

Day 2 Detailed Programme

09:15
09:40 **Arrival & Registration**

09:40
09:50 **Welcome Address** Scientific Chairs

09:50
10:30 **Keynote** Rachel Carey

10:40
12:00 **Parallel Session #5**

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W3.01

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	H. Digital health care DRAMA STUDIO	J. Behaviour change theory: research and practice ELVIN HALL
10:40	<p>Max Rollwage Preventing hospital (re)admissions: a cross-sectorial research project based on artificial intelligence and co-creation</p>	<p>Victoria Whitelock An evidence-based redevelopment of a tool to support behaviour change in community settings using the Behaviour Change Wheel</p>
10:50	<p>Adi Berliner Senderey It's how you say it: Systematic A/B testing of digital messaging cut hospital no-show rates</p>	<p>Eugene Lee Towards Precision Behavior Change: How Individual Differences Moderate BCT Effectiveness for Increasing Physical Activity</p>
11:00	<p>Oyuka Byambasuren mHealth app prescription in Australian general practice: a feasibility study</p>	<p>Andrew Baird Can Implementation Intentions be as effective as a technology-driven physical prompt in efforts to improve postural break-taking? A Cluster Randomised Control Trial</p>
11:10	<p>Chryssa Stefanidou Influences on NHS Health Check behaviours: a systematic review</p>	<p>Jennifer Inauen Modeling the mechanisms of health behavior change interventions over time: Mediation analysis using intensive-longitudinal data</p>
11:20	<p>Alina Ivan Remote Assessment of Disease and Relapse in Major Depressive Disorder (RADAR-MDD): Preliminary data from King's College London</p>	<p>Joanna Hale Using an ontology-based modelling system to build a searchable database of 76 behaviour change theories</p>
11:30	<p>Abisola Balogun Developing and user testing a tailored digital and non-digital intervention for self-management of long-term physical health conditions for people with severe mental illness</p>	<p>Dorothy Szinay A qualitative study exploring potential users' perception of factors influencing the uptake of and engagement with health and wellbeing smartphone apps</p>
11:40	<p>Quynh Pham The Service of Research Analytics to Optimize Digital Health Evidence Generation</p>	<p>Isaac Yen-Hao Chu Application of the Theoretical Domain Framework and the Behaviour Change Wheel to understand barriers to HIV Pre-exposure Prophylaxis prescribing among Community-based Sexually-Transmitted-Infection-Friendly physicians in Taiwan</p>
11:50	<p>Kristina Londakova Testing the impact of behaviourally-informed choice architecture of digital procurement platform</p>	<p>Claire McCallum Using rapid research designs to evaluate the effectiveness of behaviour change apps and wearables: an interview study</p>

12:10
13:00 **Lunch** JEFFERY HALL

13:00
13:30 **Interactive Poster Session #3** JEFFERY HALL

13:40
14:50 **Parallel Session #6**

K. Digital intervention for energy balance DRAMA STUDIO		L. Symposia ELVIN HALL	
13:40	Chelsea Mauch Apps for supporting healthy food provision in families: End user-testing of existing commercial apps	Human Behaviour-Change Project: advancing evidence integration and interpretation within behaviour change Convenor: Emma Norris Chair: Alison Wright Discussant: Tim Chadborn Presenters: Susan Michie Emma Norris Eva Jermutus Robert West	
13:50	Nynke van der Laan Development and evaluation of a virtual reality puzzle game to decrease food intake		
14:00	Alex Rhodes Effectiveness and components of exclusively digital health interventions targeting diet, physical activity and weight gain in pregnant women: a systematic review and meta-analysis		
14:10	Erik Wästlund Individualized SMS communication as means for supporting health behavior change		
14:20	Rebecca Turner The development of a theory and evidence-based intervention to support healthcare professionals to promote and support exercise in prostate cancer survivors		

14:50
16:00 **Parallel Session #7**

M. Symposia DRAMA STUDIO		N. Panel Discussion ELVIN HALL	
Tailoring digital health behaviour change interventions: bringing together user and researcher perspectives		Integrating the culture and methods of digital and behaviour science	
Convenor & Chair: Laura König		Chair: Tim Chadborn	
Discussant: Eline S. Smit		Panellists: Chryssa Stefanidou Gene Libow Robert West	
Presenters: Christiane Attig Laura König Nadine Bol Marta M. Marques			

16:00
16:10 **Break** JEFFERY HALL

16:10 **Keynote** Wendy Wood - Why Don't We Stick with Behavior Change? W3.01
17:10

17:10 **Closing & Awards** W3.01
17:20