-15:05)

Break (15:05-15:10)

Poster session 1  
**Food choice, obesity and weight management**  
(15:10-15:40)

Poster session 2  
**Improving health and social behaviour**  
(15:10-15:40)

Poster session 3  
**Covid-19: protective behaviours and infection control**  
(15:10-15:40)

Break (15:40-15:45)

Symposium 1  
**The Human Behavior Change Project: advancing the science of behaviour change**  
(15:45-16:40)

Symposium 2  
**Quality in Acute Stroke Care translational research program**  
(15:45-16:40)

Break (16:40-16:45)

Social/networking session  
(16:45-17:15)

Ask the expert  
(16:45-17:15)

**End of day 1**

**Day 2 - Tuesday 2 November**

**Stream 1**      **Stream 2**      **Stream 3**

Symposium 3  
**Combining theory with practice: designing complex interventions to support behaviour change in allied health**  
(13:00-13:55)

Symposium 4  
**Creating better streets, blue and green spaces for sustainability and health**  
(13:00-13:55)

Break (13:55-14:00)

Poster session 4  
**Sustainability and climate change: behaviour change to reduce consumption and waste**  
(14:00-14:35)

Poster session 5  
**Covid-19: vaccines and wider impact**  
(14:00-14:35)

Poster session 6  
**Physical activity: identifying barriers and developing interventions for high-risk individuals**  
(14:00-14:35)

Break (14:35-14:40)

Oral session 4  
**Covid-19: controlling the pandemic and promoting vaccine uptake**  
(14:40-15:40)

Oral session 5  
**Young people and families: health promotion in early life**  
(14:40-15:20)

Break (15:40-15:45)

Keynote 2 - Dr Eric Hekler  
**Beyond behaviour change: rethinking our scientific approach to building back better for health and sustainability**  
(15:45-16:40)

Break (16:40-16:45)

Ask the expert  
(16:45-17:15)

**End of day 2**

**Day 3 - Wednesday 3 November**

**Stream 1**      **Stream 2**      **Stream 3**

Final day/welcome address  
(13:00-13:10)

Keynote 3 - Dr Heather Patrick  
**Stranger in a Strange Land: Cultivating Cross-Functional Partnerships as a Behavioral Scientist in Health Tech**  
(13:10-14:00)

Break (14:00-14:05)

Oral session 6  
**Establishing effectiveness: innovations in development and evaluation of interventions**  
(14:05-14:55)

Oral session 7  
**Healthy workplaces: interventions to increase activity and promote health**  
(14:05-14:55)

Break (14:55-15:00)

Oral session 8  
**Drug and alcohol use: interventions and impact of the pandemic**  
(15:00-15:40)

Oral session 9  
**Weight management: policy and intervention**  
(15:00-15:40)

Break (15:40-15:45)

Panel discussion 1  
**Designing for engagement with digital behaviour change interventions: state of the art and chartering new territories**  
(15:45-16:40)

Poster session 7  
**Self-management and adherence**  
(15:45-16:40)

Poster session 8  
**Clinician behaviour and integrated care**  
(15:45-16:40)

Break (16:40-16:45)

Social/networking session  
(16:45-17:15)

Ask the expert  
(16:45-17:15)

**End of day 3**